AUGUST 23, 2002 VOLUME 9 NO 1

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CHALON CAMPUS EVENTS

Monday, August 26	FALL SEMESTER & CLASSES BEGIN		
	9:15 PM	Kappa Delta Chi Meeting	Hannon Parlor
Tuesday, August 27	1:00 PM	SPR 85 Class (all sections)	Campus Center
Wednesday, August 28	9:30 PM	RA Meeting	Hannon Parlor
Thursday, August 29	11:00 AM	Student Involvement Fair	Circle
	7:00 PM	Greek Toga Party	Tennis Courts
Monday, September 2	**COLLEGE CLOSED - LABOR DAY**		

Dear Students,

Welcome to each one of you! The best part about the beginning of the year is that you are here! For those of you who are returning to the Mount, welcome back, and to the new students I want to congratulate you on choosing Mount St. Mary's College. It was my pleasure to be with you and your families this past weekend. I look forward to joining all of you at various events in this 77th year of our wonderful College. Good luck to all of you and may you have a fulfilling and blessed journey this academic year.

Jacqueline Powers Doud
President

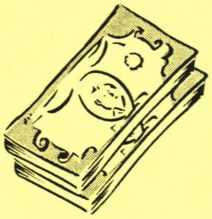
Dear Athenians,

Welcome to academic year 2002-2003! This is an exciting time in the history of our college. We are celebrating a number of very important anniversaries: the 77th anniversary of Mount St. Mary's College, the 40th anniversary of the founding of our Doheny Campus Associate Degree Program, the 10th anniversary of the Weekend College, and the 50th anniversary of our nursing program. The timeless values and mission that make the Mount a portal of access to excellence, service and leadership, has flourished over these past years and will continue to deepen in the years ahead. You are a part of this long and wonderful tradition and have much to look forward to, to be a part of and to embrace as your own.

This newsletter is a tool for you to use every week. It contains current information about the events, programs and services that are important for you to know about. I encourage you to stay informed, get involved and truly make 2002-2003 a pivotal year for yourself, as you grow, learn and serve, as you more fully and deeply embrace the life God has called you to live.

Welcome, Athenians, and journey well!

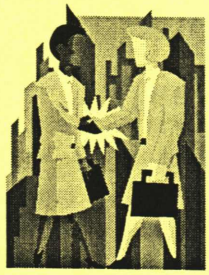
Jane E. Lingua, Ph.D.
Vice President for Student Affairs



CAREER CENTER

H401, ext. 4070

Are you looking for a **part-time job**? Do you like kids? Anyone need extra cash? Then you need to stop by the Career Center for information on off-campus part-time jobs and babysitting opportunities!



Maximize Your Major Fair, September 26 at Chalon
Learn how you can add a major or minor, get information on internships and career opportunities. And have some fun playing games, eating great goodies, and having your fortune told by Madame Cassandra. *Mark you calendars!*

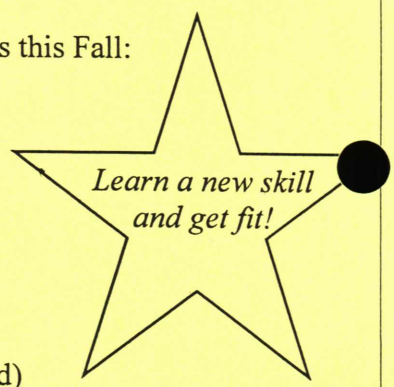
- The staff of the Career Center is also available to help you with all your career needs including resume writing, interviewing, job search, internships and graduate school information. So don't delay, visit us today.

FITNESS CENTER

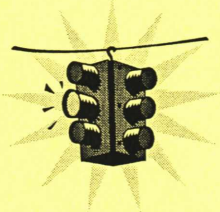
North of Campus, By Tennis Courts, ext. 4345

There is still room! You can still sign up for one or more of our exciting classes this Fall:

Self-Defense	M—W	6:00 — 7:00 PM
Boot Camp	M, T, Th, F	8:00 — 9:00 AM
Studio Cycling	M, W	6:00 — 7:00 PM
Power Yoga	T, Th	7:00 — 8:00 PM
Salsa	T	7:00 — 9:00 PM
Kickboxing	T, Th	6:00 — 7:00 PM
Volleyball	M	4:45 — 6:00 PM
Physical Education	W	8:00 — 9:00 AM
Lifetime Fitness	(See Maureen Bond, Director of Fitness Ed)	







Parking Regulations are in effect beginning **Monday, August 26, 2002**. Please be sure your Student Parking Decal is clearly displayed in your vehicle and that you park in the parking structure or in the designated parking lots north of the tennis courts.

There is a 2-week grace period for parking violations in Fall, but please continue to observe all posted signs. Drivers are always responsible for following the rules of the road and the State of California laws. Traffic and parking tickets will be issued beginning Monday, September 9th. Check the Student Handbook (page 23) for details on the MSMC Parking/ Traffic Policy, or view it on the intranet web site: http://intranet.msmc.la.edu/facilities/transportation.htm.

ISAE/LEARNING CENTER

H207, ext. 4144
Monday - Thursday 8:00 am - 6:00 pm
Friday 8:00 am - 4:30 pm
(*TEST PROCTORING:* Monday - Friday 8:00 am - 4:30 pm)

DISABILITY SERVICES

Support services are available to students with documented disabilities through the Chalon Learning Center. Students interested in receiving accommodations should see Michele Lewis. Stop by or call to schedule an appointment.

DO YOU HAVE A CASE OF THE GRAMMAR BLUES?

Are you flipping out on fragments or running from run-ons? Come to the exciting Grammar Review Workshop on **Tuesday, September 3rd at 4:00 PM in H-205**. The sign-up sheet is in H-207. Call Gina, at ext. 4147, if you have questions.

WELCOME!

Daniel Aucutt has signed on as the new **Assistant Director for Learning Assistance Programs**. Daniel will be coordinating our tutor program and also be providing individualized learning assistance to students.

Brian Murphy joins the Mount as the LAP **Analytical Skills Faculty Tutor**. Brian will provide individual and small group tutoring to students in the areas of Critical Thinking, Logic and Philosophy. Brian will be in the Learning Center ten hours per week.

Veronica Martinez returns to the ISAE program as the **Chalon ISAE Counselor/Coordinator**. Veronica will serve as counselor to ISAE students with last names beginning M-Z and will also be coordinating the Chalon ISAE Peer Advisor program.

REQUEST A TUTOR

Do you have a class that makes the hairs on your neck stand in fear? Why not request a TUTOR? Tutors are available in all subject areas. Come to the Learning Center to fill out a tutor request form. Avoid the rush!

ARE YOU INTERESTED IN BECOMING A TUTOR?

Want to earn a few bucks or books? Did you do exceptionally well in one or several of your classes last year? If so, apply to become a tutor. Help fellow students while helping yourself! For more information on becoming a tutor, see Daniel Aucutt in the Learning Center.

SCHOLAR MENTOR MEETING

There will be a very important Scholar Mentor meeting on **Thursday, 8/29 (**that's *this* Thursday**) from 1:00—2:00 PM.** All returning Scholar Mentors should report to the Learning Center promptly at 1:00 PM. If you have a class and are unable to attend, please stop by to see Daniel Aucutt before Thursday.

FALL WORKSHOP LEARNING SERIES

Attention FRESHMEN! Want to get the "low-down" on what it takes to succeed in college? Attend the Freshman Success Workshop on **Thursday, September 5th from 1:00—2:00 PM**. This workshop takes place during the college "class free" period, so most of you will not have any class conflict to keep you from attending. Sign up sheets are located outside the Learning Center, H207. SIGN UP TODAY.

STUDENT ACTIVITIES AND COMMUTER SERIVCES

H110, ext. 4120

Welcome Commuters!
Come to the Grand Re-opening of the Commuter Lounge! Come and get information on commuter services and enjoy a free breakfast: **Tuesday, August 27, 8:00—10 AM, Campus Center and Commuter Lounge.**



Carpool Program Sign ups
Make your drive to school a bit more interesting and get cash and free food at the deli! Sign up for the Carpool Program. Those who apply by **Wednesday, September 11, will receive a $20.00 rebate** on their parking permits.

Locker Sign-ups
Need a small cubby on campus? Come to SACS and sign up for a locker! **Lockers are free to commuters.**

Student Handbook / ID Sticker
Get your 2002-2003 Student Handbook and your Fall 2002 ID stickers in the SACS office.



Student Involvement Fair
Interested in getting involved? Don't know where to find the right group to join? The **Student Involvement Fair** will help you out! Meet representatives from different student clubs and organizations and student service departments on **Thursday, August 29, 11:00 AM - 2:00 PM in the Circle.**

Go Greek!
Do you know what it takes to join a sorority? The members of Kappa Delta Chi and Theta Alpha Sigma invite you to their first annual Greek Toga Party. Put on your toga (any old sheet would do) and come on down to the tennis courts by the pool for some grapes and cheese, fun, and games! **Thursday, August 29, at 9:00 PM.**

Leaders Wanted!
Applications are now available for the following positions on ASB (Associated Student Body). All applications are due on **Wednesday, September 4, at Noon:**

EXECUTIVE BOARD:	VP of Senate, Finance Chair
SENATE:	Freshman Senators, Junior Senators, Commuter Senators
STUDENT ACTIVITIES COUNCIL:	Cultural Celebrations Chair, Mount Events Chair, Educational Programs Chair, Athenian Spirit Chair

ASB Ticket Office
Discounted **entertainment tickets** are available to Mount Students. To purchase tickets, come to Student Activities and Commuter Services on Thursdays from 8:00AM to 4:30 PM, and Fridays from 8:00 AM to Noon.

☺ AMC Theaters ($5)
☺ Pacific Theatres ($5)
☺ Magic Mountain ($22)
☺ Universal Studios ($28)

MAKE A DIFFERENCE . . .
BE A *COMMUNITY PARTNER AMBASSADOR*

What is a Community Partner Ambassador?

Community Partner Ambassadors:

- Work at **community** agencies and at schools to make a better world!
- Facilitate **Service-Learning** by working closely with faculty and students in Service Learning courses.
- Link **direct service** in Partner agencies/schools with coursework.
- Become **administrative assistants** to learn how non-profit agencies work.
- Join community **coalitions** that address long standing city problems. Attend orientation, training, and monthly meetings.
- Work 6 – 8 hours per week and receive a semester stipend.

Information Sessions for this opportunity are scheduled on:

CHALON	DOHENY
Thursday, August 29 1:00 – 2:00 PM in the Circle	**Tuesday, September 10** 1:00 – 2:00 PM in front of the Cafeteria.
Tuesday, September 3 1:00 – 2:00 PM on the Brady Patio	**Thursday, September 12** 1:00 – 2:00 PM in front of the Cafeteria.

For more information contact Melissa Romero or Virginia Avila
at the Office of Experiential Learning at ext. 4106 or ext. 2572. *Apply today.*

Attention: New and Returning Student Ambassadors

Welcome Back!

REMINDER: Our annual Program Orientation/Training is just around the corner…

Date: **Saturday, September 7, 2002**
Time: 9:00 am – 5:00 pm
Location: Chalon Lecture Hall

If you have any questions or concerns, please contact Melissa Romero, Program Assistant, as soon as possible at (310) 954-4080 or drop by the Student Ambassador Office on the Brady Patio.

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Chalon Student News

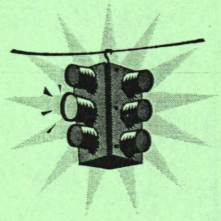
Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Monday, September 2	**COLLEGE CLOSED - LABOR DAY**		
Tuesday, September 3	8:00 AM	Alpha Tau Delta: Stethoscope Sale	Little Theater Foyer
	4:00 PM	Grammar Review	Humanities Rm 201
	9:00 PM	Kappa Delta Chi	Lecture Hall
	9:00 PM	Latinas Unidas Meeting	Little Theater
Wednesday, September 4	8:00 AM	Alpha Tau Delta: Stethoscope Sale	Little Theater Foyer
	9:15 PM	Theta Alpha Sigma Meeting	Campus Center
	9:30 PM	Resident Assistants Meeting	Hannon Parlor
Thursday, September 5	8:00 AM	Alpha Tau Delta: Stethoscope Sale	Little Theater Foyer
	1:00 PM	Freshman Success Workshop	Humanities Room 205
	1:00 PM	Model United Nations Meeting	Hannon Parlor
	6:00 PM	Kappa Delta Chi Ice Cream Social	Campus Center
	9:00 PM	ASB Dance—Pa"jama Jam"	The Circle

Traffic Safety and Courtesy



Members of the Mount Community,

We all share in the responsibility to be good citizens and maintain positive relations with our neighbors in the communities surrounding our campuses. Please be courteous when you pass through the neighborhoods - just as you would ask of persons driving past your own home.

In accordance with an agreement with the Brentwood Homeowners Association, vehicles traveling to the Chalon Campus must turn right from Bundy Drive onto Norman Place, then left on Chalon Road and right into the Mount St. Mary's College driveway. When exiting the College, vehicles must turn right on Chalon Road and left on Bundy Drive. Do not turn left on Chalon Road or travel southbound on Norman Place to exit campus. A map of the approved route is posted at: http://www.msmc.la.edu/newsfacts/facts/facts/chalonmap.gif

For the safety and security of everyone, you are also asked to observe the following guidelines. Violation of these guidelines or other unsafe driving behavior can lead to the loss of campus parking privileges and/or disciplinary action.

- ➔ Observe posted speed limits (25 mph). Maintain a safe distance between vehicles.
- ➔ Observe all traffic signs; be alert for children, joggers, pedestrians, and pets.
- ➔ Keep noise/music levels to a minimum, especially at night. Do not litter.
- ➔ Observe school bus signs and lights. It is illegal to pass a school bus with flashing red lights.

With your help, we can enjoy and safe and harmonious relationships with our friends and neighbors at our two beautiful campuses.

— Public Relations Office, ext. 2505

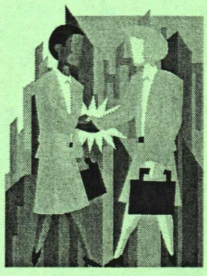
CAREER CENTER

H401, ext. 4070

WIN (Women in Networking) Applications now available.
Career Planning and the Junior League of Los Angeles have established a mentoring (shadowing) program that introduces Mount St. Mary's College students to women leaders across Los Angeles. We have recruited innovative women leaders throughout Los Angeles to be WIN Mentors and ***we are now seeking MSMC students who are eager, enthusiastic, and responsible to be WIN participants*** in the Spring of 2003.

The actual shadowing experience will take place during Spring from 3/10-3/14/03. WIN participants are required to commit a minimum of 32 hours during "WIN Week." The program is designed to:

- Encourage students to explore career opportunities and possibilities
- Enhance students' awareness of public policy and its many forms in the workplace
- Foster a mentoring partnership between students and women leaders in the L.A. area.



Program requirements:

(1) Must be a sophomore, junior or senior (open to any major);
(2) A minimum GPA of 3.0 is preferred (please check with a member of the Career Planning staff if your GPA does not meet this requirement);
(3) Attend one Pre-Experiential Learning Workshop;
(4) Submit a completed WIN application including resume by deadline;
(5) Arrange and complete a personal interview with staff; and
(6) Attend the WIN Orientation session in the Spring.

Stop by the Career Centers at either Chalon (H401) or Doheny (Bldg. 3) to pick up an application. Applications are also available in the Chalon Women's Leadership Office (H200A).

REGISTRAR'S OFFICE

Administration Building, ext. 4020

Are you GRADUATING in Spring 2003?

Graduation Applications are due in the Registrar's Office NO LATER than **Monday, September 9, 2002.**

Graduation Applications are available in the Registrar's Office.

UPCOMING DEADLINES

The Deadline to Register Late, Add/Drop, & Declare an Audit is

Monday, September 9, 2002.

ISAE/LEARNING CENTER

H207, ext. 4144

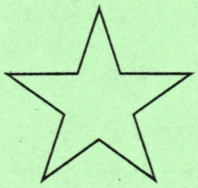
Archives
MSMC

FRESHMEN SUCCESS WORKSHOP

1:00 PM, Thursday, September 5th at The Learning Center H205. Pick up tips and handouts to assist your freshman journey. Practical advice offered to achieve academic success. Welcome all!

NEED HELP WITH YOUR ANALYTICAL SKILLS?

Brian Murphy, our Analytical Skills Faculty Tutor, is available in H-207, by appointment or drop-in basis. His hours are Monday, Wednesday, Friday from 11 AM- 1 PM, and Tuesday & Thursday from 1 PM—3 PM.



WANT TO IMPROVE YOUR WRITING?

Regina Meister, the Writing Coordinator, is available in H-207 by appointment or drop-in basis from Monday-Thursday 10 AM—6 PM. Regina works individually with students and provides workshops for those who need writing support. Sign-up to meet with Regina today!

THE GRAMMAR BLUES?

Are you flipping out on fragments or running from run-ons? Come to the Grammar Review Workshop on **Tuesday, September 3, at 4:00 p.m**. Sign up in front of H-207. Call Regina at ext. 4147 if you have questions.

ATTENTION ISAE STUDENTS

Sign-up's begin on Tuesday, 9/3, at 8 AM, for the CALIFORNIA GOVERNOR'S WOMEN CONFERENCE which will be held on **Tuesday, September 24th** at the Long Beach Convention Center. Transportation has been arranged and will leave the Chalon Campus @ 7 AM and return after 6 PM.

STUDENT ACTIVITIES AND COMMUTER SERVICES

H110, ext. 4120

Welcome Commuters!

Come to the Grand Re-opening of the Commuter Lounge! Come and get information on commuter services and enjoy a free breakfast: **Tuesday, September 3, 8:00—10:00 AM in the Campus Center.**



Carpool Program Sign ups

Make your drive to school a bit more interesting and get cash and free food at the deli! Sign up for the Carpool Program. Those who apply by **Wednesday, September 11, will receive a $20.00 rebate** on their parking permits.

Locker Sign-ups

Need a small cubby on campus? Come to SACS and sign up for a locker! **Lockers are free to commuters**.

Student Handbook / ID Sticker

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STUDENT ACTIVITIES COUNCIL:	Cultural Celebrations Chair, Mount Events Chair, Educational Programs Chair, Athenian Spirit Chair.

SEPTEMBER 6, 2002 VOLUME 9 NO. 3

Chalon Student News

Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Saturday, September 7	8:30 AM	Student Ambassador Orientation	Lecture Hall
Sunday, September 8	5:30 PM	Feed the Hungry	Campus Ministry- H120
	7:00 PM	Mass [every Sunday]	Mary Chapel
	8:30 PM	Theta Alpha Sigma Meeting	Hannon Parlor
Monday, September 9	8:00 AM	Sept 11 Banner Signing [All Week]	Little Theater Foyer
	9:00 AM	Poster Sale (Kappa Delta Chi)	The Circle
Tuesday, September 10	8:00 AM	Sept 11 Banner Signing	Little Theater Foyer
	12 Noon	Jamba Juice Fundraiser (AAUW)	Weekend College Patio
Wednesday, September 11	12 Noon	Sept 11 Remembrance Service	The Circle
	9:15 PM	Pi Theta Mu Meeting	Lecture Hall
Thursday, September 12	1:00 PM	Time Management Workshop	Humanities Room 205
	1:00 PM	Service Learning Info Session	Hannon Parlor

Where You Can Find the Chalon Student News. . .

1. On the Intranet: intranet.msmc.la.edu
2. Around Campus: Campus Center, Cashier, Residence Life, Fitness Center, Mailroom, Little Theater Foyer, Student Affairs, Career Center, Learning Center.

COMING SOON - *On the MSMC Website*



REMINDER: Traffic and parking tickets will be issued beginning **Monday, September 9th**. Check the Student Handbook (page 23) for details on the MSMC Parking/Traffic Policy, or view it on the intranet web site: http://intranet.msmc.la.edu/facilities/transportation.htm.

First Year Students' Retreat

If you are a new student at the Mount, either in your first year of college or as a transfer, this is a get-away retreat designed especially for you. It's in the beautiful Holy Spirit Retreat Center in Encino, and is a weekend of fun, friends, and some time to enjoy reflecting on your own life and dreams as you begin this important year.

The retreat gets underway on the evening of Friday, October 4, and ends Sunday, October 6, with the 7:00 PM Mass. The cost is only $30, but registration is limited! Sign up in the Campus Ministry Office (H-120) *with your non-refundable $15 deposit* ASAP if you wish to go.

Leadership Scholars Meeting

Thursday, September 12
at 5:30 PM - location TBA.

Dinner will be provided.

RSVP to Women's Leadership at ext. 4350 no later than Wednesday, September 11.

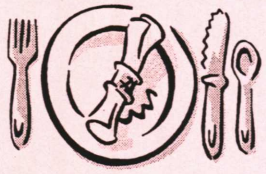
CAREER CENTER

H401, ext. 4070

"Maximize Your Major" Fair

Are you uncertain about your major, thinking of adding a major or minor? Interested in learning about internship opportunities? Want to learn more about different careers related to your major? Then you need to attend the 4th Annual "Maximize Your Major" Fair on Thursday, September 26, from 12 Noon to 2 PM in the Lecture Hall. Enjoy games, free food (including Krispy Kreme donuts), and prizes. Have Madame Cassandra tell your "career" future.

"Don't Slurp Your Soup" Etiquette Dinner



The 7th Annual "Don't Slurp Your Soup" Etiquette dinner will be held on Tuesday, October 8th, in the Pompeian Room at Doheny. Learn which fork to use, how to engage in dinner conversation, how to feel at ease in a stressful interviewing situation, how to dress appropriately and much more. Space is very limited, so sign up today. A $5 refundable deposit is required to save your space. You must sign-up in person. Stop by the Career Center for more information.

Interested in working in Retail Sales? Representatives from The Gap will be conducting on-campus interviews September 17 from 11 AM to 2 PM. in Hannon Parlor.

INTERNSHIPS

H401, ext. 4135

For more information on the internships listed below, please contact Elline Ballo, Graduate School / Internship Advisor, via email at **eballo@msmc.la.edu**. You may also find more internship posting on Monstertrak.com.



1. Company Name: PSV Ratings
   Internship Position: Media Content Researcher, **Beverly Hills**
2. Company Name: United Way of Greater Los Angeles
   Internship Position: Resource Development Intern, **Los Angeles**
3. Company Name: White & Company Insurance Inc.
   Internship Positions: Finance Intern, **Santa Monica**
4. Company Name: Primedia Publishing
   Internship Position: Administrative Intern, **Los Angeles**
5. Company Name: Warner Brothers
   Internship Positions: International Television Finance Intern, **Burbank**
6. Company Name: West Hollywood, City of
   Internship Position: Intern for Council Member John Heilman, **Los Angeles**
7. Organization Name: Deutsch Inc.
   Internship Positions: Ad Agency Intern, **Los Angeles**
8. Company Name: Break the Cycle
   Internship Position: Public Relations Intern, **Los Angeles**

ISAE/LEARNING CENTER

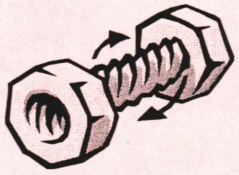
H207, ext. 4144

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Tutor Students and Make Money



The Learning Center offers a competitive wage to tutor, with the potential for advancing in training and pay. **We need tutors for:** ACCOUNTING, BUSINESS MATH, ORGANIC CHEMISTRY, PHYSICS, and for all other subjects on campus. Come to H207 for an application today, or call Daniel.



Trouble with Essays or Research Papers?

Come to the workshop **Nuts and Bolts for Papers: Writing a Strong Thesis Statement** on Tuesday, September 17, from 4:00 - 5:00 PM in H-205. Sign-up at H-207. Call Regina at ext. 4147 if you have questions.

It's ROUND UP time for the ISAE Fall Fling

It's that time of the year again ISAE students to sign-up for the ISAE Fall Fling. Join ISAE for a WESTERN B-B-QUE on Sunday, **September 29, from 12 Noon—3 PM at Doheny**. Transportation has been arranged. A $10 refundable deposit required. Sign up in the ISAE Office. Fun! Food! New Friends! See y'all there!

CAMPUS MINISTRY

H120, ext. 4125

Would you like to be a minister at Mass?

We provide you with the training and experience! *If you would like to be a server, lector, Eucharistic minister, sacristan, usher, art and environment minister, or an assistant in liturgy planning*, call Rachel or Gail. *If you like to sing - join the choir* by coming to the Sunday Mass practice at 5:45 pm, or talking to Laura at ext. 4124.

De Colores Weekends of Service in Tijuana are offered twice a year: once in October and once in March. On October 11 through 13, Mount students and LMU students join together to work and reflection on a variety of tasks in Tijuana, from helping to build schools to visiting orphanages to bringing meals to prisoners. It's a life-changing experience you won't want to miss! Call Veronica Leon at x4125.

Thinking about being Confirmed?? Interested in being Baptized, Making your first Communion, or Becoming Catholic? If so, you're in the right place! Call Gail at ext. 4126 for a pressure-free discussion.

The Friendship Circle celebrates the birthdays and achievements of all the members of the Mount community in a variety of creative ways! Call Karmín if you want to add your creativity and your generous spirit to the fun.

CLC: Christian Life Community



If you are looking for a group of other students to meet, talk, and pray with every week, this may be for you. The CLC forms small communities whose members commit themselves to personal growth and supporting each others' faith lives, using the Ignatian spirituality focused on discovering God's action in ourselves and in our world. Find out more by calling Laura at ext. 4124.

Needed: Prayer Partners

Oftentimes, people in our Mount community request prayer for themselves or their loved ones. If you would be willing to pray through one week, on your own time, for someone's needs, come sign up in Campus Ministry as a Prayer Partner.

SEPTEMBER 13, 2002 VOLUME 9 NO. 4

Chalon Student News

Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Sunday, September 15	5:30 PM	Feed the Hungry	Campus Ministry- H120
	7:00 PM	Mass [every Sunday]	Mary Chapel
Monday, September 16	11:30 AM	Monday Concert	Little Theater
	11:30 AM	Monday Concert	Lecture Hall
Tuesday, September 17	10:00 AM	Jamba Juice Fundraiser (AAUW)	Weekend College Patio
	10:30 AM	GAP Interviews	Hannon Parlor
	10:30 AM	?'s & Answers For Visiting Writer	Campus Center
	1:00 PM	All College Conference	Campus Center
	7:00 PM	Visiting Writer-Public Reading	Art Gallery
Wednesday, September 18	9:00 AM	Scholar Mentor Club Fundraiser	Campus Center
	9:00 AM	Scholar Mentor Club Fundraiser	Weekend College Patio
	6:30 PM	Rock N Roll BBQ (Pi Theta Mu)	Pool
Thursday, September 19	1:05 PM	Town Hall Meeting	Lecture Hall
	9:00 PM	Broom Ball	Campus Center

Where You Can Find the Chalon Student News. . .

1. On the Intranet: intranet.msmc.la.edu
2. Around Campus: Campus Center, Cashier, Residence Life, Fitness Center, Mailroom, Little Theater Foyer, Student Affairs, Career Center, Learning Center.

COMING SOON - *On the MSMC Website*

ATTENTION ALL STUDENTS:
REGISTER TO VOTE

Los Angeles is voting on some very important issues this year – for example, whether the San Fernando Valley will secede from the City of LA, and whether we can save some of our ailing health care system by raising taxes. The lives and futures of many people (most of us!) will be influenced by the outcome. Register to vote either at tables around campus or by coming into the Campus Ministry office (Humanities 120). ***If you would like to volunteer to help*** others register, or to help learn about and educate others about the election, contact Nercy or Veronica at ext. 4125. **Election Day is November 5th!**

First Year Students' Retreat

If you are a new student at the Mount, either in your first year of college or as a transfer, this is a get-away retreat designed especially for you. It's in the beautiful Holy Spirit Retreat Center in Encino, and is a weekend of fun, friends, and some time to enjoy reflecting on your own life and dreams as you begin this important year.

The retreat gets underway on the evening of Friday, October 4, and ends Sunday, October 6, with the 7:00 PM Mass. The cost is only $30, but registration is limited!

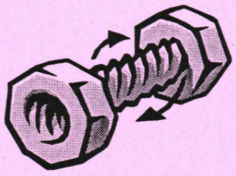
Sign up in the Campus Ministry Office (H-120) *with your non-refundable $15 deposit* ASAP if you wish to go.

ISAE/LEARNING CENTER

H207, ext. 4144

Attention ISAE Students

Sign-up for the *CALIFORNIA GOVERNOR'S WOMEN CONFERENCE*! Spaces are limited and going fast! It will be held on Tuesday, September 24 at the Long Beach Convention Center. Transportation has been arranged and will leave the Chalon Campus at 7 am and return after 6 p.m.



Trouble with Essays or Research Papers?

Come to the workshop **Nuts and Bolts for Papers: Writing a Strong Thesis Statement** on Tuesday, September 17, from 4:00 - 5:00 PM in H-205. Sign-up at H-207. Call Regina at ext. 4147 if you have questions.

Learning Styles Workshop

Ever consider how *you* absorb and synthesize data? Attend the **Learning Styles Workshop** to get a grasp on *your own learning disposition.* You'll find us in **H205** on **Thursday, September 19th, from 1:00 to 2:00 PM.** We'll see you there!

Tutor Students and Make Money

The Learning Center offers a offers a competitive wage to tutor, with the potential for advancing in training and pay. We need tutors for: ACCOUNTING, BUSINESS MATH, ORGANIC CHEMISTRY, PHYSICS, and for all other subjects on campus. Come to H207 fir an application today, or call Daniel.

It's ROUND UP time for the ISAE Fall Fling

It's that time of the year again ISAE students to sign-up for the ISAE Fall Fling. Join ISAE for a WESTERN B-B-QUE on Sunday, **September 29, from 12 Noon—3 PM at Doheny**. Transportation has been arranged. A $10 refundable deposit required. Sign up in the ISAE Office. Fun! Food! New Friends! See y'all there!

MAMMA MIA! HERE WE GO AGAIN!

ISAE Students: Sign-ups start Monday 9/16 @ 8:30 a.m.! Now is your chance to see Mamma Mia at the Ahmanson Theatre on Friday, October 4, 2002. Transportation has been arranged. A $10 refundable deposit required upon signing up in the ISAE Office.

Counseling & Psychological Services

H101, ext. 4114

Assert Yourself!

Who?	Free to MSMC Students	
What?	Assertiveness Group	
Where?	Humanities Building, Room 101	
When?	Mondays: September 23-October 28, 2002 at 3-5:00 p.m.	
Why?	In 6 group meetings only!	
	Learn:	~To express yourself with confidence
		~Negotiation strategies in a caring and supportive group
		~How to stand up for yourself
		~How to feel more comfortable in social situations
		~To handle anger assertively; your own and that of others
How?	To sign up R.S.V.P. at (310) 954-4114	

Health Services

H101, ext. 4110

...chives
MSMC

Healthy Minds, Healthy Bodies

Chalon Health Services and Counseling and Psychological Services invite you to our *Open House*!

Nutritious snacks, health and de-stress tips, **FREE** stress balls, and prize drawings. Take this opportunity to meet our staff and learn about our services.

Date: Tuesday, September 17
Time: 9:30-11:00 AM
Location: 1st Floor Humanities (H101))

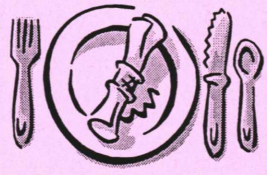
CAREER CENTER

H401, ext. 4070

"Maximize Your Major" Fair
Are you uncertain about your major, thinking of adding a major or minor? Interested in learning about internship opportunities? What to learn more about different careers related to your major? Then you need to attend the 4th Annual "Maximize Your Major" Fair on Thursday, September 26, from 12 Noon to 2 PM in the Lecture Hall. Enjoy games, free food (including Krispy Kreme donuts), and prizes. Have Madame Cassandra tell your "career" future.

Women in Networking
WIN (Women in Networking) Applications now available. Career Planning and the Junior League of Los Angeles have established a mentoring (shadowing) program that introduces Mount St. Mary's College Students to women leaders across Los Angeles. We have recruited innovative women leaders throughout Los Angeles to be WIN Mentors and we are now seeking MSMC students who are eager, enthusiastic, and responsible to WIN participants in the Spring of 2003. The actual shadowing experience will take place during Spring Break from 3/10-3/14/03. For more information please visit the Career Center or call x4070.

"Don't Slurp Your Soup" Etiquette Dinner
The 7th Annual "Don't Slurp Your Soup" Etiquette dinner will be held on Tuesday, October 8th, in the Pompeian Room at Doheny. Learn which fork to use, how to engage in dinner conversation, how to feel at ease in a stressful interviewing situation, how to dress appropriately and much more. Space is very limited, so sign up today. A $5 refundable deposit is required to save your space. You must sign-up in person. Stop by the Career Center for more information.



Interested in working in Retail Sales? Representatives from The Gap will be conducting on-campus interviews September 17 from 11 AM to 2 PM. in Hannon Parlor.

Graduate School
The Career Center will be sponsoring Graduate School Workshops in October and November. If you are interested in learning more about graduate school, the application process, standardized tests, and much more, please visit the Career Center in room H401 and schedule an appointment with Elline Ballo, Graduate School/ Internship Advisor.

INTERNSHIPS

H401, ext. 4135

For more information on the internships listed below, please contact Elline Ballo, Graduate School / Internship Advisor, via email at **eballo@msmc.la.edu**. You may also find more internship posting on Monstertrak.com.

1. Company Name: Laugh Factory
   Internship Position: Marketing, Event Planning & Public Relations Intern, **Hollywood**
2. Company Name: Sony Pictures Entertainment
   Internship Position: Animation Department Intern, **Culver City**
3. Company Name: VXR Enterprises
   Internship Position: College Intern, **Culver City**
4. Company Name: American Express Financial Advisor
   Internship Position: Financial Intern, **Woodland Hills**
5. Company Name: ACLU of Southern California
   Internship Position: ACLU Public Policy Intern, **Los Angeles**
6. Company Name: Law Offices of Carol Georges
   Internship Position: Legal Intern, **Torrance**
7. Company Name: The Wonder of Reading
   Internship Position: Intern, **Los Angeles**
8. Company Name: The Board Foundation
   Internship Position: Communications Intern, **Los Angeles**
9. Company Name: Mar Vista Family Center
   Internship Position: Computer Lab Instructor, **Culver City**
10. Company Name: Socket Media, Inc.
    Internship Position: PR/Marketing Intern, **Santa Monica**
11. Company Name: Breakthrough Parenting Services
    Internship Position: Intern Long Term, **West Los Angeles**
12. Company Name: LA Mart
    Internship Position: Marketing Intern, **Los Angeles**



Fitness Education

Gym & Pool, ext. 4345

SmartBodies The Chalon Fitness Center's **SmartBodies** Program is up and running now and open to all students, staff, and faculty. **SmartBodies** is a comprehensive fitness program designed to educate and motivate individuals on various aspects of fitness and well-being. This program consists of one on one sessions with a **SmartBodies** Trainer and or special group fitness activities. The goal of this program is to raise awareness and to create a wave of energy by implementing a "fitness as a lifestyle" philosophy. Individual Appointments can be made by coming to the Fitness Center.

SmartBodies is presenting "Walk the Loop Group" on Tuesdays from 6:00-7:00 pm. Meet at the flag pole in the Circle.

Ever wanted to learn how to swim? Improve your strokes? Get tips about a conditioning program? Come on by and sign up with **SmartBodies**!

It is never to late to begin! Also, it's never to late to sign up for co-ed basket ball. For more information on **SmartBodies** or **co-ed basketball** contact the Fitness Center at extension 4345.

CAMPUS MINISTRY

H120, ext. 4125

Archives MSMC

Help Feed The Hungry Every Sunday, we will pray at Mass for the homeless people who will receive the food we have prepared for them, and for those who represent all of us in preparing or taking our food to Santa Monica that night. Interested in future Sundays? Questions? Call Veronica in Campus Ministry at x4124.

You may prefer to help feed the hungry on one Saturday a month with the Missionary Brothers of Charity (Mother Teresa's community) in downtown Los Angles. For more information on the dates and times, call Nercy Pineda at x4125.

De Colores Weekends of Service in Tijuana are offered twice a year: once in October and once in March. On October 11 through 13, Mount students and LMU students join together to work and reflection on a variety of tasks in Tijuana, from helping to build schools to visiting orphanages to bringing meals to prisoners. It's a life-changing experience you won't want to miss! Call Veronica Leon at x4125.

Thinking about being Confirmed? Interested in being Baptized, Making your First Communion, or Becoming Catholic? If so, you're in the right place! Call Gail at ext. 4126 for a pressure-free discussion.

CLC: Christian Life Community If you are looking for a group of other students to meet, talk, and pray with every week, this may be for you. The CLC forms small communities whose members commit themselves to personal growth and supporting each others' faith lives, using the Ignatian spirituality focused on discovering God's action in ourselves and in our world. Find out more by calling Laura at ext. 4124.



Get Ready For Sunday Mass: Read the scriptures ahead of time, and they'll be even more meaningful on Sunday. The scripture reading for September 22 are:

Sirach 27:30 – 28:7 + Psalm 103 + Romans 14: 7-9 + Matthew 18: 21-35

The First of Three

All-College Conversations and Coffee!

September 17, Chalon Campus, Campus Center: 1-2 pm

Join us in a discussion on how the Mount assures that the administration, faculty, and students support services focus our resources to promote effective education.

Consider these questions:

>What are 3 ways that the College functions as a community to facilitate and promote student learning?

>What measures can we use to determine the impact of the College community functions on learning?

>What should we, as learning community, be doing better or differently to promote effective education and develop the sort of graduate described in our Mission Statement?

Please join us for coffee, cookies, and College discussion on this important topic. It relates to student success!

MOUNT ST. MARY'S COLLEGE
FALL 2002 REFUND TABLE

FALL 2002- TUITION REFUND SCHEDULE

Undergraduate, Graduate, BSN, DPT/MPT and HOPE

START DATE: 8/26/2002
END DATE: 12/12/2002
TOTAL DAYS 109

	% of Enrollment	ADD/DROP DATE FROM	ADD/DROP DATE TO	% OF REFUND
1ST DAY OF CLASS		08/26/02	08/26/02	100%
% OF ENROLLMENT	10%	08/27/02	09/06/02	90%
% OF ENROLLMENT	25%	09/07/02	09/22/02	50%
% OF ENROLLMENT	50%	09/23/02	10/21/02	25%
		10/22/02		0%

FALL 2002- WEEKEND COLLEGE TUITION REFUND SCHEDULE

START DATE: 9/7/2002
END DATE: 12/15/2002
TOTAL DAYS 100

	% of Enrollment	ADD/DROP DATE FROM	ADD/DROP DATE TO	% OF REFUND
1ST DAY OF CLASS		09/07/02	09/07/02	100%
% OF ENROLLMENT	10%	09/08/02	09/16/02	90%
% OF ENROLLMENT	25%	09/17/02	10/01/02	50%
% OF ENROLLMENT	50%	10/02/02	10/26/02	25%
		10/27/02		0%

FALL 2002- WEEKEND GRADUATE EDUCATION TUITION REFUND SCHEDULE

START DATE: 9/7/2002
END DATE: 12/15/2002
TOTAL DAYS 100

	% of Enrollment	ADD/DROP DATE FROM	ADD/DROP DATE TO	% OF REFUND
1ST DAY OF CLASS		09/07/02	09/07/02	100%
% OF ENROLLMENT	10%	09/08/02	09/16/02	90%
% OF ENROLLMENT	25%	09/17/02	10/01/02	50%
% OF ENROLLMENT	50%	10/02/02	10/26/02	25%
		10/27/02		0%

FALL 2002- ROOM REFUND SCHEDULE

START DATE: 8/26/2002
END DATE: 12/12/2002
TOTAL DAYS 109

	% of Enrollment	TERMINATION DATE FROM	TERMINATION DATE TO	% OF REFUND
1ST DAY IN		08/26/02	08/26/02	100%
% OF ENROLLMENT	10%	08/27/02	09/06/02	90%
% OF ENROLLMENT	25%	09/07/02	09/23/02	50%
% OF ENROLLMENT	50%	09/24/02	10/22/02	25%
		10/23/02		0%

Detail Charges & Refund Amount by room type >> visit **www.msmc.la.edu/business.htm**

Prepared by Business Office (Chalon- 310/954-4040 Doheny- 213/477-2540) All rights reserved. 8/12/2002

SEPTEMBER 20, 2002 VOLUME 9 NO. 5

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

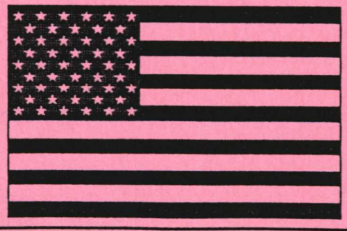
Sunday, September 22	5:30 PM	Feed the Hungry	Campus Ministry- H120
	7:00 PM	Mass [every Sunday]	Mary Chapel
Monday, September 23	11:30 AM	Monday Concert	Little Theater
	11:30 AM	Monday Concert	Lecture Hall
	9:15 PM	VSA Meeting	Brady 1st Lounge
Tuesday, September 24	11:45 AM	Love Your Body!	Weekend College Patio
	7:00 PM	Fitness Education: Line Dancing!	Little Theater
Thursday, September 26	1:00 PM	All College Conference	Campus Center
Saturday, September 28	10:00 AM	Clubs and Organizations Day	Campus Center

Where You Can Find the Chalon Student News. . .

1. On the Intranet: intranet.msmc.la.edu
2. Around Campus: Campus Center, Cashier, Residence Life, Fitness Center, Mailroom, Little Theater Foyer, Student Affairs, Career Center, Learning Center.
   COMING SOON - *On the MSMC Website*

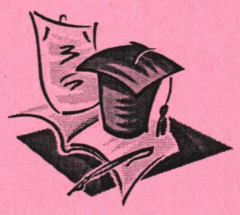
Congratulations to our new ASB!

President	Hannah Cvammen
Vice President, SAC	Rhea De Guzman
Chair of ICC	Genevieve Vann
Chair of Senate	Andrea Gonzales
Freshman Senators	Erica Carroll & Stephanie Leiva
Sophomore Senators	Lili Montero & Gretchen Ratliff
Junior Senator	Vanessa Damian
Senior Senators	Andrea Gonzales & Elizabeth Robles
Athenian Spirit	Paulette Thomas
Cultural Celebrations	Nicole May
Dance/Formal	Laarni Paras
Educational Programs	Sasha Ruiz
Mount Events	Dulce Ceja
Multicultural Night	Amelia Hercules
Service	Mina Ali
Commuter Senator	Sarah Bessell



CAREER CENTER

H401, ext. 4070



"Maximize Your Major" Fair

Are you uncertain about your major, thinking of adding a major or minor? Interested in learning about internship opportunities? What to learn more about different careers related to your major? Then you need to attend the 4th Annual "Maximize Your Major" Fair on Thursday, September 26, from 12 Noon to 2 PM in the Lecture Hall. Enjoy games, free food (including Krispy Kreme donuts), and prizes. Have Madame Cassandra tell your "career" future.

Women in Networking

WIN (Women in Networking) Applications now available in the Career Center. Career Planning and the Junior League of Los Angles have established a mentoring (shadowing) program that introduces Mount St. Mary's College Students to women leaders across Los Angeles. We have recruited innovative women leaders throughout Los Angeles to be WIN Mentors and we are now seeking MSMC students who are eager, enthusiastic, and responsible to WIN participants in the Spring of 2003. The actual shadowing experience will take place during Spring Break from 3/10-3/14/03. WIN participants are required to commit a minimum of 32 hours during "WIN Week." The program is designed to:

Encourage students to explore career opportunities and possibilities
Enhance students' awareness of public policy and its many forms in the workplace
Foster a mentoring partnership between students and women leaders in the L.A. area

Program Requirements:

Must be a sophomore, junior or senior (open to any major).
A minimum GPA of 3.0 is preferred (please check with a member of the Career Planning staff is your GPA does not meet this requirement).
Attend one Pre_Experiential Learning Workshop.
Submit a completed WIN application including resume by deadline.
Arrange and complete a personal interview with staff.
Attend the WIN Orientation Session in the Spring.

Counseling & Psychological Services

H101, ext. 4114

Assert Yourself!



Who? *Free* to MSMC Students
What? **Assertiveness Group**
Where? Humanities Building, Room 101
When? Mondays: September 23-October 28, 2002 at 3-5:00 p.m.
Why? **In 6 group meetings only!**
Learn: ~To express yourself with confidence
~Negotiation strategies in a caring and supportive group
~How to stand up for yourself
~How to feel more comfortable in social situations
~To handle anger assertively; your own and that of others
How? To sign up R.S.V.P. at (310) 954-4114

Fitness Education

Gym & Pool, ext. 4345



Fitness Center Hours
Come on in, but remember to bring your ID!
Mon-Thurs 7am-10pm
Fri 7am-7pm
Weekends 9am-7pm



SmartBodies The Chalon Fitness Center's **SmartBodies** Program is up and running now and open to all students, staff, and faculty. **SmartBodies** is a comprehensive fitness program designed to educate and motivate individuals on various aspects of fitness and well-being. This program consists of one on one sessions with a **SmartBodies** Trainer and or special group fitness activities. The goal of this program is to raise awareness and to create a wave of energy by implementing a "fitness as a lifestyle" philosophy. Individual Appointments can be made by coming to the Fitness Center.



SmartBodies is presenting "Walk the Loop Group" on Tuesdays from 6:00-7:00 pm. Meet at the flag pole in the circle.



Ever wanted to learn how to swim? Improve your strokes? Get tips about a conditioning program? Come on by and sign up with **SmartBodies**!

ISAE/LEARNING CENTER

H207, ext. 4144

California Governor's Women Conference Open To All! Sign-ups for the CALIFORNIA GOVERNOR'S WOMEN CONFERENCE are now open to any Mount student! Spaces are limited and going fast! It will be held on Tuesday, September 24th at the Long Beach Convention Center. Luncheon included. Transportation has been arranged and will leave the Chalon Campus @ 7am and Doheny at 7:30 am and return after 6pm. Sign up at the ISAE Office H-207 today!

Reading and Note Taking Workshop



Get an edge on your heavy reading. Refine your note taking strategies. Attend the Reading & Note Taking Workshop on Thursday, September 26, between 1:00PM and 2:00PM, in H-205. Bring a friend. Take your lunch!

What Exactly Is Plagiarism?

Come to the workshop "Plagiarism and How to Avoid It" on Tuesday, Oct. 1 at 4:00 in H-301. Sign-up in advance at H-207. Call Gina @ x4147 for details.



Giddy Up Cowgirls!

Join the ISAE staff and other ISAE students for our annual Fall Fling on Sunday 9/29 from 12:00-3pm at Doheny. Great food, fun games, and a chance to relax and enjoy the day before the semester gets too hectic! Cool party favors for everyone! Transportation has been arranged. $5 refundable deposit required. Sign up in the ISAE Office. Fun! See y'all there!

CAMPUS MINISTRY

H120, ext. 4125

Wednesday Noon Prayer is a 20-minute ecumenical prayer service celebrated every Wednesday in Mary Chapel. You may find this chance to pray for other people, to sing and reflect on the day's events, and listen to the scripture a great way to spend some of your lunchtime.



First Year Student's Retreat! If you are a new student at the Mount, either in your first year of college or as a transfer, this is a get-away retreat designed especially for you. It's in the beautiful Holy Spirit retreat center in Encino, and is a weekend of fun, friends, and some time enjoy reflecting on your own life and reams as you begin this important year. The retreat gets underway on the evening on Friday, October 4 and ends October 6 with the Chalon Sunday 7 p.m. Mass. The cost is only $30, but registration is limited! Please sign up with your non-refundable $15 as soon as possible if you want to go. (Extended payment plans are available for the remaining $15 fee). For more information, call Laura Gomez at x.4124

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Get Ready For Sunday Mass: Read the scriptures ahead of time, and they'll be even more meaningful on Sunday. The scripture reading for September 22 are:

Isaiah 55:6-9 + Psalms 145 + Philippians + 1:20-30 + Matthew 20:1-16

Attention Incoming Transfer Students

If this is your first semester at Mount St. Mary's College, you may pick up a copy of your Transfer Credit Evaluation in the Academic Advisement Center (H401).

Incoming Nursing transfer students may get a copy of their transfer evaluation from Jeanette Stone, Co-ordinator of Nursing Advisement.

Students who wish to challenge their Transfer of Credit Evaluation must do so by the end of their first semester at MSMC.



Interested in Studying Abroad in Florence, Italy?

If you are interested in studying in Florence, Italy (only), Spring 2003, please stop by the Academic Advisement Office to make an appointment with Lydia Castillo.

Study Abroad and Exchange information for other locations will be available next week.

Please contact the Academic Advisement Center at 310-954-4070, if you have any questions. The Advisement Center is open Monday through Friday, 8:00 am to 4:30 pm.



SEPTEMBER 27, 2002 VOLUME 9 NO. 6

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

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	5:30 PM	Feed the Hungry	Campus Ministry- H120
	7:00 PM	Mass [every Sunday]	Mary Chapel
Monday, September 30	10:00 AM	Monday Concert	Little Theater
Tuesday, October 1	10:30 AM	Pi Theta Mu Fundraiser	Weekend College Patio
	12:30 PM	Paxton Quigley ♀	Little Theater
	3:00 PM	Valley Secession Discussion	Campus Center
	4:00 PM	Plagiarism Workshop	H301
Wednesday, October 2	11:00 AM	Lumpia Egg-roll Sale	Circle
	12:00 Noon	Senior Committee	Weekend College Patio
Thursday, October 3	2:00 PM	Women's Leadership Program Information Session	President's Conference Room

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Fitness Education

Gym & Pool, ext. 4345



Fitness Center Hours
Come on in, but remember to bring your ID!
Mon-Thurs 7am-10pm
Fri 7am-7pm
Weekends 9am-7pm



The Haunted Trek will begin October 1st at the Fitness Center. Don't be scared, just be willing to workout! Sign up now, it is never to late. This fitness incentive program will run from October 1st thru the 31st.

Smartbodies has individual appointments available for personalized training and learn how to swim sessions. Come to the Fitness Center to sign up!

The "Walk the Loop" group is still meeting on Tuesdays, from 6-7 p.m. Meet at the flag pole and enjoy an evening walk.

ISAE/LEARNING CENTER

H207, ext. 4144



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LIFE MOMENTS

The new NBC daytime series, LIFE MOMENTS, (airing at 3:00), is looking for women's stories to celebrate. If you or a woman you know anticipates celebrating some dramatic moment of triumph--e.g., a wedding, birth, graduation, a lifesaving operation, a reunion, a dramatic personal acheivement--and you would like your story to be considered for filming, contact angela_mangone@pietown.tv or call 818.255.9321 (ask for Angela Mangone). For further information, you can contact Dr. Katherine Brueck at the Mount: H413, x4282.

CAREER CENTER

H401, ext. 4070

Women in Networking

WIN (Women in Networking) Applications now available in the Career Center. Career Planning and the Junior League of Los Angles have established a mentoring (shadowing) program that introduces Mount St. Mary's College Students to women leaders across Los Angeles. We have recruited innovative women leaders throughout Los Angeles to be WIN Mentors and we are now seeking MSMC students who are eager, enthusiastic, and responsible to WIN participants in the Spring of 2003. The actual shadowing experience will take place during Spring Break from 3/10-3/14/03. WIN participants are required to commit a minimum of 32 hours during "WIN Week." The program is designed to:

Encourage students to explore career opportunities and possibilities
Enhance students' awareness of public policy and its many forms in the workplace
Foster a mentoring partnership between students and women leaders in the L.A. area

Program Requirements:

Must be a sophomore, junior or senior (open to any major).
A minimum GPA of 3.0 is preferred (please check with a member of the Career Planning staff is your GPA does not meet this requirement).
Attend one Pre_Experiential Learning Workshop.
Submit a completed WIN application including resume by deadline.
Arrange and complete a personal interview with staff.
Attend the WIN Orientation Session in the Spring.

Not an Easy Target

Presented by Paxton Quigley

"Not an Easy Target", Paxton Quigley's Self Protection for Women Presentation will be Tuesday, October 1st from 1-2 p.m. in the Little Theatre. Everyone is welcome! Visit her website at www.paxtonquigley.com

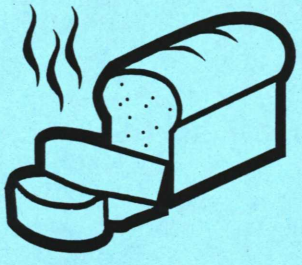
CAMPUS MINISTRY

H120, ext. 4125

Wednesday Noon Prayer

It is a 20-minute ecumenical prayer service celebrated every Wednesday in Mary Chapel. You may find this chance to pray for other people, to sing and reflect on the day's events, and listen to the scripture a great way to spend some of your lunchtime.





Help Feed The Hungry

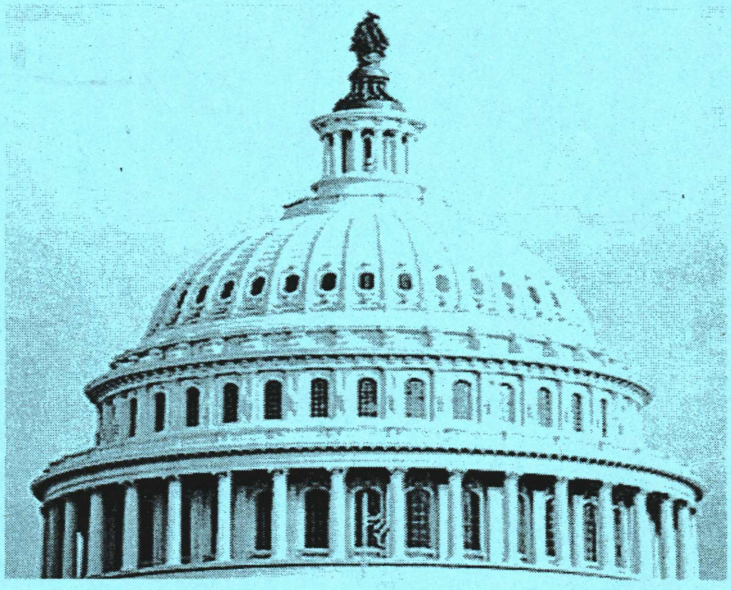
Every Sunday, we will pray at Mass for the homeless people who will receive the food we have prepared for them, and for those who represent all of us in preparing or taking our food to Santa Monica that night. Interested in future Sundays? Questions? Call Veronica in Campus Ministry at x4124.

You may prefer to help feed the hungry on one Saturday a month with the Missionary Brothers of Charity (Mother Teresa's community) in downtown Los Angles. For more information on the dates and times, call Nercy Pineda at x4125.

Public Leadership Education Network (PLEN)

Wanna get away?
Take a memorable trip this Spring Break!

SPEND A WEEK IN WASHINGTON, D.C. WITH PLEN

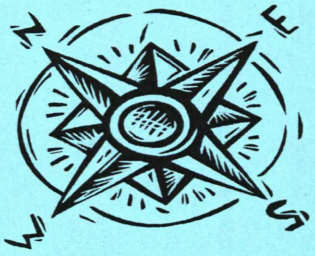


What: Women & Congress Seminar
When: March 10-14, 2003
Where: Washington, D.C.

PLEN offers the **Women & Congress Seminar** for women students from across the country to learn about the public policy process. Be inspired as you meet with today's foremost women leaders who will share their experiences and knowledge with you, the women leaders of tomorrow.

Attend an INFO SESSION to learn more about this wonderful opportunity!!!
WHEN: Thursday, October 3rd, 1-2 PM
WHERE: President's Conference Room

For more info, contact **WOMEN'S LEADERSHIP** in room H200A (x4350) or visit www.plen.org.



October 4, 2002 VOLUME 9 NO. 7

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Saturday, October 5	12 Noon	Graduate School Fair	Campus Center
Sunday, October 6	5:30 PM	Feed the Hungry	Campus Ministry- H120
	7:00 PM	Mass [every Sunday]	Mary Chapel
Monday, October 7	11:30 AM	Monday Concert	Little Theater
Tuesday, October 8	9:00 AM	V.S.A. Fundraiser	Weekend College Patio
	11:30 AM	Mass of the Holy Spirit	Mary Chapel
	12 Noon	Senior Committee	Weekend College Patio
	1:00 PM	Mass of the Holy Spirit-Lunch	Circle
	6:00 PM	Etiquette Dinner @ Doheny Mansion	Pompeian Room
Wednesday, October 9	9:00 AM	V.S.A. Fundraiser	Weekend College Patio
	12 Noon	Senior Committee	Weekend College Patio
Thursday, October 10	9:00 AM	V.S.A. Fundraiser	Weekend College Patio
Friday, October 11	4:00 PM	Founder's Day Celebration	Doheny Mansion
	8:00 PM	Alumni Concert	Doheny Mansion

Where You Can Find the Chalon Student News. . .

1. On the Intranet: intranet.msmc.la.edu
2. Around Campus: Campus Center, Cashier, Residence Life, Fitness Center, Mailroom, Little Theater Foyer, Student Affairs, Career Center, Learning Center.
3. On the Web: www.msmc.la.edu under Current Students/Campus News/CSN



Graduating Seniors



Graduating Seniors plan on attending the HireDiversity.Com Career Expo on Wednesday, October 9, 2002 at the Pacific Palms Resort in the City of Industry. Employment opportunities in sales, marketing, federal jobs, healthcare, management, accounting, retail and telecommunications. Representatives from Cardinal Health, DEA, Dept of Commerce, FannieMae, GE Capital, IRS, Sun Trust Bank, Toyota, Tyco International, U.S. Agency for International Development, Weyerhauser and more will be on hand to discuss their job openings. Dress professionally and bring lots of resumes. For more information and directions to this event log on to www.HireDiversity.com.

Mass of the Holy Spirit

Wear **RED**!

The Mass of the Holy Spirit will take place at 11:30 a.m.:

On Monday, October 7, at the DOHENY campus
(the lawn behind Bldg. 10)
On Tuesday, October 8, at the CHALON campus
(in Mary Chapel)



Live at the Mount

The Office of Admission will be hosting the following high schools for LIVE AT THE MOUNT on Thursday, October 10th, 2002.

Jordan	Roosevelt
El Rancho	James Monroe
Bravo Medical Magnet	Woodrow Wilson

We appreciate you welcoming these students and their college counselors if you see them on either campus! This program, supported by grant monies, is very important to our overall visibility and recruitment at these schools.

If you have any questions or would like to meet with your alma mater and give them a tour while they are on campus call Amy Flores at x2680. Thank you very much for your support.

ISAE/LEARNING CENTER

H207, ext. 4144

Do You Love You?

Do you Love You? Workshop - Thursday, October 10th 1-2 p.m. room H-205. This is a discussion-based workshop that is all about YOU! We will explore issues of self-confidence, self worth and self-doubt. All students are welcome to attend! Please sign up in the Learning Center or just show up!



Test Talking Workshop

Pick up the latest techniques for Test Taking, while refining your existing strategies! Attend the **Test Taking Workshop** on **Thursday, October 3rd, in H-205, from 1:00- 2:00PM.** Sign Up today at the Learning Center, outside H207.



CBEST-Math Prep

Three remaining CBEST Math Preparation Workshops will be held the next three Tuesdays on Oct. 8, 15 & 22 from 1:00-2:00 in H-304. Please sign-up in H-207 to reserve a space. Any questions? Please call Regina X4147

Friendly Reminder to All Regarding Tutoring:

If you utilize Learning Center tutoring services, please be sure to **Notify Your Tutor In Advance if you need to cancel your appointment or will be late to the appointment.** Failure to do so will result in a verbal warning. A second occurrence will result in the loss of free Learning Center tutoring for a semester. Your time, as well as your tutor's is valuable, so please be considerate.

LIFE MOMENTS

The new NBC daytime series, LIFE MOMENTS, (airing at 3:00), is looking for women's stories to celebrate. If you or a woman you know anticipates celebrating some dramatic moment of triumph--e.g., a wedding, birth, graduation, a lifesaving operation, a reunion, a dramatic personal acheivement--and you would like your story to be considered for filming, contact angela_mangone@pietown.tv or call 818.255.9321 (ask for Angela Mangone). For further information, you can contact Dr. Katherine Brueck at the Mount: H413, x4282.

Fitness Education

Gym & Pool, ext. 4345



Fitness Center Hours
Come on in, but remember to bring your ID!
Mon-Thurs 7am-10pm
Fri 7am-7pm
Weekends 9am-7pm



The Haunted Trek will begin October 1st at the Fitness Center. Don't be scared, just be willing to workout! Sign up now, it is never to late. This fitness incentive program will run from October 1st thru the 31st.

Smartbodies has individual appointments available for personalized training and "learn how to swim" sessions.

Come to the Fitness Center to sign up!

The "Walk the Loop" group is still meeting on Tuesdays, from 6-7 p.m. Meet at the flag pole and enjoy an evening walk.

Fair Share or Share Fair: Debate on Valley Secession

To the Mount Community:

The College's Mind and Spirit Committee would like to invite you to a timely and exciting event. Award-winning public radio journalist Kitty Felde of KPCC 89.3 FM will bring her *Talk of the City* program to the **Chalon Campus** on **Wednesday, October 16, 2002** to moderate a debate on Valley secession. The debate will broadcast live from the Little Theater from 1:00 p.m. to 2:30 p.m.

Members of the audience will also be able to ask questions. Seating capacity in the Little Theater is limited and everyone attending must have a ticket to enter. Tickets will be distributed on a first come, first serve basis in the following locations:

- **Chalon students:** Tickets are available in the Student Activities Office, 1st floor Humanities Building, Chalon, (310) 954-4120.
- **Doheny students:** Tickets are available in the Student Activities Office in Building 7, Doheny, (213) 477-2670. You may also sign up to reserve a seat on a bus from Doheny to Chalon, leaving at 11:00 a. m. A free box lunch will be provided.
- **All Faculty and Staff:** Tickets are available in the Student Activities Office, 1st floor Humanities Building, Chalon, (310) 954-4120. Faculty and staff at Doheny may request tickets to be sent to Building 7, Doheny for pick-up.

Because the broadcast begins at 1:00 p.m. *sharp*, the producers of the show have requested that all attending **be seated no later than 12:30 p.m**. If you are unable to attend, you may still hear the program by setting your radio dial at 89.3 FM.

NATIONAL DEPRESSION SCREENING DAY!

ARE YOU DOWN AND BLUE?



- FEELING **LOW IN ENERGY** LATELY?
- HAVING A HARD TIME **SLEEPING**?
- LACK OF **APPETITE**?
- DIFFICULTY **CONCENTRATING**?

UPLIFT THE BLUES!!

HOW??

COME TO THE CIRCLE ON WEDNESDAY, ***OCTOBER 9TH*** FROM 11:30- 2 PM TO :

- GET FREE DEPRESSION SCREENING FORM
- INFORMATIONAL PAMPLETS AND VIDEO
- OPTIONAL 10 MIN CONFIDENTIAL INTERVIEW

SPONSORED BY: Counseling and Psychological Services Staff. CONTACT EXT. 4114 FOR MORE INFORMATION

October 10, 2002 VOLUME 9 NO. 8

Chalon Student News

Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Sunday, October 13	5:30 PM	Feed the Hungry	Campus Ministry- H120
	7:00 PM	Mass [every Sunday]	Mary Chapel
	8:20 PM	R.H.A. Roommate Game	Lecture Hall
Monday, October 14	11:30 AM	Monday Concert	Little Theater
	6:00 PM	Stan Chambers Lecture-Doheny	Pompeian Room
	8:00 PM	Film Festival: Hispanic Heritage Month	Lecture Hall
Tuesday, October 15	12 Noon	Senior Committee	Weekend College Patio
	2:00 PM	Film Festival: Hispanic Heritage Month	Lecture Hall
	6:00 PM	Fitness Education: Line Dancing	Little Theater
Wednesday, October 16	11:45 AM	Open Meeting w/Students & WASC	Campus Center
	12 Noon	Fair Share-Share Fair	The Circle
	12 Noon	Senior Committee	Weekend College Patio
Thursday, October 17	7:00 AM	Valley Secession: City Council/Debate	Lecture Hall (Doheny)
	11:00 AM	Breast Cancer Awareness-Pin Sale	Weekend College Patio
	8: 45 PM	Film Festival: Hispanic Heritage Month	Lecture Hall
Friday, October 18	11:00 AM	Breast Cancer Awareness-Pin Sale	Weekend College Patio
	1:00 PM	Film Festival: Hispanic Heritage Month	Lecture Hall

Where You Can Find the Chalon Student News. . .

1. On the Intranet: intranet.msmc.la.edu
2. Around Campus: Business Office, Campus Center, Career Center, Fitness Center, ISAE, Little Theater Foyer, Mailroom, Residence Life, and Student Affairs .
3. On the Web: www.msmc.la.edu under Current Students/Campus News/CSN

Exploring Careers in Student Affairs

Would you like to be a director of residence life? How about the director of student activities? Maybe you see yourself as an academic advisor? Want to work at a 2 or 4 year college/university and don't want to teach? Thinking about becoming a vice president for student affairs? Then you should attend the Exploring Careers in Student Affairs information session on Friday, October 18 at California State University, Long Beach. Learn about master's degree programs throughout the country, hear from graduate students in student affairs programs, listen to seasoned professionals talk about their jobs and meet faculty members from various institutions. Cost $10/per person. No reservations necessary. Call 562-985-4538 for more information.

Deadline for WIN

The application deadline for WIN (Women In Networking) is fast approaching. All paperwork must be submitted no later the **4 p.m. on Friday, October 18.**

There's still a chance that you can apply for the program even if you didn't attend a workshop. If you are interested contact Monica Lond to discuss the program and your eligibility to apply. Appointments are available Tuesday through Friday, at Chalon, and at Doheny Monday, 8:30 a.m. to 4:30 p.m. Please call 310-954-4070 (Chalon) or 213-477-2577 (Doheny) to make an appointment. Also, please bring a copy of your most recent resume.

Should you have any questions about WIN, visit either of the Career Centers for more information.

New Eyes For The Needy

For many years Anne Rodman has been collecting used eye glasses and hearing aids for New Eyes For The Needy, Inc., located in Short Hills, NJ. This has become an on-going Mount community project that she would like to share with you. Anne, as well as the many people that will be benefiting from your generous donations, need your help! Donations will be sent to New Eyes For The Needy, Inc. for distribution to medical missions and hospitals in over 25 countries in Asia, Africa, Europe, Central and South America.

Please send your used eye glasses and hearing aids to Central Supply on the Chalon campus. Or if you are on the Chalon campus, please give your donations to Mail Service and they will put them into her mailbox (her box number is 47).

Your generosity is greatly appreciated.

ISAE/LEARNING CENTER

H207, ext. 4144

ISAE and the LION KING - Together Again!



ISAE students are invited to join us to see the Lion King one last time before it leaves LA! We have tickets for both Thursday, 11/7 and Friday 11/8. Sign-ups for both days will begin at 9:00 am on Monday, 10/14. To ensure fairness, ISAE students who did not attend Mamma Mia will be given PRIORITY, however, they MUST sign up by Monday 10/14 by 6:00 pm. to receive priority registration.

CBEST-Math Prep

Two remaining CBEST Math Preparation Workshops will be held on Tuesday, October 15, and on Tuesday, October 22, 1:00-2:00 in H-304. Please sign-up in the Learning Center. Any questions? Please call Regina X4147



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FITNESS EDUCATION

Gym & Pool, ext. 4345

Archives MSMC



Fitness Center Hours
Come on in, but remember to bring your ID!
Mon-Thurs 7am-10pm
Fri 7am-7pm
Weekends 9am-7pm



The Haunted Trek will begin October 1st at the Fitness Center. Don't be scared, just be willing to workout! Sign up now, it is never to late. This fitness incentive program will run from October 1st thru the 31st.

Smartbodies has individual appointments available for personalized training and "learn how to swim" sessions.

Come to the Fitness Center to sign up!

The "Walk the Loop" group is still meeting on Tuesdays, from 6-7 p.m. Meet at the flag pole and enjoy an evening walk.





Country Line Dancing

Hot diggaty dog? Round up on Tuesday, October 15th and 22nd, from 7:30-8:30 p.m. in the Little Theatre for a little country comfort. No boots required. Everyone is welcome!

Fair Share or Share Fair: Debate on Valley Secession

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INTERNSHIPS & GRADUATE SCHOOL OPPORTUNITIES

H401, Ext. 4135

For more information on the internships below, please contact Elline Ballo, Graduate School/Internship Advisor, via e-mail at **eballo@msmc.la.edu**. You may also find more internship postings on Monstertrack.com

1. Company: FACES Counseling Services
Internship Title: Human Services Social Work Intern
Location: Fullerton / San Anna / Laguna
2. Company: Topa Insurance Group
Internship Title: Human Resources Intern
Location: Los Angeles
3. Company: Sony Pictures Entertainment
Internship Title: Staffing Intern
Location: Culver City
4. Company: Sony Pictures Entertainment
Internship Title: TV Production Finance
Location: Culver City
5. Company: The Pasadena Symphony
Internship Title: Education Intern
Location: Pasadena
6. Company: The Pasadena Symphony
Internship Title: Development Intern
Location: Pasadena
7. Company: City of Los Angeles
Internship Title: Office Assistant
Location: Los Angeles
8. Company: Korean American Coalition
Internship Title: IT Community Service Intern
Location: Los Angeles
9. Company: Association of Volleyball Professionals
Internship Title: Website Intern
Location: Manhattan Beach
10. Company: Law Offices of Paul Taylor
Internship Title: Legal Intern
Location: Beverly Hills
11. Company: LA World Affairs Council
Internship Title: Special Events/Public Relations
Location: Los Angeles
12. Company: Warren Cowan & Associates
Internship Title: Entertainment PR Intern
Location: West Hollywood



Is your next step **graduate school**? Are you interested in obtaining an advanced degree in a particular field of study? Would you like to learn more about the graduate school application process? If so, attend "***The Next Step: Graduate School***" a workshop sponsored by the Career Center and Irvine Grant. This workshop will take place on **Tuesday, October 29 in room H404 from 1 - 2 pm**. For more information, please contact Elline Ballo, Graduate School / Internship Advisor at 310-954-4135 or visit the Career Center (H401).

Graduate School Workshops sponsored by Kaplan

November 5, 2002 - Graduate School and the GRE
November 14, 2002 - Law School and the LSAT
November 19, 2002 - Medical School and the MCAT

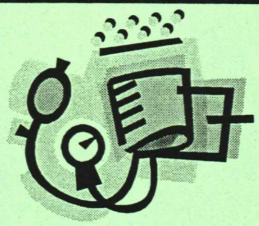
Wade de Gottardi, a member of the Kaplan Test Prep team, will be presenting informational workshops about graduate/professional schools throughout the month of November. All workshops will take place from 1 - 2 pm in room H404.

Test Drive sponsored by Kaplan

Test Drive the GRE, LSAT, MCAT, or GMAT for free. Kaplan, Inc. is sponsoring a test drive on Saturday, November 9 at the Chalon Campus. This test drive is designed to simulate the experience of taking the GRE, LSAT, MCAT, or GMAT. You will receive feedback from a Kaplan team member about your score and tips to improve your performance. Each exam requires a minimum of 10 participants. If you would like to participate, please sign-up at the Career Center (H401). For more information, call Elline Ballo at 310-954-4135.



HEALTH SERVICES
H101, Ext. 4110



The Student Health Services Dept. in conjunction with City of Hope Medical Center is proud to offer a:

Bone Marrow Screening Drive

at the Mount. We had a very successful Blood Drive last semester, so we decided to go one step further and offer a Bone Marrow drive.

The actual screening is a simple finger stick, no more than that. If at some point your initial blood sample-DNA analysis matches someone in need of a bone marrow you will be notified by the City of Hope and additional blood tests will be done here in Health Services to make sure your are the right match.

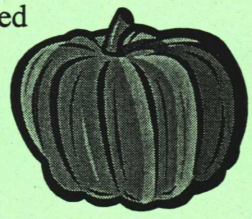
The screening takes about 10 minutes only. The screening will be held Tuesday, November 12, 11- 2 p.m. in the Donohue Center. Appointments are required and this screening is open to faculty, staff, students and the adjacent community to the Mount. We hope you will sign up and give the give of life to someone in need.

For more information or to sign up please call **Stella Wolhlfarth at x2685**, or send an e-mail.

STUDENT ACTIVITIES-DOHENY
Building 7, Ext. 2660



The Associated Student Body will be hosting its Annual Halloween Haunted Campus on October 31, 2002 from 5-8 p.m. We expect about 2,000 trick-o-treaters and we need 1200 lbs. of candy and any donations you can offer. If anyone is interested in helping decorate or willing to make a donation, please come by the Student Activities Office at the Doheny Campus in Building 7 or call us at (213) 477 - 2660.

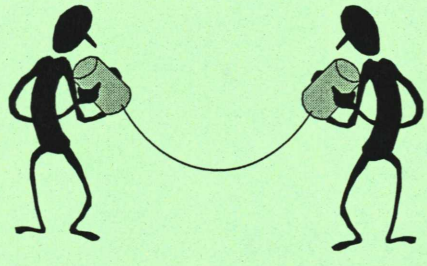


Attention all Fall Leadership Challenge facilitators!

Facilitator training is scheduled for the following days:

Thursday, Oct. 17th, 6-7 PM at H201
Thursday, Oct. 24th, 6-7 PM at Hannon Parlor

See you then!

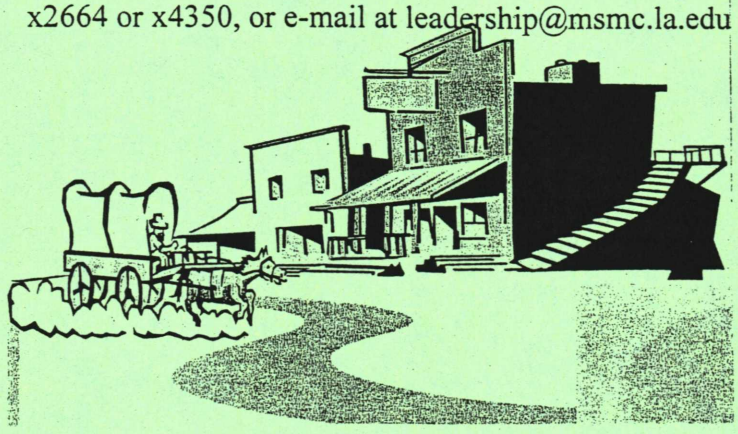


The Leadership Challenge

Interested in a unique leadership opportunity?
Join the **Leadership Challenge** and have
an adventurous and fun experience.

When: Sat. Nov. 2, 2002
Time: 9:00 am-5:00 pm

Explore and discover your leadership skills and potential! To sign up, contact Women's Leadership at x2664 or x4350, or e-mail at leadership@msmc.la.edu



MUSIC DEPARTMENT

Presents

MUSIC MAKING WITH TODAY'S YOUNG: NEW MATERIALS, NEW APPROACHES NEW CONNECTIONS

Interactive Workshop highlighting music and dance from many continents; focus on involvement, singing, playing, movement, improvising, creating, Technology, sound systems, music for classroom and parish.

SATURDAY, October 19, 2002 9:00 A.M. TO 12:00 P.M.
8:30 A.M. On-site registration—materials distribution

PRESENTERS

MARILYN SOUSA
Multicultural Specialist/Music Specialist/Master Teacher/Clinician
Los Angeles Unified School District

TIMOTHY PARMELEE, M.A.
Music Specialist/Technology Expert/ Music educator with the Los Angeles Unified School District

SISTER TERESITA ESPINOSA, C.S.J, D.M.A.
Music Educator/ Professor of Music/Chair—Music Department, MSMC/Adjudicator/Clinician/Past President, National Pastoral Musicians, Music Educators Division/Council Member, NPM

REGISTRATION FORM

Name_____Phone_____
Address _____
Your School _____Your Grade Level _____

Pre-registration Fee ($20.00) _____ Registration at the Door ($25.00) _____

Packets guaranteed only to those who complete pre-registration by October 17. Make checks payable to Mount St. Mary's College, and return to Sister Teresita Espinosa, D.M.A, Chairperson, Music Department, Mount St. Mary's College, 12001 Chalon Road, Los Angeles, CA 90049

October 18, 2002 VOLUME 9 NO. 9

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Friday, October 18	10:30 AM	WASC Exit Briefing [***all are invited***]	Little Theater
	11:00 AM	Breast Cancer Pin Sale	Weekend College Patio
	1:00 PM	Hispanic Heritage Film Festival	Lecture Hall
Sunday, October 20	5:30 PM	Feed the Hungry	Campus Ministry-H120
	7:00 PM	Mass [***all are welcome***]	Mary Chapel
Monday, October 21	10:30 AM	Filipino History Fair [***all week***]	The Circle
Tuesday, October 22	7:00 AM	ASB Work Session	Campus Center
	10:30 AM	*Show Your Spirit*	Little Theater Foyer
	12 Noon	Senior Committee Table	Weekend College Patio
	12 Noon	Latinas Unidas Comedy Show Tickets	Weekend College Patio
	4:00 PM	Writing Your Personal Statement	H301 (Workshop)
Thursday, October 24	11:00 AM	Breast Cancer Awareness Table	Little Theater Foyer
	11:00 AM	National Chemistry Week Activities	Weekend College Patio
	12:30 PM	Town Hall Meeting	Lecture Hall
	5:00 PM	Pi Theta Mu Halloween Social	Campus Center
	6:00 PM	Leadership Challenge Facilitator Trng	Hannon Parlor



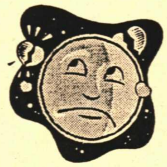
FITNESS EDUCATION

Gym & Pool, ext. 4345

Fitness Center Hours

Bring your ID!

Mon-Thurs	7am - 10pm
Fridays	7am - 7pm
Weekends	9am - 7pm



Sad News! The "Walk the Loop" group had to be cancelled due to lack of participation. Don't let this happen to other programs at the Mount. Be active! ***Get involved.***

The Case of the Missing Towels

The Chalon Fitness Center is missing over 15 towels so far this semester. Please return any towels you may have or see lying around campus ... no questions asked! We want this service to continue for all.



Country Line Dancing

Hot diggeddy dog! Round up on Tuesday, October 22nd, from 7:30 - 8:30 PM in the Little Theatre for a little country comfort. No boots required. Everyone is welcome!

STUDENT ACTIVITIES — DOHENY
Building 7, Ext. 2660

The Associated Student Body will be hosting its Annual Halloween Haunted Campus on **October 31, from 5:00 — 8:00 PM.**



We expect about 2,000 trick-o-treaters and ***we need your help!***

If you can help (1) decorate the campus or (2) donate "treats" & "tricks," please stop by the Student Activities Office and talk to a staff member today.

Join the fun on Halloween!

HEY, MOUNT STUDENTS!

Be part of the team that finds the stories worth reporting, compiles the articles, designs the layout and prints the college news.

Write for the student newspaper!
Join The Oracle Staff.

Are you committed to voicing the concerns & needs of the students? Do you take pride in what MSMC does best? All students are welcome to join the Oracle staff. Make a difference for the whole college and contact us today! Remember, it is OUR paper.

Call **Geovanna Heano**, Editor-in-Chief (ext. 4083) or **Elena Barnes**, Advisor (ext. 4130, H200).

ISAE/LEARNING CENTER
H207, ext. 4144

TEST PROCTORING GUIDELINES

As we wade our way through mid-terms and with finals fast approaching - please take note:

1. Tests proctored in the Learning Center should be LIMITED to students who have extended time accommodations and students who miss exams due to *emergency* or *illness* ONLY. Tests should not be given through the Learning Center based solely on convenience for the student and/or faculty.
2. Proctoring hours in the Learning Center are from 8 am - 4:30 pm. All testing must be completed no later than 4:30 pm the same day.
3. Quiet testing hours are limited due to space restrictions. Please see the posted hours of available guaranteed quiet testing space posted outside the Learning Center.

SHOW ME THE MONEY!

Searching for Scholarships - Thurs. October 24th from 1-2 p.m. in the Teagle Lab. Don't miss this opportunity to look at how to research for scholarships, and receive helpful tips about the application process.

APPLYING TO GRADUATE / MEDICAL / LAW SCHOOL? FOR INTERNSHIPS?

Come to the workshop **Writing Your Personal Statement** on Tuesday, October 22, in H-301 at 4:00 PM. Bring your applications, essay questions and enthusiasm. For more info, call Regina X4147.

IMPORTANT ISAE STUFF

- ♥ Advisement period is fast approaching! If you have not met with your ISAE counselor to review and update your academic plan, be sure to schedule your appointment SOON.
- ♥ Remember, in order to stay active in the ISAE program, you must **(A) meet at least once per semester with both your ISAE counselor and peer advisor, and (B) attending at least two educational, cultural or leadership activities per semester.** ISAE currently has a waiting list of applicants, so don't jeopardize your status by not fulfilling your participation requirements!

CAREER CENTER & INTERNSHIPS

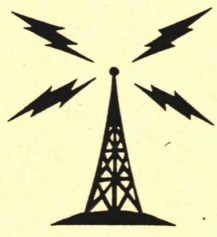
H401, Ext. 4070

INTERNSHIP OPPORTUNITIES

For more information on the internships below, please contact Elline Ballo, Graduate School/Internship Advisor, at ext. 4135 or via e-mail at **eballo@msmc.la.edu**.

1. The Latino Children's Fund
   Graphic Designer, Los Angeles
2. Chasen & Company
   Public Relations Intern, West Hollywood
3. American Heart Association
   2003 Undergrad Student Research Program, LA
4. Sony Pictures Entertainment
   Marketing Department/Spti, Culver City
5. Meridian Finance Group
   Marketing Intern, Los Angeles
6. St. Jude Children's Research Hospital
   Communications Internship, Garden Grove
7. Bobit Publishing Company
   Research Administrator Intern, Torrance
8. Sea Laboratory
   Americorps Marine Education Intern, Redondo Beach
9. Break the Cycle
   Non-Profit Management Internship, LA
10. KCET Public Television
    Program Development Intern, Los Angeles
11. KCET Public Television
    Publicity Assistant, Los Angeles
12. KCET Public Television
    Broadcast Programming Intern, LA





Expand your horizons!

Is your next step graduate school?
Interested in obtaining an advanced degree? Want to learn more about the graduate school application process?

If so, attend "***The Next Step: Graduate School***" a workshop sponsored by the Career Center and Irvine Grant. This workshop will take place on **Tuesday, October 29, in room H404 from 1:00 - 2:00 PM**. For more info, contact Elline Ballo or visit the Career Center.

Graduate School Workshops sponsored by Kaplan
Wade de Gottardi, a member of the Kaplan Test Prep team, will be presenting informational workshops about graduate/professional schools throughout the month of November. **All workshops will take place from 1:00 - 2:00 in room H404.**

Tuesday, Nov 5
Graduate School and the GRE

Thursday, Nov 14
Law School and the LSAT

Tuesday, Nov 19
Medical School and the MCAT

Come for a Test Drive!
Test Drive the GRE, LSAT, MCAT, or GMAT for free. Kaplan, Inc. is sponsoring a "test drive" on Saturday, November 9 at Chalon. This test drive is designed to simulate the experience of taking any of these tests. You will receive feedback from a Kaplan team member about your score and tips to improve your performance.

Each exam requires a minimum of 10 participants.
Sign-up at the Career Center!

HEALTH SERVICES

H101, Ext. 4110

OFFER THE GIFT OF LIFE

Student Health Services, in conjunction with City of Hope Medical Center, is proud to offer a **Bone Marrow Screening Drive on** Tuesday, Nov 12, 11:00 AM - 2:00 PM in the Donohue Center.

The actual screening is a simple finger stick. If your initial blood sample-DNA analysis matches someone in need of bone marrow you will be notified and additional blood tests will be done here in Health Services to make sure your are the right match. The screening takes about 10 minutes. Appointments are required and the screening is open to the entire Mount community. **To sign up** email Stella Wohlfarth or call ext. 2685.

WANT TO STAY HEALTHY THIS WINTER?



Here are some ways to help prevent catching a cold:

1. WASH YOUR HANDS, frequently! Wash them before meals, after going to the bathroom, when you have been visiting with someone who has a cold or the flu. Viruses are often passed on by touching things that have been contaminated by others. You can help to avoid passing on your colds by washing your hands after coughing, sneezing or blowing your nose.
2. EAT FOODS HIGH IN VITAMIN C. Vitamin C helps to boost the immune system and helps in the recovery in the event you do catch that cold. Foods high in Vitamin C include citrus foods, tomatoes (especially fresh), cabbage, bell peppers, cantaloupe. Vitamins containing extra C, or chewable Vitamin C tablets, are available at the drug store. *But remember*: too many C tablets can upset your stomach.
3. DRINK PLENTY OF FLUIDS. We need water in our system for it to work properly. Extra water is important at all times of the year! If you are a coffee or cola drinker . . . you need extra water. Caffeine is a natural 'dehydrater'.

Stay tuned to this column next week for what to do if you DO catch that cold!

OCTOBER IS BREAST CANCER AWARENESS MONTH

Stop by our table in the Little Theater Foyer on **Thursday, October 24, from 11:00 AM - 1:30 PM** and get valuable information on Breast Cancer risk, early detection and treatment. Sponsored by Health Services and SHAC.

The Busy Person's Retreat

Has been postponed!

Originally scheduled for October 20th, the Busy Person's Retreat is an opportunity for MSMC students to meet and talk with the Sisters and explore any questions or topics related to ministry and community service. Campus Ministry will notify the Mount when the Retreat can be re-scheduled. *All are invited!*

October 25, 2002 VOLUME 10 NO.10

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Friday, October 25	6:00 PM	Pre-Comedy Show ***Food Sale***	The Circle
	7:00 PM	Comedy Show: *Reventon De Risas*	Little Theater
	10:00 PM	FASA All Night Event	Lecture Hall
Tuesday, October 29	1:00 PM	Graduate School Workshop	H404
	11:00 AM	Pi Theta Mu Fundraiser	Little Theater Foyer
	12 Noon	Oktoberfest	The Circle
	12:30 PM	Muses SEE'S Candy Fundraiser	Weekend College Patio
Wednesday, October 30	8:00 AM	Krispy Kreme Donut Sale	Weekend College Patio
Thursday, October 31	5:00 PM	***Annual Halloween Haunted Campus***	DOHENY

If you have an outstanding balance with the Business Office it will affect your:

1. Spring 2003 registration (either prevent you from registering or drop your registration)
2. Fall 2002 grade reports (will not be mailed)
3. Transcripts/diplomas (will not be released).

Please clear up your financial matters immediately to avoid additional consequences. Contact Evangeline Reyes - Chalon (ext. 4071) or Frank Ugarte - Doheny (ext. 2541) for information or assistance.

SHOW YOUR SPIRIT DAY

Winners come get your *AMC tickets* in the SACS office:

Elaine Barrientos, Nzinga Harris, Maureen Jamir, Susana Avalos, Barbi Trevino

For more info contact ASB hotline, ext. 4117

You are all invited
to the annual Halloween Haunted Campus



Thursday, October 31st
5:00 - 8:00 PM
Doheny Campus

Come in costume and be prepared for a scary night!

December 2002 and May 2003 Graduates!

Graduating seniors are nominated by staff and faculty for a variety of awards presented in April at the *Mary's Day Award Ceremony*.

In order to ensure that your name is included on any nominating list (and to make sure that you receive important graduation information), we are asking that you **stop by Student Affairs** [H200] to verify your graduation date.

Also, during the month of November, faculty and staff will be asked to nominate seniors for recognition in *Who's Who in American Colleges and Universities*. To ensure your name appears on the ballet, please come to Student Affairs no later then **Friday, November 8.** If you have any questions, contact the Mary's Day Coordinators: Monica Lond, ext. 4070 or Elena Barnes, ext. 4130.

Christmas Magic at the Mansion

Mount St. Mary's College invites you and your family to celebrate the holiday spirit!

Sunday, December 8, 2002
2:00 pm to 4:00 pm
MSMC Doheny Mansion
10 Chester Place, Los Angeles

Some Afternoon Highlights include: Self-Guided Mansion Tours, Carolers, Photos With Santa Claus, Lighting of the Tree Ceremony and Song, Most Festive Attire Contest, and Tasty Treats! Sunday Attire is *de rigueur*. *All are welcome to help decorate the Mansion's Christmas tree by bringing an ornament!*

RSVP to Heather Schraeder, Institutional Advancement's Manager of Special Events, at 213/477-2761.

ISAE/LEARNING CENTER

H207, ext. 4144

TEST PROCTORING GUIDELINES

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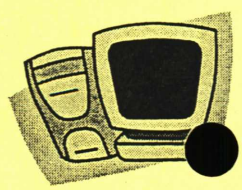
IMPORTANT ISAE STUFF

- Advisement period is fast approaching! If you have not met with your ISAE counselor to review and update your academic plan, be sure to schedule your appointment SOON.

- Remember, in order to stay active in the ISAE program, you must **(A) meet at least once per semester with both your ISAE counselor and peer advisor, and (B) attending at least two educational, cultural or leadership activities per semester.** ISAE currently has a waiting list of applicants, so don't jeopardize your status by not fulfilling your participation requirements!

LEARN TO POWERPOINT

Discover the basics of initiating a PowerPoint presentation with the accompanying bells and whistles to make it shine. PowerPoint is accessible on most Chalon Campus PC's, so why not learn how to use it to your advantage?



Sign up outside the Learning Center at H207. The workshop will be held Thursday, **October 31, from 1:00 - 2:00 PM in H205**. *See you there*!

CAREER CENTER & INTERNSHIPS

H401, Ext. 4070

INTERNSHIP OPPORTUNITIES

For more information on the internships below, contact Elline Ballo, Graduate School/Internship Advisor, at ext. 4135 or via e-mail at **eballo@msmc.la.edu**.

1. EUniverse, Inc.
   Online Gaming Intern, Los Angeles
2. Center for Health, Fitness, and Environment
   Website Designer, Marina del Rey
3. KMEX-TV
   Television Internship, Los Angeles
4. Hyfn
   Marketing Assistant, Santa Monica



Expand your horizons!

The Asian Professional Exchange will be holding its 5th annual

CAREER DAY

Saturday, November 2nd

The Omni Los Angeles Hotel
251 S. Olive Street, Los Angeles
(213-617-3300)

This all-day event includes a career fair and workshops on:

- Getting a Job in a Tough Market
- Effective Interview Techniques
- Resume Writing
- Diversity in the Workplace.

Companies that will be represented at the fair include: Paramount Studios, Wells Fargo, City of Los Angeles, CBS, Workplace Hollywood, U.S. Secret Services and Toyota Motor Sales. *Cost: $10 plus parking*. For more info, contact Monica or visit **www.apex.org**.

December 2002 and May 2003 Graduates

It's Senior Picture Taking Time!

When: November 12, 13 & 14 (Tues - Thurs)
Place: Little Theater (Chalon)
Cost: Minimum $5 (*see options below*).



Sign-ups start on *Monday, October 28 in H401.*

$10 deal: Ten poses, cap & gown proofs, choice of yearbook photo, option to purchase portrait packages.
$15 deal: Fifteen poses, cap & gown proofs, choice of yearbook photo, option to purchase packages.
$5 yearbook pose does **not** include change of clothes or cap & gown; **no** portrait package will be available.

All Mount Students Get a Yearbook
Sophomores, Juniors and Seniors — pick up your 2001/2002 yearbook in the H401 today!



Need to make some extra cash over the holidays?
Better start now to look for a holiday job. Want tips on how to start? Attend the "Searching for a Holiday Job" Workshop on Thursday, November 7, from 1:00—2:00 PM.

December 2002 Graduates . . . it's time to step up your job search!
Make an appointment today to with Monica Lond to update your resume and discuss job search strategies.

November 7 Graduate School Alumnae Panel
Alums of the Mount will speak about their experiences in graduate school and after grad school. This panel presentation will take place on Thursday, November 7th, in Hannon Parlor from 6:00 to 8:30 PM (tentative schedule). Programs represented are Masters in Social Work (USC), Business Administration (Pepperdine), and Public Policy (UCLA), as well as Juris Doctor (Loyola), and Doctor of Philosophy in Science (UCLA).

HEALTH SERVICES
H101, Ext. 4110

WANT TO STAY HEALTHY THIS WINTER? - PART II

Did you catch that cold?

Most people get 2 or 3 colds a year. When you live in a dorm you are even more likely to catch colds because there are so many of you living in close proximity! Remember the tips that were given in the last column: To help avoid catching a cold or the flu:

1. Wash your hands frequently, 2. Eat foods high in vitamin C, *and* 3. Drink plenty of fluids.

When you are feeling sick here are a few tips:

- ☑ **Acetaminophen** (Tylenol) helps with fever, body aches and headaches. You can take 325 - 500 mg capsules every 4-6 hours, but don't take more than 2,000 mgs a day.
- ☑ **Drink plenty of fluids**. Fluids help to keep mucous thin so it passes easier. This makes your nose less stuffy, and makes you cough less.
- ☑ **Oral decongestants**: Sudafed (pseudoephedrine) or a cold tablet with pohenylpropanolamine can help decrease the congestion of a cold. The symptoms will return when the medicine wears off, so it will probably be needed 3 or 4 times a day. Neither of these medications should make you sleepy. If you are taking an anti-depressant or other medication on a regular basis come to the health center to make sure oral decongestants are safe for you to take!
- ☑ **Antihistamines** (ie Benadryl) will help with sneezing and watery, runny nose symptoms. These medications ***do cause sleepiness*** so use at night, or when you will NOT be driving a car. This medication is often in combination cold remedies, so read the labels! You will probably only need an antihistamine for the first day or two of your cold.
- ☑ **Normal Saline nose spray**. Sometimes the decongestant makes your nose feel very dry. Normal saline nasal sprays are available over the counter and help liquefy nasal secretions. These sprays (ie. Ocean Aire) don't have any topical medication in them and can be used as often as needed.
- ☑ **Gargle with salt water**. A solution of ¼ tsp salt in 4 ounces of warm water makes a good gargle that helps comfort a sore throat. Throat lozenges work to and are easier to carry around with you.

Remember, colds are very contagious and symptoms last 4-6 days. The symptoms, while uncomfortable, are usually not dangerous and can be treated without a trip to the doctor. If you begin to have a deep, productive cough (bringing up gunk?), have chest pain, or facial pain, or if you run a fever for more than 3 days, call and make an appointment to be seen at the Health Center. Many of the over-the-counter medications mentioned above are available in the Health Center.

Watch this column next week to find out about the dreaded FLU!

Spend Spring Break in Washington, D.C.

Apply for a Junior League of Los Angeles scholarship to attend PLEN's Women & Congress Seminar. **Deadline for applications is Nov. 7th.** Stop by Women's Leadership (H200A) or call ext. 4350 for an application.

Student Activities and Commuter Services

H110, Ext. 4120

ATTENTION ALL SENIORS

Don't miss the Senior Picnic!

Wednesday, October 30th

12:00 - 1:00 pm

Haven Park (East of Rossiter)



We'll have Subway sandwiches, drinks, salads, desserts, and fun prizes! Info about Commencement will be provided and you will have the opportunity to make your donation to the Senior Gift Committee. See you there!

FRESHMAN CLASS MEETING

The second Freshman Class Meeting is on **Monday, October 28th** from *8:00-9:00 pm* in Brady 1st Lounge.

SOPHOMORE CLASS MEETING

The Sophomore Class Meeting will be held on **Monday, October 28th** in Carondelet 1st Lounge from *9:10-10:00 pm*.

A **Message** from the *ASB President, Hannah Cvammen*:

Anthony J. D'Angelo once said that "without a sense of caring, there can be no sense of community." I would like to encourage you to continue to help us build our MSMC community. Whether it be by participating in a club event or greeting a new person around campus, each of us can contribute to our community in our own way.



Start carpooling today, it's never too late!!



Tired of that lonesome morning commuter? Want to share gas expenses and get lots of fun incentives?

Come to the *Commuter Lounge* and sign up for Carpool Wanted to find a carpool buddy (applications found on the Commuter Corner bulletin board); we will post your request within a day.

Already sharing the ride, but not registered as an official MSMC Carpool? Come to *SACS* (1st floor Humanities) and register today. The benefits include cash and free deli combo's.

Commuter Café



Overcome the cold mornings (and your sleepiness) by grabbing a freshly brewed cup of coffee at Commuter Café!

Tuesdays
8:00-10:00 am
at Student Activities and Commuter Services



Wednesdays
8:00-10:00 am
in the Commuter Lounge

Día de los Muertos / All Souls' Day

- Bring photos or mementoes of deceased loved ones to the Chapel (to be placed in the alters under Joseph and Mary) *between Halloween and November 6th* to commemorate their lives.
- All Souls' Day Mass
  November 3rd, 7:00 pm, Mary Chapel
- And join us for an additional event on Wed., **November 6th, 6:15 pm**, in the Circle.
  Food, music and entertainment provided.

Find your way to the OktoberFest Chicken Dance!



CHALON CIRCLE
TUESDAY, OCTOBER 29, 2002
12:00 P.M.—3:00 P.M.
ARTS AND CRAFTS
FOOD AND DRINKS

November 1, 2002 VOLUME 10 NO.10

Chalon Student News

Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Saturday, November 4	All Day	Women's Leadership Challenge	Chalon Campus
Sunday, November 3	All Day	Afternoon At The Mount	Chalon Campus
Monday, November 4	11:30 AM	Monday Concert	Lecture Hall Little Theater
Tuesday, November 5	12:00 PM	Senior Committee	WE College Patio
Wednesday, November 6	12:00 PM 3:00 PM	Senior Committee All Soul's Day	WE College Patio Mary's Chapel Circle



TIME IS RUNNING OUT



ATTENTION **December 2002 and May 2003 Graduates**. Graduating seniors are nominated by staff and faculty for a variety of awards that are presented in April at the Mary's Day Award Ceremony. In order to ensure that your name is included on any nominating list (and to make sure that you receive important graduation information), we are asking that you stop by the Student Affairs office (H401) to verify your graduation date. During the month of November, faculty and staff will be asked to nominate seniors for the Who's Who in American Colleges and Universities recognition. For your name to appear on the nomination ballet, please come to the office no later then Friday, November 8. Any questions, please contact the Mary's Day Coordinators: Monica Lond in H401 or Elena Barnes in H200.

If you have an outstanding balance with the Business Office it will affect your:

1. Spring 2003 registration (either prevent you from registering or drop your registration)
2. Fall 2002 grade reports (will not be mailed)
3. Transcripts/diplomas (will not be released).

Please clear up your financial matters immediately to avoid additional consequences. Contact Evangeline Reyes - Chalon (ext. 4071) or Frank Ugarte - Doheny (ext. 2541)

"Show Your Spirit Day"



Winners come get your *AMC tickets* in the SACS office

Elaine Barrientos
Nzinga Harris
Maureen Jamir
Susana Avalos
Barbi Trevino

For more information please call extension 4120.

Christmas Magic at the Mansion

Mount St. Mary's College invites you and your family to celebrate the holiday spirit!

Sunday, December 8, 2002
2:00 pm to 4:00 pm
MSMC Doheny Mansion
10 Chester Place, Los Angeles

Some Afternoon Highlights include: Self-Guided Mansion Tours, Carolers, Photos With Santa Claus, Lighting of the Tree Ceremony and Song, Most Festive Attire Contest, and Tasty Treats! Sunday Attire is *de riguer*.

RSVP to Heather Schraeder, Institutional Advancement's Manager of Special Events, at 213/477-2761.

ISAE/LEARNING CENTER

H207, ext. 4144

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IMPORTANT ISAE STUFF

- If you have not met with your ISAE counselor to review and update your academic plan, be sure to schedule your appointment SOON.

Increase Your Score on the GRE



What are the top 12 vocabulary words on the GRE? What's a quick way to increase your verbal GRE score? Come to "Increasing Vocabulary Scores on the GRE" workshop next **Tuesday, Nov. 5, 4:00-5:00** in **H-301**. *Sign up* at the Learning Center.

From Women's Leadership



Don't miss out on a wonderful opportunity to spend **Spring Break in Washington, D.C.** Apply for a Junior League of Los Angeles scholarship to attend **PLEN's Women & Congress Seminar**. Deadline for applications is Nov. 7th. Stop by Women's Leadership (H200A) or call x4350 for an application.

CAREER CENTER & INTERNSHIPS

H401, Ext. 4070

Archives MSMC

INTERNSHIP OPPORTUNITIES

For more information on the internships below, contact Elline Ballo, Graduate School/Internship Advisor, at ext. 4135 or via e-mail at **eballo@msmc.la.edu**.

1. **Turner Broadcasting System, Inc.**
   Public Relations Intern, Los Angeles
2. **Harvey & Company LLC**
   Intern – Analyst, Newport Beach
3. **Kayne Anderson Capital Advisors, LP**
   Investment Accounting Intern, Los Angeles
4. **Artisan Entertainment**
   Entertainment Intern, Santa Monica
5. **TMG International**
   PR/Communications/Marketing Intern, Beverly Hills
6. **Senator Jack Scott**
   Intern, Pasadena
7. **Myers Capital Partners**
   Database Management Intern, Pasadena
8. **Mercer Human Resources Consulting**
   Investment Consulting Intern, Los Angeles
9. **Prudential**
   Securities Intern, Century City
10. **Orange County Division**
    Regional Affairs Intern, Santa Ana
11. **Asia Society**
    Research & Administrative Intern, Los Angeles
12. **WSGV Boys & Girls Club**
    Mentor, Monterey Park
13. **Asian Pacific Health Care Venture**
    Young Adult Advocate, Los Angeles
14. **Wachovia Securities**
    Broker Assistant Intern, Woodland Hills



Expand your horizons!



December 2002 and May 2003 Graduates

It's Senior Picture Taking Time!

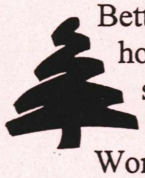
When: November 12, 13 & 14 (Tues - Thurs)
Place: Little Theater (Chalon)
Cost: Minimum $5 (*see options be low*).

$10 deal: Ten poses, cap & gown proofs, choice of yearbook photo, option to purchase portrait packages.
$15 deal: Fifteen poses, cap & gown proofs, choice of yearbook photo, option to purchase packages.
$5 yearbook pose does **not** include change of clothes or cap & gown; **no** portrait package will be available.

All Mount Students Get a Yearbook

Sophomores, Juniors and Seniors — pick up your 2001/2002 yearbook in the H401 today!

Need to make some extra cash over the holidays?



Better start now to look for a holiday job. Want tips on how to start? Attend the "Searching for a Holiday Job" Workshop on Thursday, November 7, from 1:00—2:00 PM.

ASB Position Opening!

Interested in getting involved on campus? Well, your opportunity is here! ASB is currently looking for a chair for Multicultural Night (MSMC's talent show/ spring sing).

Archives MSMC

GRADUATE SCHOOL INFORMATION

H401, Ext. 4135

Graduate School Information Sessions



Graduate School Alumnae Panel

November 7, 2002 – MSW, MBA, Ph.D., MPP, JD

At 6:00 to 8:30 p.m. in Hannon Parlor



Graduate School Workshops sponsored by Kaplan*

November 5, 2002 – Graduate School and the GRE

November 14, 2002 – Law School and the LSAT

November 19, 2002 – Medical School and the MCAT

**Workshops are held in H404 from 1:00-2:00 p.m.*

Test Drive sponsored by Kaplan

November 9, 2002 - Test Drive the GRE, LSAT, MCAT, or GMAT for free.

Register at the Career Center H404 before November 5. Sign-in starts at 8 am. Testing begins at 8:30 am. All tests will last approximately 3 ½ hours.

STUDENT ACTIVITIES AND COMMUTER SERVICES

H110, Ext. 4120



Start carpooling today, it's never too late!!



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Already sharing the ride, but not registered as an official MSMC Carpool? Come to *Student Activities and Commuter Services* (1st floor Humanities) and register today. The benefits include cash and free deli combo's.

Write for the student newspaper!

Be part of the team that finds the stories worth reporting, compiles the articles, designs the layout and prints the college news.

Join The Oracle Staff.

Voice the concerns & needs of the students.
Take pride in what MSMC does best.

All students are welcome to join the Oracle staff. Make a difference for the whole college and contact us today! Remember, it is OUR paper.

Call **Geovanna Henao**, Editor-in-Chief (ext. 4083) or **Elena Barnes**, Advisor (ext. 4130, H200).

HEALTH SERVICES

H101, Ext. 4110

WANT TO STAY HEALTHY THIS WINTER? - PART III

Avoid the Flu……..

What is the flu? Every year about this time we begin to hear warnings about the 'flu season'. It is also the time of year when colds are more common.

Both colds and the flu are caused by a virus; cold by a rhinovirus, of which there are thousands, and the flu by an influenza virus of which there are only a few. Viruses have the ability to mutate, and every year the version of the flu virus is a little different than the one that appeared last year. Because influenza (the flu) can have serious complications, and because there are a limited number of strains of virus that cause illness a flu vaccine was developed to help prevent catching the flu.

Who should get a flu shot? The recommendations are that anyone who has any chronic illness that would make them more susceptible to the flu, or more likely to develop complications should be vaccinated. That includes anyone who has a chronic illness such as asthma, diabetes, even allergic rhinitis. It also includes anyone over the age of 50. It is also recommended for people living in close quarters (like in a dorm), people who are health care providers (like student nurses and physical therapists), people who work with children (like student teachers and volunteers) and people who don't have time to be sick (*LIKE STUDENTS*). Do you fall into any of these categories?

The flu shot is available at the Student Health Center for $9.00. Just call extension 4110 to make an appointment for any morning M-F, or Friday afternoon.

Several students have told me that they have gotten sick in the past when they got a flu shot. *The viruses used to make the vaccine have been killed, so you cannot get influenza from the vaccine*. Occasionally someone might get some soreness, redness or swelling where the shot was given. Mild aches and a low fever are not uncommon, but are very treatable with a dose of Tylenol. If these problems occur they usually begin soon after the shot and last 1-2 days.

So, if you really don't have time to be sick this winter….. come on down for a flu shot!

Commuter Café

Overcome the cold mornings (and your sleepiness) by grabbing a freshly brewed cup of coffee at Commuter Café!

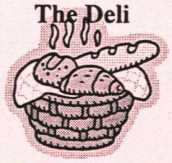
Tuesdays
8:00-10:00 am
at Student Activities and Commuter Services

Wednesdays
8:00-10:00 am
in the Commuter Lounge

Attention Carpoolers!

Carpool Token Redemption is this week, *November 4th - November 8th.* Bring your tokens to Student Activities and Commuter Services from *10 a.m. to 2:00 p.m.* and receive cash and deli combo's!





Archives MSMC

November 8, 2002 VOLUME 9 NO.12

Chalon Student News

rchives
MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Monday, November 11	11:30 AM	Monday Concert	Little Theater
Tuesday, November 12	10:30 AM	Pi Theta Mu-Pie Sale	Weekend College Patio
	11:30 AM	Bone Marrow Screening Drive	Donohue Center (Doheny)
	12:00 Noon	Senior Yearbook Photos	Little Theater
Wednesday, November 13	9:00 AM	Senior Yearbook Photos	Little Theater
	10:30 AM	Pi Theta Mu-Pie Sale	Weekend College Patio
	6:00 PM	International Dance Series	Donohue Center (Doheny)
Thursday, November 14	12:00 Noon	Senior Yearbook Pictures	Little Theater

What is the best kept secret at the Mount?

THE MOUNT CHORUS



What is the Mount Chorus?

A group of young women who have a passion for singing. Many have had previous choral experience, some have not. Some read music, some do not. What they do have in common is the desire to work with others on learning, perfecting and performing good music. Many are looking for an opportunity to put the books down and have variety in their educational experience.

If you enjoy singing, sign up for the Mount Chorus. Don't miss the opportunity to participate in the Spring Concert which will include selections from Broadway Musicals and vocal Jazz. The Mount Chorus meets on *Tuesday from 7:00-8:30 p.m. in H506.*

If you are interested in a more challenging choral experience, consider auditioning for the Mount Singers. Contact *Ed Archer, Director at (310) 458-6239 or e-mail mystro6@msn.com.*

Student Pizza Day

Want pizza for lunch? For your Pizza Hut Personal Pan Pizza order from Student Activities and Computer services by *4:00 p.m. on Monday, November 11*. Pizzas will be distributed in the Commuter Lounge on **Tuesday, November 12th** at 1:00 p.m.! Each pizza is only $3.50 and you may choose cheese or pepperoni.

Townhall Meeting

Come *VOICE* your comments and concerns about Student Financing and the Business Office at the next Townhall Meeting held at the **Lecture Hall on Thursday, November 14th at 1:00 p.m.** Representatives from both offices will be available to address student questions.

What does it feel like to be part of the Mount community?

The Mount needs to hear from YOU!! By November 15th, we will be mailing out the Mount St. Mary's College Diversity Climate Survey.

The purpose of this voluntary survey is to learn about your diversity-related experiences in the Mount environment. Your input will effect ongoing and future efforts at Mount St. Mary's, fostering an environment that values and embraces all forms of diversity.

Students have a **chance to win $75** in cash or in bookstore credit when you return your completed survey and drawing entry form on or before November 22, 2002. **Look for the survey in your campus or home mail.**

Christmas Magic at the Mansion

Mount St. Mary's College invites you and your family to celebrate the holiday spirit!

Sunday, December 8, 2002
2:00 pm to 4:00 pm
MSMC Doheny Mansion

Afternoon Highlights include: Self-Guided Mansion Tours, Carolers, Photos With Santa Claus, Lighting of the Tree Ceremony and Song, Most Festive Attire Contest, and Tasty Treats! Sunday Attire is *de riguer*.

RSVP to Heather Schraeder, Institutional Advancement's Manager of Special Events, at 213/477-2761.

ISAE/LEARNING CENTER

H207, ext. 4144

FREE MONEY

Are you an ISAE Student, going to enroll full time for next academic year 2003-2004, and have a minimum cumulative GPA of 2.50? If so, apply for the **WESTOP SOCAL Chapter $300 Scholarship**. Please come by the *ISAE Office to pick-up an application.* All that is needed to apply is the application, a non-ISAE recommendation letter, a personal statement and a copy of your transcripts. All applications must be turned into the ISAE Office by **Monday, December 2nd @ 12 noon**. An MSMC student has won this scholarship every year for the past 5 years! We're on a winning streak!

Write for the student newspaper!

Be part of the team that finds the stories worth reporting, compiles the articles, designs the layout and prints the college news.

Join The Oracle Staff.
Voice the concerns & needs of the students.
Take pride in what MSMC does best.

All students are welcome to join the Oracle staff. Make a difference for the whole college and contact us today! Remember, it is OUR paper.

Call **Geovanna Henao**, Editor-in-Chief (ext. 4083) or **Elena Barnes**, Advisor (ext. 4130, H200).

CAREER CENTER & INTERNSHIPS

H401, Ext. 4070

Archives MSMC

INTERNSHIP OPPORTUNITIES

For more information on the internships below, contact Elline Ballo, Graduate School/Internship Advisor, at ext. 4135 or via e-mail at **eballo@msmc.la.edu**.

1. **Los Angeles County Bar Association**
   Volunteer/Intern, Los Angeles/Pasadena
2. **Activison, Inc.**
   Human Resources Intern, Santa Monica
3. **Los Angeles Family Magazine**
   Magazine Intern, Encino
4. **Dreamworks**
   Various Internships, Glendale
5. **LA County Office of Women's Health**
   Intern, Los Angeles
6. **Factiva, A Dow Jones Reuters Company**
   Research Analyst for Sales Group, L.A.
7. **Charlotte Gusay Literacy Agency**
   Agency Intern, Los Angeles
8. **Leiner Health Products LLC**
   Tax Intern, Carson
9. **Merrill Lynch**
   Financial Investment Intern, Century City
10. **PMK/HBH Public Relations**
    Entertainment/PR Intern, Los Angeles
11. **Salomon Smith Barney**
    Internship, Sherman Oaks
12. **Law Offices of Michael H. Golland**
    Assistant/Paralegal, Los Angeles

December 2002 and May 2003 Graduates

It's Senior Picture Taking Time!

When: November 12, 13 & 14 (Tues - Thurs)
Place: Little Theater (Chalon)
Cost: Minimum $5 (*see options be low*).

$10 deal: Ten poses, cap & gown proofs, choice of yearbook photo, option to purchase portrait packages.
$15 deal: Fifteen poses, cap & gown proofs, choice of yearbook photo, option to purchase packages.
$5 yearbook pose does **not** include change of clothes or cap & gown; **no** portrait package will be available.

All Mount Students Get a Yearbook

Sophomores, Juniors and Seniors — pick up your 2001/2002 yearbook in the H401 today!

GRADUATE SCHOOL INFORMATION

H401, Ext. 4135

Graduate School Information Sessions

Graduate School Workshops sponsored by Kaplan*

November 14, 2002 – Law School and the LSAT

November 19, 2002 – Medical School and the MCAT

**Workshops are held in H404 from 1:00-2:00 p.m.*

STUDENT ACTIVITIES AND COMMUTER SERVICES

H110, Ext. 4120



Start carpooling today!



Have company, share gas expenses, and get lots of fun incentives!

To find a carpool buddy, come to the *Commuter Lounge* and sign up for Carpool Wanted (applications found on the bulletin board) and we will post your request within a day.

If you already carpool, but are not registered as an official MSMC Carpool, register today in *Student Activities and Commuter Services* (1st floor Humanities). Benefits include cash and free deli combo's.

Are you an artist? Do you have an eye for creativity? If so...we need you!

CHUGADUG, the re-enacted southwestern regional Datatel user's group that encompasses **California, Hawaii, Utah, Guam** and **Arizona** is looking for a logo. **CHUGADUG**, will be held next year at Mount St. Mary's College for our first regional conference. We are putting things in order to prepare for this great event. This includes a website with a creative logo that includes all the states mentioned above. The logo will become the "official" **CHUGADUG** logo.

Please submit all entries to chugadug@msmc.la.edu. We will take a look at them and finalize a design. There will be a prize for the winner. So get your Photoshop and QuarkXPress programs out and get drawing...our website awaits! Please submit your entries no later than November 12, 2002.

If you have additional questions, please contact the Local Arrangements Committee Co-Chairs Shannon Shank (sshank@msmc.la.edu) at x 4255 or Chris Heagle (cheagle@msmc.la.edu) at x4214.

November

Diabetes Awareness Month

Check out the Health Services Bulletin Board (Humanities, 1st Floor) for valuable information on this illness.

Be a Lifesaver, Donate Blood

The ASB Fall Blood Drive will be taking place next ***Wednesday, November 20th***. Appointments are available from ***10:00 a.m. to 3:00 p.m.***

Sign up today in Student Activities and Commuter Services, or with any ASB member.

"Show Your Spirit Day"

Winners come get your *AMC tickets* in the SACS office

Nzinga Harris, Maureen Jamir,Susana Avalos, Barbi Trevino

For more information please call extension 4120.

HEALTH SERVICES

H101, Ext. 4110

Archives
MSMC

The Health Corner

by Carol Parente, FNP

Cold and flu season has started!

Did you wake up with a scratchy throat? Has your nose become congested and you are sneezing and having to blow your nose? Does your head ache? Your body ache? You just feel bad all over….. chances are you are catching a cold! Colds are caused by a virus. **Antibiotic treatment does not cure viral infections.** If given when they are not needed antibiotics can be harmful. Here is a prescription to make you feel better while your own body's defenses defeat the virus.

Rx for colds and flu:

- Increase fluids. Juices, teas, water and soups are all good treatments for colds.
- Soothe sore throat with ice chips, water sips, gargling with salt water (1/4 tsp in 4 oz warm water) as often as needed. Throat lozenges can help the soreness too.
- For fever or body aches: Acetaminophen (Tylenol) or Ibuprofen (Advil/Motrin) 1 or 2 tabs every 4-6 hours. Don't take more than 8 tablets in 24 hours.
- Normal saline nasal spray. No prescription is necessary and helps relieve the congestion.
- Sudafed or Sudanyl (available in the Student Health Clinic) can help with severe congestion. Caution… may cause some people to feel jittery.; don't take it before bedtime.
- Avoid taking combination cold remedies along with other medication. Treat only the symptoms you have. Combination medications usually contain something for congestion, something for sneezing and runny nose, something for body aches. When taken with Tylenol or other medications, an overdose can occur.

Thursday, November 21, is the day set aside for **The Great American Smokeout.**

Stop by the Health Services table in the *Little Theater Foyer* on **Tuesday, November 19**. You'll be entered in a prize drawing (Lunch at the Cheesecake Factory). If you smoke and pledge (along with a sponsor) to stop smoking during that day. You can also enter by being a sponsor to a friend or family member who pledges to quit for the day.

Commuter Café

Overcome the cold mornings (and your sleepiness) by grabbing a freshly brewed cup of coffee at Commuter Café!

Tuesdays
8:00-10:00 am
at Student Activities and Commuter Services

Wednesdays
8:00-10:00 am
in the Commuter Lounge

Commuter Social

Attention all ***COMMUTERS***, are you interested in eating pizza and other types of food while participating in arts and crafts. Then come on down to the commuter social held on ***Wednesday, November 21*** from ***1-2 p.m.*** in the *Campus Center (West Side).*



November 15, 2002 VOLUME 9 NO.13

Chalon Student News

Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Monday, November 18	11:00 AM	A.A.C.W. Food Drive (all week)	Weekend College Patio
	11:30 AM	Monday Concert	Little Theater
Tuesday, November 19	10:00 AM	Scholar Mentor's Club-Sale	Weekend College Patio
	11:30 AM	Great American Smokeout	Little Theater Foyer
Wednesday, November 20	5:00 PM	"Viva La Revolucion!"	The Circle
	10:00 AM	Scholar Mentor's Club-Sale	Weekend College Patio
Thursday, November 21	12:00 Noon	Candy Bouquet Sale R.H.A.	Weekend College Patio
Sunday, November 24	8:00 AM	Drama Club Play	Lecture Hall

What is the best kept secret at the Mount?

THE MOUNT CHORUS



What is the Mount Chorus?

A group of young women who have a passion for singing. Many have had previous choral experience, some have not. Some read music, some do not. What they do have in common is the desire to work with others on learning, perfecting and performing good music. Many are looking for an opportunity to put the books down and have variety in their educational experience.

If you enjoy singing, sign up for the Mount Chorus. Don't miss the opportunity to participate in the Spring Concert which will include selections from Broadway Musicals and vocal Jazz. The Mount Chorus meets on *Tuesday from 7:00-8:30 p.m. in H506.*

If you are interested in a more challenging choral experience, consider auditioning for the Mount Singers. Contact *Ed Archer, Director at (310) 458-6239 or e-mail mystro6@msn.com.*

Congratulations

to the newly appointed *Multicultural Night Co-Chairs*:

Cristina Luna and Abegail Cabunic.

Be a Lifesaver, Donate Blood

The ASB Fall Blood Drive will be taking place next ***Wednesday, November 20th***. Appointments are available from ***10:00 a.m. to 3:00 p.m.***

Sign up today in Student Activities and Commuter Services, or with any ASB member.. A platelet drive will also be taking place at the same place and time. Please contact Student Activities and Commuter Services if you are interested or have any questions.

ISAE/LEARNING CENTER
H207, ext. 4144



MLA Workshop
Be MLA proficient. Come to the **MLA Documentation** workshop this **Tuesday, November 19** at **4:00 in H-301**. *Sign up at the Learning Center.*

FREE MONEY



Are you an ISAE Student, going to enroll full time for next academic year 2003-2004, and have a minimum cumulativeGPA of 2.50? If so, apply for the **WESTOP SOCAL Chapter $300 Scholarship**. Please come by the *ISAE Office to pick-up an application.* All that is needed to apply is the application, a non-ISAE recommendation letter, a personal statement and a copy of your transcripts. All applications must be turned into the ISAE Office by **Monday, December 2nd @ 12 noon**. An MSMC student has won this scholarship every year for the past 5 years! We're on a winning streak!

The Mount needs to hear from YOU!!! By now you have probably received, in your home or campus mail, a copy of MSMC's Diversity Climate Survey.

The purpose of this voluntary survey is to learn about your diversity-related experiences at the Mount. Your feedback will help us strengthen our diverse community to be even more welcoming, safe and embracing of all of us.

When you *mail or deposit your completed survey* **AND** *drawing entry form* **on or before November 22, 2002** at a designated, confidential drop off point, you have a chance to **win $75 in cash or bookstore certificates**.

If you have **not** received a copy of the survey, please contact the Office of Institutional Research and Assessment by calling *Carolyn Pineda at 310-954-4227* and we will get a copy to you immediately.

Thank you again for taking your time to tell us what you are thinking and feeling. We are listening!

Christmas Magic at the Mansion

Mount St. Mary's College invites you and your family to celebrate the holiday spirit!



Sunday, December 8, 2002
2:00 pm to 4:00 pm
MSMC Doheny Mansion



Afternoon Highlights include: Self-Guided Mansion Tours, Carolers, Photos With Santa Claus, Lighting of the Tree Ceremony and Song, Most Festive Attire Contest, and Tasty Treats! Sunday Attire is *de riguer*.

RSVP to Heather Schraeder, Institutional Advancement's Manager of Special Events, at 213/477-2761.

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Stop by the Health Services table in the *Little Theater Foyer* on **Tuesday, November 19**. You'll be entered in a prize drawing (Lunch at the Cheesecake Factory). If you smoke and pledge (along with a sponsor) to stop smoking during that day. You can also enter by being a sponsor to a friend or family member who pledges to quit for the day.

CAREER CENTER
H401, Ext. 4070

INTERNSHIP OPPORTUNITIES

For more information on the internships below, contact Elline Ballo, Graduate School/Internship Advisor, at ext. 4135 or via e-mail at **eballo@msmc.la.edu**.

1. **Rogers Middle School**
   Volunteer Counselor, Lawndale
2. **US Department of Commerce**
   Business and E-commerce Intern, L.A.
3. **American Honda Motor Co., Inc.**
   National Trainee Program, Torrance
4. **MB Escrow, Inc.**
   Escrow Assistant, Beverly Hills
5. **Leonard & Ohren**
   Real Estate Trainee, Marina del Rey
6. **WMC Direct**
   Appraiser Trainees, Woodland Hills
7. **Seia, LLC**
   Invest. Management Intern, L.A
8. **Weiko Lin**
   Assistant To Screenwriter, West L.A.
9. **The Community College Foundation**
   Student Assistant, Irvine
10. **20th Century Fox Television**
    Research & Market Intern, Century City
11. **Lifetime Television**
    Intern, Los Angeles
12. **MexArt Fest**
    Office/Production Curatorial Assist., LA
13. **US Department of Labor, ESA**
    Office Automation Clerk, West Covina
14. **Los Angeles County Police**
    Sales/Marketing/PR Coordinator,Sylmar

GRADUATE SCHOOL INFORMATION
H401, Ext. 4135

Graduate School Information Sessions
Graduate School Workshops sponsored by Kaplan*
November 19, 2002 – Medical School and the MCAT
**Workshops are held in H404 from 1:00-2:00 p.m.*

RESIDENCE LIFE
Brady 101, Ext. 4325

All residents interested in staying in the Residence Halls any day over **Thanksgiving Break** need to sign up on the THANKSGIVING CENSUS by your RA's door *by Monday, November 18, 2002*. You **MUST** sign up in order to stay in the Residence Halls. All college policies as listed in the Student Handbook still apply during Thanksgiving Break.

Food Services will **NOT** be providing meals during the Thanksgiving Break. The *last meal served* will be dinner on Wednesday, November 27th, and the first meal served will be brunch on Sunday, December 1st.

Shuttles will be available to take students to LAX on Tuesday, November 26th and Wednesday, November 27th at 10 AM, and 2 PM. In order to reserve a spot on a shuttle, you need to sign up on the clipboards in the Residence Life Office (Brady 101) 24 hours in advance. Shuttles will only run if there are 3 or more people per shuttle.

StopTrans will not run on Thursday, November 28 or Friday, November 29. There will be a normal Saturday schedule for November 30th.

If you have any questions, please ask your RA, or contact the Residence Life Office (Brady 101) at x4325. We hope you all have a safe and relaxing Thanksgiving Break!

STUDENT ACTIVITIES AND COMMUTER SERVICES

H110, Ext. 4120

"Come for Friends and Stay for FRIENDS!!!"

ASB will be hosting an All Class Meeting on **Monday, November 18, 2002 in Brady 1st Floor Lounge at 7:15 p.m.** Come and have nachos and watch a "Friends" Marathon! Hope to see you all there!!!

ATTENTION CLUB PRESIDENTS

The Presidents' Round Table will be taking place this **Wednesday, November 20th in Brady 1st Lounge from 9 p.m. to 10 p.m.** Come share your ideas, and learn more about what other presidents are doing.

ASB Position Opening

ASB is currently looking for a Chair of Finance for the Spring Semester. Applications will be available Monday, November 18th in the Student Activities and will be due on Monday, November 25th. If you are interested in this position, please come to Student Activities and Commuter Services and pick up an application.

Start carpooling today!

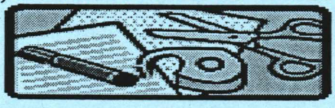
Have company, share gas expenses, and get lots of fun incentives!

To find a carpool buddy, come to the *Commuter Lounge* and sign up for Carpool Wanted (applications found on the bulletin board) and we will post your request within a day.

If you already carpool, but are not registered as an official MSMC Carpool, register today in *Student Activities and Commuter Services* (1st floor Humanities). Benefits include cash and free deli combo's.

Commuter Social

Come to the Fall Semester Commuter Social and get to know your fellow commuter students while making crafts and eating! It will be held on **Thursday, November 21st from 1:00-2:00 p.m. in the Campus Center.**



Commuter Café

Overcome the cold mornings (and your sleepiness) by grabbing a freshly brewed cup of coffee at Commuter Café!

Tuesdays
8:00-10:00 a.m.
at Student Activities and Commuter Services

Wednesdays
8:00-10:00 a.m.
in the Commuter Lounge

"Show Your Spirit Day"

Winners come get your *AMC tickets* in the SACS office

Nzinga Harris, Maureen Jamir, Susana Avalos, Barbi Trevino

For more information please call extension 4120.

HEALTH SERVICES

H101, Ext. 4110

Archives
MSMC

Health Services Student News article

The recent death of a USC student that may be related to bacterial meningitis has spurred a number of questions by our students. The following is information in response to those questions and is quoted from the Center for Disease Control (CDC) and The Department of Health Services (DHS)

- Bacterial meningitis is a life threatening disease that is transmitted from person to person in secretions from the nose and throat. Bacteria are not spread by casual contact or by simply breathing the air near an infected person, but require close contact with saliva of an infected person. Examples of close contact would include sharing a beverage, cigarettes, lip balm, food or food utensils, or mouth to mouth kissing with the infected person. The bacteria does not survive for more than a few minutes outside of the host.

- Symptoms of the disease include a sudden and severe headache, stiff neck, fever greater than 101 degrees F., a rash (tiny red or purple-black spots or larger spots resembling bruises), nausea, sleepiness and vomiting. Advanced complications are confusion and seizures. Anyone with these symptoms should seek immediate medical care.

- Meningococcal disease is uncommon. Of the 14 million students enrolled in colleges nationwide, approximately 100 acquire the disease. It is important to note that College Freshman living in dormitories have a modestly increased rate (4.6 cases per 100,000 people per year). It is recommended by the Center for Disease Control and the American Academy of Pediatrics that these students consider vaccination.

-The vaccine is available through Health Services on both campuses. The cost is $63. For questions or to make an appointment, call Health Services at X2685 (Doheny) or X4110 (Chalon). You can also view the CDC website, www.cdc.gov for further information.

FOSTER GIRLS SUCCESS DAY

Please consider volunteering as a "Success Coach" for this years Foster Girls Success Day event on **Friday, December 20th from 9 a.m. to 1 p.m.** Our goal is to match each two girls with just one coach. In addition to the core program of our standard job-search training, the coaches will join the girls in enjoying a work-attire fashion show, Success Speakers, and lunch.

Each woman volunteer at Success Day will spend a half day mentoring and encouraging two foster girls ages 12-17.

FOSTER GIRLS SUCCESS DAY will be held for one hundred and twenty five foster girls at Mt. Saint Mary's College in **Los Angeles**, for one hundred foster girls at Crabtree's Kittle House Inn, in Chappaqua **New York**, and for one hundred foster girls in **Washington DC** on Fri. Dec. 20th.

Please fill out and fax back the attached volunteer reservation flyer **(found on page 6 of the Chalon Student News)** to encourage and mentor two foster girls ages 12-17 at this years Foster Girls Success Day event.

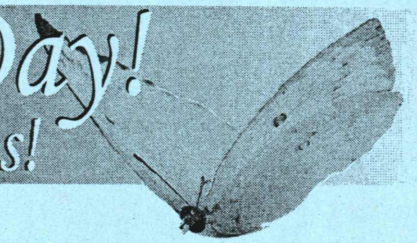
FOSTER GIRLS SUCCESS DAY will be the largest gathering of foster girls in the US this year, and will be held in Los Angeles, New York and Washington DC. A sister event will take place simultaneously in London. Emmy Award winning actress Victoria Rowell, Good Day Live host Jillian Barberie and Los Angeles City Council Member Wendy Greuel will provide messages of Encouragement to the girls.

If you have any questions please Don Mac MacAllister at (949) 278-2040.
www.americaworksforkids.org

VOLUNTEER RESERVATION FORM

Foster Girls Success Day!

Follow Your Dreams!



Volunteer Success Coaches Needed!

Messages of Encouragement from Wendy Greuel, Jillian Barberie & Victoria Rowell!

Foster Girls Success Day will allow 500 foster girls from orphanages across Southern California and New York to receive a full day of instructional and inspirational events to gear the girls up for starting their careers. The day will include:

- Continental Breakfast
- T-Shirt Giveaway & Goodie Bags
- Success Series Women Speakers
- Self-esteem Workshops
- Education & Employment Workshops
- Make-over Examples Workshop
- Luncheon
- Working Attire Fashion Show

Sign-up

YES! I Would Like To Be A Success Coach Volunteer!!

Please Check Location

☐ Los Angeles ☐ New York ☐ Washington D.C.

Organization: _____

Primary Contact: _____

Phone: _____

Fax: _____

Email: _____

Success Coach Volunteer Names

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

For more spaces, please fax additional form

Friday, December 20th, 2002

Volunteer Check in time: 8:00

Workshop time: 8:00 a.m. To 2:00 p.m.

(Business Attire Requested)



Los Angeles Location
Mount Saint Mary's College
12001 Chalon Rd., Los Angeles, CA 90049
(Sunset Blvd. & Bundy)

New York Location
Crabtree's Kittle House Inn
11 Kittle Road, Chappaqua, NY 10514
(Route 5 & Kittle Road)

Washington D.C. Location
NAFFCAA
5505 Kennedy Street N.W.
Washington, DC 20099

hosted by

AMERICA WORKS FOR KIDS!

TO REGISTER, please complete this form and:
Fax: 949-450-1171
Call: 949-585-8611 or 949-278-2040
Email:results@americaworksforkids.org

November 22, 2002 VOLUME 9 NO.14

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Saturday, November 23	8:00 PM	L.A. Chamber Singers Concert	Mary Chapel
Sunday, November 24	8:00 AM	Drama Club Play	Lecture Hall
Monday, November 25	11:30 AM 6:00 PM	Monday Concert Accounting Association Dinner	Little Theater Art Gallery
Tuesday, November 26	11:00 AM 12 NOON	DOCS Bake Sale Love Your School Day	Weekend College Patio The Circle
Wednesday, November 27	12 NOON	Love Your School Day	The Circle
Thursday, November 28	**All Day**	**Thanksgiving-No School!**	**School-Wide**
Friday, November 29	**All Day**	**NO SCHOOL!**	**School-Wide**
Sunday, December 1	12 NOON	Advent Wreath Making	Campus Center

FOSTER GIRLS SUCCESS DAY

Please consider volunteering as a "Success Coach" for this year's Foster Girls Success Day event on **Friday, December 20th from 9 a.m. to 1 p.m.** Our goal is to match each two girls with just one coach. In addition to the core program of our standard job-search training, the coaches will join the girls in enjoying a work-attire fashion show, Success Speakers, and lunch.

Each woman volunteer at Success Day will spend a half day mentoring and encouraging two foster girls ages 12-17.

FOSTER GIRLS SUCCESS DAY will be held for one hundred and twenty five foster girls at Mount St. Mary's College in **Los Angeles**, for one hundred foster girls at Crabtree's Kittle House Inn, in Chappaqua **New York**, and for one hundred foster girls in **Washington DC** on Fri. Dec. 20th. A sister event will take place simultaneously in London. Emmy Award winning actress Victoria Rowell, Good Day Live host Jillian Barberie and Los Angeles City Council Member Wendy Greuel will provide messages of Encouragement to the girls.

Please fill out and fax back the attached volunteer reservation flyer (**found on page 6 of the Chalon Student News**) to encourage and mentor two foster girls ages 12-17 at this years Foster Girls Success Day event.

If you have any questions please Don Mac MacAllister at (949) 278-2040.
www.americaworksforkids.org

ISAE/LEARNING CENTER

H207, ext. 4144



IT'S NOT TOO LATE TO MEET WITH YOUR ISAE COUNSELOR!

If you weren't able to meet with your ISAE counselor before advisement, you should still make an appointment to review your four-year plan before the semester ends. Remember, in order to keep your ISAE participation in good standing (for Spring events and other perks), you are required to meet with your counselor and Peer Advisor at least once per semester.

Got Cash



Are you an ISAE Student, going to be a full time student next year and at least a 2.5 GPA? Come to the ISAE Office to apply for the **WESTOP SOCAL Chapter $300 Scholarship**. All applications must be turned into the ISAE Office by **Monday, December 2nd @ 12 noon**.



CAMPUS MINISTRY

H110, Ext. 4120

November is Hunger and Homelessness Awareness Month

As Thanksgiving and Advent approach, FASA (Chalon), Campus Ministry (Chalon and Doheny), and ASB (Chalon and Doheny) would like to invite you to a month of special generosity. As we enter this season of giving, let us not forget those who have so little - especially our Los Angeles and Santa Monica homeless neighbors.

* On **November 25-27**, we will have a *food drive*.
Please bring canned goods and non-perishable items to help us make Thanksgiving baskets for the poorer families in our neighborhood. Remember how special Thanksgiving is for you, and help us make it just as special for those without adequate housing.

* On **December 2-6**, we will have a *health supplies drive*.
Health supplies are urgently needed, and include toiletries such as soap, tissue, shampoo, razors, lotion, etc. All items must be in their original packaging.

All of these gifts will be donated directly to the homeless people we have served throughout the semester, or to the services provided by the Missionary Brothers of Charity (downtown Los Angeles) and the St. Joseph's Center (Venice).

Please be especially generous in your giving during this time of greatly increasing poverty in our local, national and global communities.

The Mount needs to hear from **YOU** - And we've extended the deadline to December 3rd for the Diversity Climate Survey!!!!

The purpose of this voluntary survey is to learn about your diversity-related experiences at the Mount. Your feedback will help us strengthen our diverse community to be even more welcoming, safe and embracing of all of us.

When you mail or deposit your completed survey AND drawing entry form at a designated, confidential drop off point, you have a chance to win $75 in cash or bookstore certificates.

If you have not received a copy of the survey, please contact the Office of Institutional Research and Assessment by calling Carolyn Pineda at 310-954-4227, and we will get a copy to you immediately.

Thank you again for taking your time to tell us what you are thinking and feeling. We are listening!

CAREER CENTER
H401, Ext. 4070

INTERNSHIP OPPORTUNITIES

For more information on the internships below, contact Elline Ballo, Graduate School/Internship Advisor, at ext. 4135 or via e-mail at **eballo@msmc.la.edu**.

1. **MUN2 Television Network**
   Entertainment TV Internship, Los Angeles
2. **Turner Broadcasting System, Inc**
   Public Relations Intern, Los Angeles
3. **Vision 2000**
   Business Rep. Intern, Hermosa Beach
4. **Merritt Mead Loughran, Inc.**
   Marketing and PR Intern, Venice
5. **Target Market Interactive**
   Account Coordinator Internship, L.A.
6. **Congresswoman Jane Harman**
   Congressional Intern, Redondo Beach
7. **Sony Pictures Entertainment**
   CCTV Intern, Culver City
8. **Cequal Products, Inc.**
   Sales & Marketing Intern , Santa Monica
9. **Los Angeles County Bar Association**
   Domestic Violence Intern, LA/ Pasadena
10. **PALS For Health**
    Health Promotions Intern, Los Angeles
11. **United States Bankruptcy Court**
    Judicial Extern, Santa Ana
12. **DreamWorks**
    Entertainment Internships, Glendale



RESIDENCE LIFE
Brady 101, Ext. 4325



Food Services will **NOT** be providing meals during the Thanksgiving Break. The *last meal served* will be dinner on **Wednesday, November 27th**, and the first meal served will be brunch on **Sunday, December 1st**.

Shuttles will be available to take students to **LAX** on **Tuesday, November 26th and Wednesday, November 27th** at 10 AM, and 2 PM. In order to reserve a spot on a shuttle, you need to sign up on the clipboards in the Residence Life Office (Brady 101) **24 hours in advance**. Shuttles will only run if there are 3 or more people per shuttle.

StopTrans will not run on **Thursday, November 28 or Friday, November 29**. There will be a normal Saturday schedule for November 30th.

If you have any questions, please ask your RA, or contact the Residence Life Office (Brady 101) at x4325. We hope you all have a safe and relaxing Thanksgiving Break!



FITNESS EDUCATION
Gym, Ext. 4345



12 Days of Fitness
New Fitness Incentive program beginning on **December 1st and going through December 12th**. By taking care of yourself first, you'll get through your finals and stay healthy through the holidays with less stress, more enjoyment and more energy! Sign up now at the Fitness Center.

Spring Fitness Classes
Don't forget to add your class now before they fill up. The Registrar's office will assist you with this.

Smartbodies
Anyone interested in becoming a Smartbodies Coordinator for the Spring Semester, please make an appointment with Maureen Bond, Director of Fitness Education, x4347.

STUDENT ACTIVITIES AND COMMUTER SERVICES

H110, Ext. 4120

ASB Position Opening

ASB is currently looking for a Chair of Finance for the Spring Semester. Applications will be available in Student Activities and will be due on Monday, November 25th. If you are interested in this position, please come to Student Activities and Commuter Services and pick up an application.

Chalon Associated Student Body invites you to the Annual



Christmas Social and Lighting of the Circle



Monday, December 2, 2002

Christmas Social
11:00 AM to 3:00 PM
Lecture Hall
Please join us for crafts, treats, and a photo with Santa Claus.

Lighting of the Circle
6:00 PM

Sponsored by Chalon ASB and Campus Ministry

HEALTH SERVICES
H101, Ext. 4110

The Health Corner
by Carol Parente FNP-C

How can you tell if you have a cold or the flu? Knowing which symptoms go with which illness can help lead you to the answer.

1. Fever is a symptom of:
Answer: Flu
Fevers are a high characteristic of the flu. They are usually between 101° F and 102° F and can last 3-4 days.

2. Headache is a symptom of:
Answer: Flu
Headache is a prominent symptom of flu and rare for colds.

3. General aches and pains are symptoms of:
Answer: Flu
General aches and pains are usually a sign of the flu, especially if pains are severe. They can sometimes be associated with a cold.

4. Fatigue and weakness are symptoms of:
Answer: Cold
Mild fatigue is a sign of a cold, but longer-lasting fatigue could be the flu. It can last up to two ~~to three~~ weeks.

5. Extreme exhaustion is a symptom of:
Answer: Flu
Extreme exhaustion is a prominent symptom of the flu.

6. A stuffy nose is a symptom of:
Answer: Cold
A stuffy nose is a common symptom of a cold. It can sometimes be associated with the flu.

7. Sneezing is a symptom of:
Answer: Cold
Sneezing is usually a sign of a cold, but can sometimes be associated with the flu.

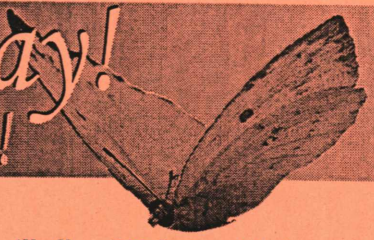
8. A sore throat is a symptom of:
Answer: Cold
A sore throat is a common symptom of a cold, but can sometimes be associated with the flu.

9. Chest discomfort and a cough are symptoms of:
Answer: Flu
These are common symptoms of the flu, especially if severe. A mild cough and chest discomfort may be associated with a cold.
To protect you during this year's winter flu season, get your flu shot. It's available in the Health Services for $9.

VOLUNTEER RESERVATION FORM

Foster Girls Success Day!

Follow Your Dreams!



Volunteer Success Coaches Needed!

Messages of Encouragement from Wendy Greuel, Jillian Barberie & Victoria Rowell!

Foster Girls Success Day will allow 500 foster girls from orphanages across Southern California and New York to receive a full day of instructional and inspirational events to gear the girls up for starting their careers. The day will include:

- Continental Breakfast
- T-Shirt Giveaway & Goodie Bags
- Success Series Women Speakers
- Self-esteem Workshops
- Education & Employment Workshops
- Make-over Examples Workshop
- Luncheon
- Working Attire Fashion Show

Sign-up

YES! I Would Like To Be A Success Coach Volunteer!!

Please Check Location

☐ Los Angeles ☐ New York ☐ Washington D.C.

Organization: _____

Primary Contact: _____

Phone: _____

Fax: _____

Email: _____

Success Coach Volunteer Names

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

For more spaces, please fax additional form

Friday, December 20th, 2002

Volunteer Check in time: 8:00

Workshop time: 8:00 a.m. To 2:00 p.m.

(Business Attire Requested)



Los Angeles Location
Mount Saint Mary's College
12001 Chalon Rd., Los Angeles, CA 90049
(Sunset Blvd. & Bundy)

New York Location
Crabtree's Kittle House Inn
11 Kittle Road, Chappaqua, NY 10514
(Route 5 & Kittle Road)

Washington D.C. Location
NAFFCAA
5505 Kennedy Street N.W.
Washington, DC 20099

hosted by
AMERICA WORKS FOR KIDS!

TO REGISTER, please complete this form and:
Fax: 949-450-1171
Call: 949-585-8611 or 949-278-2040
Email:results@americaworksforkids.org

November 27, 2002 VOLUME 9 NO.15

Chalon Student News

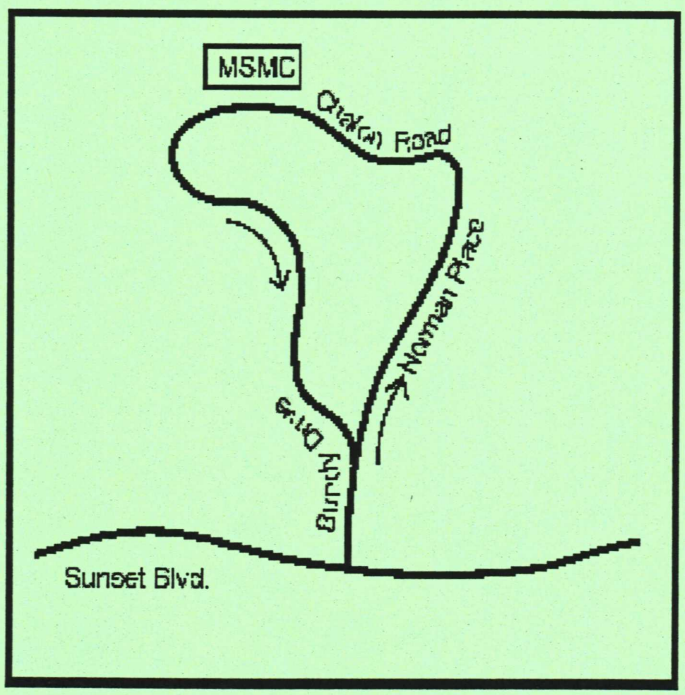
Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS EVENTS

Sunday, December 1	12 NOON	Advent Wreath Making	Campus Center
Monday, December 2	8:00 AM	Doheny Christmas Boutique	Donohue Center
	10:00 AM	Monday Concert	Little Theater
	11:00 AM	Kwanza Dessert Sale-A.A.C.W.	Weekend College Patio
Tuesday, December 3	8:00 AM	Doheny Christmas Boutique	Donohue Center
	12 NOON	Love Your School Day	The Circle
Thursday, December 5	9:40 AM	Psychology Day	Campus Center
	11:00 AM	De-Stress Day	Donohue Center
Friday, December 6	12 NOON	December Grad Luncheon	Campus Center
Saturday, December 7	3:00 PM	Christmas Choral Concert & Reception	Lecture Hall
Sunday, December 8	2:00 PM	Christmas Open House-Doheny Mansion	Pompeian Room

Driving Courtesy Helps Build Good Neighbor Relations



The Mount has worked very hard to build good relations with our neighbors in the communities surrounding our campuses. At Chalon, we have created a Town and Gown Committee of representatives of the College and the community to discuss ways to ensure the quality of life of our students and neighbors.

One of the biggest issues we face is the traffic to and from our Chalon Campus. Driving near campus takes us on narrow residential streets that have no sidewalks. Please help ensure the safety of our neighbors by obeying the speed limit and keeping a watchful eye for them, their children, and their pets. Please keep the volume on car stereos down, too -- just as you would like your own neighbors to do.

In accordance with an agreement with the Brentwood Homeowners Association, vehicles traveling to the Chalon Campus are required to use Bundy Drive and the "one-way loop" (see below) by turning right onto Norman Place from Bundy Drive when approaching campus, left on Chalon Road and right into the Mount St. Mary's College driveway. **When exiting the College, all vehicles must turn right on Chalon Road and proceed to Bundy Drive. Do not use Norman Place to travel southbound from campus.** The speed limit is 25 mph on the streets near campus. Failure to observe the law and College policies may lead to disciplinary action and the loss of parking privileges.

Attention Mount Community

As you know, there is a residential community located to the south of Chalon Road, just opposite the entrance of the College. These residents set up their numerous trash bins on the street every Monday for a Tuesday pick up.

We would like to request that students, faculty, and staff not park along the south side of Chalon Road, east of Grace Lane, on Mondays and Tuesdays, both to assist the neighbors and to allow the City of Los Angeles to fulfill its duty in collecting the trash and recycling. This would be an act of graciousness, consideration and respect on behalf of the entire Mount community.

ISAE/LEARNING CENTER

H207, ext. 4144



$300 SCHOLARSHIP DUE!

Just a reminder that the **WESTOP SOCAL Chapter $300 Scholarship** is due on **Monday, December 2, 2002**. All applications must be turned into the ISAE Office **by 12 noon**! Good luck to all those who apply!

CAMPUS MINISTRY

H110, Ext. 4120

November is Hunger and Homelessness Awareness Month

As Thanksgiving and Advent approach, FASA (Chalon), Campus Ministry (Chalon and Doheny), and ASB (Chalon and Doheny) would like to invite you to a month of special generosity. As we enter this season of giving, let us not forget those who have so little - especially our Los Angeles and Santa Monica homeless neighbors.

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Health supplies are urgently needed, and include toiletries such as soap, tissue, shampoo, razors, lotion, etc. All items must be in their original packaging.

All of these gifts will be donated directly to the homeless people we have served throughout the semester, or to the services provided by the Missionary Brothers of Charity (downtown Los Angeles) and the St. Joseph's Center (Venice).

Please be especially generous in your giving during this time of greatly increasing poverty in our local, national and global communities.



The Mount needs to hear from **YOU** - And we've extended the deadline to December 3rd for the Diversity Climate Survey!!!!

The purpose of this voluntary survey is to learn about your diversity-related experiences at the Mount. Your feedback will help us strengthen our diverse community to be even more welcoming, safe and embracing of all of us.

When you mail or deposit your completed survey AND drawing entry form at a designated, confidential drop off point, you have a chance to win $75 in cash or bookstore certificates.

If you have not received a copy of the survey, please contact the Office of Institutional Research and Assessment by calling Carolyn Pineda at 310-954-4227, and we will get a copy to you immediately.

Thank you again for taking your time to tell us what you are thinking and feeling. We are listening!

CAREER CENTER
H401, Ext. 4070

Archives MSMC

Are you interested in attending **Medical School**?
Do you know how to get there?

Find out about clinical volunteer opportunities, pre-med conferences, interesting speakers coming to campus, medical school applications, writing personal statements, interview tips, AND MORE!

Date: Wednesday December 4th
Time: 5-6 pm
Place: Chalon Campus H506 -- Refreshments provided!!

Hope to see you there!!!

For more information, please contact Elline Ballo, Graduate School/Internship Advisor, at 310-954-4135.



FITNESS EDUCATION
Gym, Ext. 4345



12 Days of Fitness
New Fitness Incentive program beginning on **December 2nd and going through December 12th**. By taking care of yourself first, you'll get through your finals and stay healthy through the holidays with less stress, more enjoyment and more energy! The deadline to sign up for the **"12 Days of Fitness"** is **December 2nd,** so sign up now at the Fitness Center!

Spring Fitness Classes
Don't forget to add your class now before they fill up. The Registrar's office will assist you with this.

Smartbodies
Anyone interested in becoming a Smartbodies Coordinator for the Spring Semester, please make an appointment with Maureen Bond, Director of Fitness Education, x4347.

HEALTH SERVICES
H101, Ext. 4110

Feeling Stressed?

DE-STRESS DAY IS COMING



Tuesday, Dec. 3
11:00 AM to 2:30 PM
In the Lecture Hall (Chalon)



Come for arts & crafts, massage, acupressure, games, and a chance for you to relax before finals and before the holiday rush.
Sponsored by Health Services, Counseling & Psychological Services (CPS), and the Student Health Advocates(SHAC)

STUDENT ACTIVITIES AND COMMUTER SERVICES

H110, Ext. 4120





Chalon Associated Student Body invites you to the Annual

Christmas Social
and
Lighting of the Circle

Monday, December 2, 2002

Christmas Social
11:00 AM to 3:00 PM
Lecture Hall
Please join us for crafts, treats, and a photo with Santa Claus.

Lighting of the Circle
6:00 PM

Sponsored by Chalon ASB and Campus Ministry

Carpool Token Redemption!

The last carpool token redemption of the semester will take place **Monday through Friday, December 2 through 6.** Come to *Student Activities and Commuter Services* and turn in your tokens. You may also sign up for next semester's carpool program at that time.

FOSTER GIRLS SUCCESS DAY

Please consider volunteering as a "Success Coach" for this year's Foster Girls Success Day event on **Friday, December 20th from 9 a.m. to 1 p.m.** Our goal is to match each two girls with just one coach. In addition to the core program of our standard job-search training, the coaches will join the girls in enjoying a work-attire fashion show, Success Speakers, and lunch.

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Please fill out and fax back the attached volunteer reservation flyer **(found on page 6 of the Chalon Student News)** to encourage and mentor two foster girls ages 12-17 at this years Foster Girls Success Day event.

If you have any questions please Don Mac MacAllister at (949) 278-2040.
www.americaworksforkids.org

EXPERIENTIAL LEARNING/AMBASSADOR PROGRAM

Brady Patio Basement, Ext. 4106

Archives
MSMC

From: Student Ambassador Program

Attention: All Mount Students!
We are currently accepting applications for our High School Ambassador Program.

What is a High School Ambassador?
A high school ambassador works with high school students, answering questions about preparation for college, college life, financial aid, and provides assistance to college counselors. Each ambassador is assigned to a site and works and average of 6-8 hours per week.

Eligibility:

- Traditional, undergraduate, Chalon or Doheny students
- At least second-semester freshman standing
- At least a 2.5 cumulative GPA
- Complete an application, submit a letter of recommendation, participate in an interview over the winter break

If you are interested in applying, please pick up an application at either one of our offices:

Chalon – Brady Patio Basement Office, (310) 954-4106
Doheny – Building 7, (213) 477-2572

*****Applications are due the last day of finals!**

For more information, please contact Melissa Romero, Program Assistant for Experiential Learning at (310) 954-4080.

Attention All…

High School Ambassadors
Community Partner Ambassadors
Math Achievement Program Ambassadors

Happy Holidays!

Please join us for our
Annual Holiday Social

Thursday, December 5th, 2002
7:00-8:00p.m.
Doheny, Building 7
In the Office of Experiential Learning

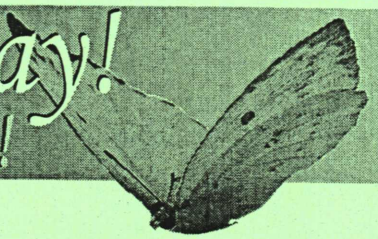
Enjoy special holiday treats!
Mingle with fellow Ambassadors!
Best of all…pick up your Christmas gift!

Please RSVP with Gina Aguirre, Chalon Office Manager, at (310) 954-4106 or contact Melissa Romero at (310) 954-4080 for further information.
Please check your mailboxes for a formal invitation!

VOLUNTEER RESERVATION FORM

Foster Girls Success Day!

Follow Your Dreams!



Volunteer Success Coaches Needed!

Messages of Encouragement from Wendy Greuel, Jillian Barberie & Victoria Rowell!

Foster Girls Success Day will allow 500 foster girls from orphanages across Southern California and New York to receive a full day of instructional and inspirational events to gear the girls up for starting their careers. The day will include:

- Continental Breakfast
- T-Shirt Giveaway & Goodie Bags
- Success Series Women Speakers
- Self-esteem Workshops
- Education & Employment Workshops
- Make-over Examples Workshop
- Luncheon
- Working Attire Fashion Show

Sign-up

YES! I Would Like To Be A Success Coach Volunteer!!

Please Check Location

☐ Los Angeles ☐ New York ☐ Washington D.C.

Organization: _____

Primary Contact: _____

Phone: _____

Fax: _____

Email: _____

Success Coach Volunteer Names

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

For more spaces, please fax additional form

Friday, December 20th, 2002

Volunteer Check in time: 8:00

Workshop time: 8:00 a.m. To 2:00 p.m.

(Business Attire Requested)



Los Angeles Location
Mount Saint Mary's College
12001 Chalon Rd., Los Angeles, CA 90049
(Sunset Blvd. & Bundy)

New York Location
Crabtree's Kittle House Inn
11 Kittle Road, Chappaqua, NY 10514
(Route 5 & Kittle Road)

Washington D.C. Location
NAFFCAA
5505 Kennedy Street N.W.
Washington, DC 20099

hosted by

AMERICA WORKS FOR KIDS!

TO REGISTER, please complete this form and:
Fax: 949-450-1171
Call: 949-585-8611 or 949-278-2040
Email:results@americaworksforkids.org

JANUARY 10, 2003 VOLUME 9 NO 16

Chalon Student News

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

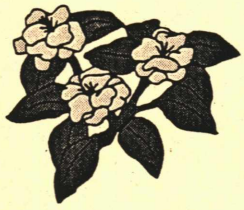
CHALON CAMPUS EVENTS

Wednesday, January 15	**CLASSES BEGIN**
Monday, January 20	**COLLEGE CLOSED - MARTIN LUTHER KING JR. (observed)**

Dear Athenians,

Welcome to the spring semester of 2003! The first days back in January are always a special time of the year. Christmas and the beginning of the New Year are just behind us and, though it is still winter, you can sense the promise of spring, when everything seems possible.

May you begin this semester well. May you choose to excel in your studies, your own self-care and your commitment to your academic and personal goals. May you recommit yourself to your own spiritual journey and to the use of your talents and skills in the service of others. And above all, may you make the most of the months ahead, so that this gift of time will be treasured and remembered as something of great value.



Good journey!

Jane E. Lingua, Ph.D.
Vice President for Student Affairs



NEW CAMPUS SECURITY

Attention all Mount Students:

Mount St. Mary's College has recently hired Allied Security to meet the security needs of the Chalon and Doheny campuses. Their professional staff will be on campus 24 hours a day, seven days a week, ensuring the safety of our students and employees, as well as visitors to the college.

Please note, to facilitate travel onto campus, **be sure to display your parking permit** prominently in the front of your vehicle. Also, students, faculty and staff should **carry your MSMC ID** at all times, and present it when requested. Security concerns or questions for both campuses should be directed to Dr. Mari Wadsworth, Associate Vice President for Student Affairs:

CHALON: ext. 4130, H200 DOHENY: ext. 2571, Bldg. 7

STUDENT ACTIVITIES AND COMMUTER SERVICES

Humanities 1st Floor, ext. 4120

ID Stickers

ID stickers for all returning students are now available. Stop by to receive your sticker . . . and don't forget your ID.

BRB Packets

Attention Club Presidents and Treasurers! BRB Packets are now available for pickup. Remember, the deadline for submission is Friday, January 24th.



ASB Welcome Back Dance

Come to the *Welcome Back Dance* on **Thursday, January 23rd** and shake your semester worries away. The dance will take place in the Campus Center from 9 pm to midnight and will feature a DJ and refreshments.

Townhall Meetings

Come and voice your opinion on campus issues at our monthly Townhall Meetings:

February 20th **March 20th** **April 15th**

All student comments are welcome! Meetings will take place from 1:00—2:00 PM in the Lecture Hall.

Formal

This year's formal, ***An Evening of Elegance*** will take place on Friday, February 28th at the Victorian in Santa Monica. All students are welcome! Come and get your tickets in the SACS office for $46.00.

Formal Fashion Show

Come and see your fellow students strut their stuff on the cat run! You can sign up to represent your club (or yourself) in this campus-wide fashion show. The fashion show will be taking place on **Thursday, February 6th** in the Little Theater from 6:00 - 10:00 PM.



Welcome Commuters

Pass by the Campus Center on **Thursday, January 16th** and pick up information on Commuter Services as well as some FREE food! We will have sign up sheets available for all commuter services (including the Carpool Program, Lockers, and the Carpool Wanted service). Stop by from 8:00 - 10:00 AM and say HI!

Position Opening: Are you a commuter? Do you want to make some money between classes? We have an offer you can't resist! Applications are now available for Commuter Assistant in the SACS office (across from the Commuter Lounge). **Applications are due on January 24th.**

Carpool Program

Applications for the Carpool Program are now available in the SACS office for all who have existing carpools. *Don't have a carpool*? Want to see if other students in your area are interested in sharing the ride with you? Sign up for the Carpool Wanted service! All who sign up for the Carpool Program by **Friday, January 31st** will receive a $20 rebate on their parking permit purchase. The Carpool Program will begin on Monday, January 27th.



Carpool Token Redemption will take place in the SACS office from 10:00 AM to 2:00 PM, Monday thru Friday, during the weeks of **February 24, March 31, and April 28, 2003.**

Locker Sign-ups

All commuters are eligible for lockers in the Humanities building. If you already have a locker from the Fall semester, you may use it until the end of this semester. If you do not currently have a locker and would like one, stop by the SACS office and sign up today!

Commuter Café

Come and get a freshly brewed cup of coffee every **Tuesday and Wednesday** from 8:00 - 10:00 AM in the SACS office (Tuesdays) and the Commuter Lounge (Wednesdays).

WOMEN'S LEADERSHIP

H201, ext. 4350, 2664

LWS 1B - Leadership Concepts

An introduction to key leadership issues and concepts for women, with special emphasis on the development of team work, decision-making and communication skills. Develop self-leadership skills, learn and practice group planning and problem solving through fun, creative, and interactive activities. Sign up today!



Chalon: TUE 7:00 –8:00 PM, Instructor = Eté Anderson, Location TBA
Doheny: MON 7:00 - 8:00 PM, Instructor = Portia Bacor, Location TBA

"We cannot direct the wind, but we can adjust our sails." —A. Sanchez

The *Busy Person's Retreat* will be held Sunday—Thursday, **January 26 - 30.**
Please call Campus Ministry at ext. 4125 for more info!

YEARBOOK NEWS

May 2003 Graduates —

It's 2013, you're going through those boxes you have had in storage and come across your 2002/2003 MSMC Athenian Yearbook. You turn to the senior (or underclass) portrait section and don't find yourself! *Why*? Because you forgot to have your picture taken! Don't be left out! For more information and to sign up, visit the Career Center in H401 or in Building 3.



Senior Portraits:	**January 27, 28, 29 or 30** (Chalon) **February 11 & 12, 2003** (Doheny)
Cost for seniors:	$5 yearbook pose only; $10 up to 10 poses including cap & gown; $15 up to 15 poses including cap & gown)
Cost for non-seniors	$5.00.

IMPORTANT DEADLINES



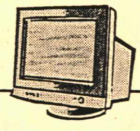
⇒ Last day to Add/Drop or Declare an Audit is Wednesday January 29th.

⇒ Turn your Cal Grant form into the Registrar's Office by the end of the month, Friday, January 31st to ensure it will be processed by the March deadline.

⇒ The last day to withdraw with a "W" or file for CR/NC is Monday March 24th, 2003.

FIND THE CHALON STUDENT NEWS:

1. On the intranet: intranet.msmc.la.edu
2. Around Campus: Business Office, Campus Center, Career Center, Fitness Center, Learning Center, Little Theater Foyer, Mailroom, residence Life, and Student Affairs
3. On the Web: www.msmc.la.edu → Current Students/Campus News/CSN





ISAE/LEARNING CENTER

H207, ext. 4144

Spend an Hour to Make the Most of Your Hours!

You've heard that you need to spend money, to make it? The same can be said for time. Come and pick up tips to manage your schedules more effectively. Attend the TIME MANAGEMENT WORKSHOP on **Thursday, January 23, 1:00 - 2:00 PM**. You'll receive hand-outs and useful advice for making the most of a most precious commodity – your time. For more info, contact Daniel at x4142.

ANALYTICAL SKILLS TUTORING

We are pleased to have Shane Ralston join our staff as a second Analytical Skills Faculty Tutor. Shane joins Brian Murphy in offering tutoring assistance for critical thinking, logic, and other analytical and philosophy classes. Tutoring is available by appointment and on a walk-in basis *Mondays and Fridays* from *1:30 – 4:00 pm* and *Tuesdays and Thursdays* from *11:00 – 1:30 pm*.

R U A LEADER?

ISAE Students sign up now for the WESTOP Student Leadership Conference! February 1, 2003 at Cal State University at San Bernardino. We leave Friday afternoon and stay at one of San Bernardino's most lush hotels and return Saturday afternoon. This year's theme is "TRIO Students Striving for a Greater Tomorrow". We'll get to hear a dynamic keynote speaker, attend some thought provoking workshops, and get to know other TRIO students from Southern California. All meals will be provided. *Space is limited.* $10 refundable deposit req'd.



ATTENTION PRE-MED STUDENTS

It's never too early to start networking! Attend the 2003 Minority Health Conference "Bridging Cultures and Enhancing Minority Healthcare in the New Millennium" @ UCLA on **Saturday, January 25, 2003**. $5 registration fee required. Transportation will be provided. If interested, please e-mail Eunice Rivas at euniriva@msmc.la.edu or visit the ISAE Office, H-207.

FIG-A-RO, FIG-A-RO, FIG-A-RO!

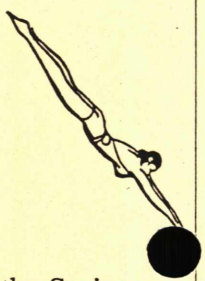
Join us for a night at the opera **Friday, February 7th**! We will be seeing Rossini's *The Barber of Seville.* one of the world's most famous operas. This rollicking comedy filled with high-flying vocal fireworks and hilarious ensembles will keep you on you the edge of your seat! We leave Chalon at 5:15 pm. $10 refundable deposit.

FITNESS EDUCATION

Fitness Center, ext. 4345

It's not to late to add a fitness class!

Jazz	M/W	3:30-4:30 PM
Power Yoga	T/Th	7:00-8:00 PM
Beginning Swimming	T/Th	5:00-6:00 PM



Have you ever wanted to learn how to swim but couldn't afford lessons? Ever wanted to jump into a pool, lake or beach to cool off on one of those hot sunny California days? Have you ever thought about teaching your kids to swim and play in the water? Would you like to know how to rescue someone out of the water? It is not to late to learn how to swim. One on one lessons. Just register for the **Beginning Swimming** class. The pool is heated to 81 degrees. ***You can learn***!

Smartbodies Coordinators! Fitness Education is looking for new Smartbodies Coordinators for the Spring Semester. Help someone get started on a new program that truly has lifelong benefits. Earn a little extra cash! If you are interested, please contact Marureen Bond at ext. 4347 or come by the Fitness Center.

MOUNT ST. MARY'S COLLEGE
SPRING 2003 REFUND TABLE

SPRING 2003- TUITION REFUND SCHEDULE

Undergraduate, Graduate, BSN, DPT/MPT and HOPE

START DATE: 1/15/2003
END DATE: 5/8/2003
TOTAL DAYS 114

	% of Enrollment	ADD/DROP DATE FROM	ADD/DROP DATE TO	% OF REFUND
1ST DAY OF CLASS		01/15/03	01/15/03	100%
% OF ENROLLMENT	10%	01/16/03	01/26/03	90%
% OF ENROLLMENT	25%	01/27/03	02/11/03	50%
% OF ENROLLMENT	50%	02/12/03	03/12/03	25%
		03/13/03		0%

SPRING 2003- WEEKEND COLLEGE TUITION REFUND SCHEDULE

START DATE: 1/18/2003
END DATE: 4/27/2003
TOTAL DAYS 100

	% of Enrollment	ADD/DROP DATE FROM	ADD/DROP DATE TO	% OF REFUND
1ST DAY OF CLASS		01/18/03	01/18/03	100%
% OF ENROLLMENT	10%	01/19/03	01/27/03	90%
% OF ENROLLMENT	25%	01/28/03	02/11/03	50%
% OF ENROLLMENT	50%	02/12/03	03/08/03	25%
		03/09/03		0%

SPRING 2003- WEEKEND GRADUATE EDUCATION TUITION REFUND SCHEDULE

START DATE: 1/25/2003
END DATE: 5/4/2003
TOTAL DAYS 100

	% of Enrollment	ADD/DROP DATE FROM	ADD/DROP DATE TO	% OF REFUND
1ST DAY OF CLASS		01/25/03	01/25/03	100%
% OF ENROLLMENT	10%	01/26/03	02/03/03	90%
% OF ENROLLMENT	25%	02/04/03	02/18/03	50%
% OF ENROLLMENT	50%	02/19/03	03/15/03	25%
		03/16/03		0%

SPRING 2003- ROOM REFUND SCHEDULE

START DATE: 1/15/2003
END DATE: 5/8/2003
TOTAL DAYS 114

	% of Enrollment	TERMINATION DATE FROM	TERMINATION DATE TO	% OF REFUND
1ST DAY IN		01/15/03	01/15/03	100%
% OF ENROLLMENT	10%	01/16/03	01/26/03	90%
% OF ENROLLMENT	25%	01/27/03	02/11/03	50%
% OF ENROLLMENT	50%	02/12/03	03/12/03	25%
		03/13/03		0%

Detail Charges & Refund Amount by room type >> visit **www.msmc.la.edu/business.htm**

Prepared by Business Office (Chalon- 310/954-4040 Doheny- 213/477-2540)

JANUARY 24, 2003 VOLUME 9 NO 17

Chalon Student News

Archives MSMC

A weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

CAMPUS PARKING REGULATIONS

To facilitate travel onto campus, **be sure to display your parking permit** prominently in the front of your vehicle. Also, students, faculty and staff should **carry your MSMC ID** at all times, and present it when requested. Security concerns or questions for both campuses should be directed to Dr. Mari Wadsworth, Associate Vice President for Student Affairs: ext. 4130, H200 **and** ext. 2571, Bldg. 7.

ATTENTION STUDENTS!!
Effective Thursday, **January 23**, Security will ticket vehicles for **not displaying parking permits.** Please be sure to purchase and display your spring semester parking permit as soon as possible.

STUDENT ACTIVITIES AND COMMUTER SERVICES

Humanities 1st Floor, ext. 4120

ID Stickers: ID stickers for all returning students are now available in the Student Activities and Commuter Services office (first floor, Humanities). Please stop by to receive your sticker soon, and don't forget your ID.

Save the Date! The Spring Blood Drive will take place on Wednesday, February 5th in the Campus Center from 9:30 am to 3:30 pm. Sign up at the Student Activities and Commuter Services (SACS) office or with any ASB member. Please note that individuals can donate blood every 56 days. Individuals who donated blood at the last blood drive are eligible to donate again.

Carpool Program: The Carpool Program will begin on Monday, January 27th. Applications for the Carpool Program are now available in the SACS office . If interested in starting a carpool, or for more information, call ext. 4120. All who sign up for the Carpool Program by Friday, January 31st will receive a $20 rebate on their parking permit purchase.

Locker Sign-ups: All commuters are eligible for lockers in the Humanities building. If you do not currently have a locker and would like one, please stop by SACS and sign up today!

Commuter Café: Freshly brewed coffee is available every Tuesday (in SACS office) and Wednesday (in Commuter Lounge) from 8:00 am to 10:00 am.

Theta Alpha Sigma
Welcomes you to Spring 2003 Rush
" The Answer is in the Stars..."

Monday, January 27- **Information Night** at 9:25 pm in the Campus Center
Tuesday, January 28- **"Get a Clue be Blue"** at 9:25 pm in the Campus Center
Wednesday, January 29- **"Getting to Know You"** at 9:25 pm in the Campus Center
Thursday, January 30- **"Spiritual Night"** at 9:25 pm in the Campus Center
Friday, January 31- **"Dinner with the Stars"** at 7:00 pm in the Lecture Hall

LEARNING CENTER

H207, ext. 4144

Catch Your Tutors Early! Sign Up Now in the Learning Center!

During these first weeks of class, you may sense the need for additional support in your courses. Why not request a tutor!? Fill out a Tutor Request Form in the Learning Center, in H207. You will be contacted with a match within one to two weeks. Call Daniel Aucutt at ext. 4142 for more information.

Explore Your Psyche and Discover Your Learning Style!

Attend a workshop that will explore and examine the root of your learning preferences. Come ready to think about what makes you tick and discover more about yourself! Sign up outside H207 for this workshop: Learning Styles, on Thursday, January 30th, from 1:00PM to 2:00PM.

ARE YOU ELIGIBLE FOR DISABILITY ACCOMMODATIONS?

Students with documented disabilities who are interested in receiving accommodations should see Michele Lewis in the Learning Center during the first two weeks of classes to ensure timely implementation of accommodations. If you have questions, call Michele at ext. 4141.

CBEST Essay Workshop

Attention future teachers! Come and prepare for the essay portion of the CBEST at this workshop. Bring your questions, paper and a sharpened pencil for practice on Tuesday, January 28, 1:00. Sign-up at the Learning Center.

MAKE AN IMPACT AND GET PAID TOO!!

The Learning Center is seeking qualified candidates to tutor Mount students. Applicants should have at least a 3.00 cumulative GPA and a faculty recommendation for the course to be tutored. See Daniel Aucutt in the Learning Center for an application or call ext. 4142 for more information.

ISAE

H207, ext. 4144

Don't Miss the BARBER OF SEVILLE!!

See this hilarious world famous opera at the Dorothy Chandler Pavilion on Friday, February 7. The Bus will leave Chalon at 5 pm. A $10 deposit is required when signing up. Limited space is available, so SIGN UP TODAY!!

Win a one-night stay at a lush hotel in San Bernardino!

ISAE Students sign up now for the WESTOP Student Leadership Conference February 1, 2003 at Cal State University at San Bernardino. We will be leaving Friday afternoon and staying at one of San Bernardino's most lush hotels and returning late Saturday afternoon. This event will feature speakers, workshops, and a chance to meet other TRIO students from the Southern California area. SPACE IS VERY LIMITED! $10 refundable deposit required.

ISAE Computer Loan Program

Beginning Monday, February 3rd, ISAE will begin a COMPUTER LOAN PROGRAM. ISAE students will be able to check out Laptop computers to use to help with school work. Computers may be checked out for a maximum of three days. Students will be asked to sign a contract guaranteeing the safe and timely return of the computers. Watch for more details to follow.

ISAE Student Reminder!!!

Remember, to maintain your active status in ISAE. If you have any questions regarding ISAE requirements, stop by H207 or call the ISAE Office at ext. 4144.

WOMEN'S LEADERSHIP
H200A, ext. 4350

Archives
MSMG

The National Student Campaign Against Hunger and Homelessness is hosting the West Coast Student Summit on Hunger and Homelessness on February 8-9, 2003 at UC Irvine. The Summit will sharpen students' leadership skills and help unite the west coast region in the movement to eradicate hunger and homelessness. The weekend will feature workshops, panel discussions, and inspiring and informative speakers.

For more information about the West Coast Student Summit, visit www.studentsagainsthunger.org. Please encourage students to register online as the Summit is fast approaching.

YEARBOOK INFORMATION

Yearbook photo sessions will be held this week!

Monday, January 27 through Thursday, January 30, in the Little Theater.
Sign-ups required for Seniors only in the Career Center, H401.
(Underclass pictures will be taken on Wednesday, January 29th — $5.00 sitting fee)

Cost for seniors: $15 for up to 15 poses, includes cap & gown
$10 for up to 10 poses, includes cap & gown
$ 5 for yearbook pose only - No proofs, no ordering.



THE ATHENIAN YEARBOOK IS FREE FOR ALL STUDENTS!
There are still some copies of the 2001/2002 yearbook available. If you don't have a copy pick one up today!

Busy Person's Retreat

Jan 26 - 30, 2003

Join the Sisters of St. Joseph for a wonderful start to the spring semester, integrating prayer and study!

Sunday, Jan 26th
Liturgy at 7:00 PM, followed by opening session in the Lecture Hall

Monday - Thursday, Jan 27th-30th
Evening prayer at 9:00 pm. Location TBD

Cost is $10 (donation negotiable). Visit Campus Ministry for registration information.
Return completed forms with donation to Campus Ministry.

Please join ASB
Friday, February 28th for....

Spring Formal 2003

at

The Victorian
2640 Main Street
Santa Monica, California

Related Events:

Work It Girl!!!! There will be a Fashion Show to herald the upcoming Spring Formal. The show will be on Thursday, February 6th in the Little Theatre from 8:30-10:00 pm. Volunteers are needed and welcomed! For more information contact ext. 4120. You must provide your own fashion wear.

Going Going Gone!!!! Spring Formal tickets are available **now** for $46 per person in Student Activities and Commuter Services. Contact ext. 4120 for more information.

Show me the savings!!! Until February 7th, there will be a quote from a movie provided in the Chalon Student News. The first three people to identify the movie quote and submit the correct answer to the SACS Office (H110) will receive $5 off their purchase of a formal ticket. Previous purchases are eligible. Only one win per purchase please.

Quote of the Week:

Person 1: *I know you can be under whelmed, and you can be overwhelmed, but can you ever just be, like, whelmed?*

Person 2: *I think you can in Europe.*



Medical Student Panel

Wednesday, January 29th
6-7 pm
H204

Come and find out about the path to medical school and what it's like to be a medical student. For more information contact Eunice Rivas @ 310.889.1562

Applications for the Resident Assistant positions (RA) for 2003-2004 are now available!
Pick up packets in the Residence Life and Student Affairs Offices at either campus.
All undergraduate students are welcome to apply.

Future RA Information Sessions

Tuesday, January 28 from 1 pm to 2 pm ***Wednesday, January 29 from*** 11:30 am to 12:30 pm

Locations on both campuses:
Doheny: McIntyre 1st Floor Lounge or Chalon: Brady 1st Floor Lounge

Applications are due no later than Friday, February 14, 2003 by 4:30pm.
For more info: Chalon/ (310) 954-4325 or Doheny/ (213) 477-2661.



Chalon Student News

Volume 9, Number 18 January 31, 2003

Archives MSMC

Calendar of Events

Learning Center Open House (H207)
Wed. Feb. 05 9 – 11 am

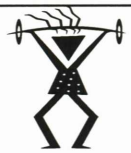
Fashion Show (Little Theater)
Thu. Feb. 06 8:30 – 10 pm

Hunger & Homelessness Summit (UC Irvine)
S/Su Feb. 08 – 09

Washington Internship Informational (Hannon Parlor)
Wed. Feb 10 3:30 – 5:30 pm

Mardi Gras Celebration (Campus Center)
Fri. Feb. 21 5:30 – 8:30 pm

Grad Fair 2003 (Campus Center)
Mon. Feb. 24 10 am – 3 pm



Fitness Education

Fitness Center, 954.4315

Fitness as a Lifestyle

Smartbodies is a comprehensive fitness program designed to educate and motivate you on various aspects of fitness and well-being. This program consists of one on one sessions with a Smartbodies Trainer. Sign up for a session in the Fitness Center.

The Rhythm and Blues Support Group

Every Monday from February 3rd to March 24th
11:30 am – 12:30 pm
H101

"Nobody Knows The Trouble I've Seen... Nobody Knows My Sorrows..."

Can you relate to this song? Perhaps the **Rhythm and Blues Support Group** is for you. Learn how to think positively. Learn new relaxation techniques. Establish support with individuals who understand your needs.

Contact 954.4110 for more information.



Student Activities and Commuter Services

Humanities 1st Floor, 954.4120

Reduce the Strife and Save A Life! The Spring Blood Drive will take place on Wednesday, February 5th in the Campus Center from 9:30 am to 3:30 pm. Sign up at the Student Activities and Commuter Services (SACS) office or with any ASB member. Please note that individuals can donate blood every 56 days. Individuals who donated blood at the last blood drive are eligible to donate again.

It's Cool to Carpool! Applications for the Carpool Program are now available in the SACS office. If you're interested in starting a carpool, or for more information, call 954.4120

Commuter Café (formerly known as Starbucks): Freshly brewed coffee is available every Tuesday (in SACS office) and Wednesday (in Commuter Lounge) from 8:00 am to 10:00 am

Stick It To Me! ID stickers for all returning students are now available in the Student Activities and Commuter Services office (first floor, Humanities). Please stop by to receive your sticker soon, and don't forget your ID.

Women's Leadership

H200A, 954.4350

The National Student Campaign Against Hunger and Homelessness is hosting the West Coast Student Summit on Hunger and Homelessness on February 8-9, 2003 at UC Irvine. The Summit will sharpen students' leadership skills and help unite the west coast region in the movement to eradicate hunger and homelessness. The weekend will feature workshops, panel discussions, and inspiring and informative speakers.

For more information, visit
www.studentsagainsthunger.org.

Residence Life

Brady 101A, 954.4325

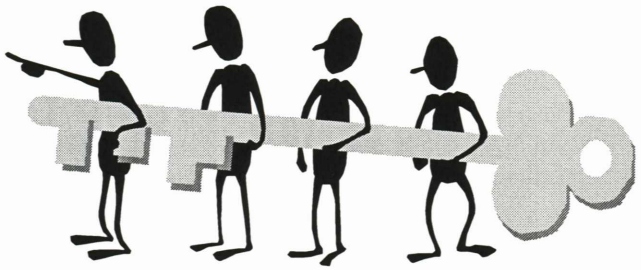
R-U a R-A?

Applications for the Resident Assistant positions (RA) for 2003-2004 are now available! Pick up packets in the Residence Life and Student Affairs Offices at either campus. All undergraduate students are welcome to apply. For more info: Chalon/ (310) 954-4325 or Doheny/ (213) 477-2661

Applications are due no later than
Friday, February 14, 2003 by 4:30 pm.

Recommendations are due no later than
February 21, 2003 by 4:30 pm.

Effective Monday, February 3rd, **residents expecting a guest(s) male or female after 10 pm, need to notify the main gate Security at 954.4123 by leaving the name(s) of their guests. If an unexpected guest arrives on campus and Security cannot verify him/her they will not allow the guest on campus.**



Please join ASB
Friday, February 28th for....
Spring Formal 2003
at
The Victorian
2640 Main Street
Santa Monica, California
www.thevictorian.com

Related Events:

Do Your Twirl! Covergirl!!!! There will be a Fashion Show to herald the upcoming Spring Formal. The show will be on Thursday, February 6th in the Little Theatre from 8:30-10:00 pm. Volunteers are needed and welcomed! For more information contact 954.4120. You must provide your own fashion wear.

Get Them While They're Hot!!!! Spring Formal tickets are available **now** for $46 per person in the Student Activities and Commuter Services Office. Contact 954.4120 for more information.

Ching, Ching, Ching Went the Savings!!! Until February 7th, there will be a quote from a movie provided in the Chalon Student News. The first three people to identify the movie quote and submit the correct answer to the SACS Office (H110) will receive $5 off their purchase of a formal ticket. Previous purchases are eligible. Only one win per purchase please.

Quote of the Week:

"Give her the right look, the right boyfriend, and bam!
In six weeks she's being named prom queen."

2003 is For Me!!

Attention all seniors! You are invited to Grad Fair 2003! Get important information on graduation day, graduation requirements, caps and gowns, class rings, the senior class gift, and so much more! This year Grad Fair is on **Monday, February 24th, from 10 am – 3pm.** For more information contact: 954.4130.

Some Other Important Dates:

Fri, May 9th	10am	Commencement Rehearsal
Sat, May 10th	1:30pm	Commencement Mass
Sat, May 10th	4 pm	Baccalaureate Commencement



Thought of the Week

If you don't like something change it. If you can't change it, change the way you think about it!

Career Planning

H401, 954.4136

Representatives from The Washington Internship Program will be holding an information session at Mount St. Mary's College:

Monday, February 10th
3:30-5:30 P.M.
Hannon Parlor

The Washington Internship Program – a combination of work and study – places undergraduate and graduate students, or college graduates, in our nation's capital for a semester (summer, fall, or spring). Year long internships are also available. For more information contact 954.4136.

ISAE

H207, 954.4144

Well I-SAE! Congratulations to our Chalon Peer Advisor team who presented at this year's Annual WESTOP Student Conference Saturday February 1st at California State University, San Bernardino. The team facilitated a leadership development workshop titled: Embark on your LEADER*SHIP.* YOU GO TEAM!

A Little Culture Can Go A Long Way! ISAE still has a few seats remaining for participants to join us to see the opera *The Barber of Seville* on 2/7! Don't miss this opportunity to enjoy Orchestra level seats at the elegant Dorothy Chandler Pavilion. Sign up in the ISAE Office.

Who Needs New Orleans! Party Mardi Gras style with ISAE! Join ISAE for their Mardi Gras celebration **on Friday, 2/21 @ the Campus Center (Chalon) from 5:30 – 8:30.** Lots of LUCIOUS Creole food to indulge in and plenty of merriment to be had. Sign up in the ISAE Office today! $5 refundable deposit required.

ISAE Computer Loan Program. Beginning Monday, February 3rd, ISAE will begin a COMPUTER LOAN PROGRAM. ISAE students will be able to check out laptop computers to use to help with coursework. Computers may be checked out for a maximum of three days. Students will be asked to sign a contract guaranteeing the safe and timely return of the computers.

Just a Reminder! Remember, to maintain your active status in ISAE. If you have any questions regarding ISAE requirements, stop by H207 or call the ISAE Office at 954.4144.

Learning Center

H207, 954.4144

Do You Find Text Intimidating? Then Don't Miss the Reading & Note Taking Workshop. This workshop will focus on how we get those materials in our mind to make sense. We'll explore techniques for making text accessible, if not memorable. The **Reading / Note Taking Workshop** will be held **in H205 on Thursday, February 6th, from 1:00 to 2:00PM**. Sign up outside the Learning Center (H207).

Our House is Your House. Come and meet the staff of the Chalon Learning Center and the ISAE Program! We will be hosting an open house on Wednesday, February 5 from 9:00 a.m. to 11:00 a.m. for students, faculty and staff. Please drop by H207 to see our center, meet the staff and student workers, learn more about our resources and enjoy tasty treats. Exciting door prizes and raffle prizes will be awarded! Contact 954.4144 for more information.

Are You Eligible For Disability Accommodations? Students with documented disabilities who are interested in receiving accommodations should see Michele Lewis in the Learning Center during the first two weeks of classes to ensure timely implementation of accommodations. If you have questions, call Michele at 954.4141.

The Chalon Student News is a weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

Chalon Student News

Volume 9, Number 18 February 7, 2003

Archives MSMC

Calendar of Events

Mass (Mary Chapel)
Sun. Feb 9 7:00 pm

Washington Internship Info Session (Hannon Parlor)
Wed. Feb 10 3:30 – 5:30 pm

Athenian Day Booth Information (Circle)
Thu. Feb. 13 12 – 3 pm

Senior Class Meeting (Brady 1st Floor Lounge)
Thu. Feb. 13 12 – 3 pm

Valentine's Day
Fri. Feb 14

President's Day (College Closed)
Mon. Feb 17



Fitness Education

Fitness Center, 954.4315

Fitness as a Lifestyle

Smartbodies is a comprehensive fitness program designed to educate and motivate you on various aspects of fitness and well-being. This program consists of one on one sessions with a Smartbodies Trainer. Sign up for a session in the Fitness Center.

A Moment in Black History

Sojourner Truth (1797-1883) was a pioneer in the struggle for racial equality. She is an example of courage and determination and an inspiring symbol to all Americans to remain free.

*"If the first woman God ever made was strong enough to turn the world upside down all alone, these women together ought to be able to turn it back, and get it right side up again." --- from the **Ain't I A Woman Speech***

Student Activities and Commuter Services

Humanities 1st Floor, 954.4120

It's Cool to Carpool! Applications for the Carpool Program are available in the SACS office. If you're interested in starting a carpool, or for more information, call 954.4120

Commuter Café (formerly known as Instant Coffee): Freshly brewed coffee is available every Tuesday (in SACS office) and Wednesday (in Commuter Lounge) from 8:00 am to 10:00 am

Stick It To Me! ID stickers for all returning students are now available in the Student Activities and Commuter Services office (first floor, Humanities). Please stop by to receive your sticker soon, and don't forget your ID.

Dollar Power! Discounted tickets to some of your favorite outings are now available in the SACS office! Movie tickets as low as $5! Amusement park tickets as low as $22! For more information and to purchase tickets visit the Student Activities and Commuter Services Office or call 954.4120

Residence Life

Brady 101A, 954.4325

R-U a R-A?

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Women's Leadership

H200A, 954.4350

The National Student Campaign Against Hunger and Homelessness is hosting the West Coast Student Summit on Hunger and Homelessness on February 8-9, 2003 at UC Irvine. The Summit will sharpen students' leadership skills and help unite the west coast region in the movement to eradicate hunger and homelessness. The weekend will feature workshops, panel discussions, and inspiring and informative speakers.

For more information, visit
www.studentsagainsthunger.org.

Please join ASB
Friday, February 28th for....
Spring Formal 2003
at
The Victorian
2640 Main Street
Santa Monica, California
www.thevictorian.com

Spring Formal tickets are available **now** for $46 per person in the Student Activities and Commuter Services Office.
Contact 954.4120 for more information.

Counseling & Psychological Services

The Rhythm and Blues Support Group
Every Monday from February 3rd to March 24th
11:30 am – 12:30 pm
H101

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Congratulations!

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The Los Angeles County Commission for Women is recognizing President Doud at its 18th Annual Women of the Year Luncheon.

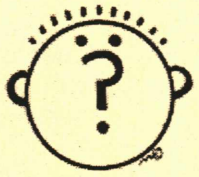
Congratulations Again President Doud!



Riddles of the Week

A sundial is said to be the timepiece with the fewest moving parts. What is the timepiece with the most moving parts?

There are only two T's in Timothy Tuttle. True or false?



(answers available in next week's issue.)

Multicultural Nite Is Coming!!!

Tryouts are scheduled for the following dates and times in the Little Theater:

Thu. Feb 18th 6-11 p.m.
Wed. Feb. 26th 9 – 10 p.m.
Thu. Feb 27th 7 – 8 p.m.

It's Money Time!!!

Now is the time to file your FAFSA for next year! It is important to file early! If you have questions or concerns about FAFSA, why not attend the upcoming workshop!

FAFSA Workshop
Tue Feb.11th 1 - 2 pm
Chalon Lecture Hall

For more information contact 954.4190

ISAE

H207, 954.4144

Who Needs New Orleans! Party Mardi Gras style with ISAE! Join ISAE for their Mardi Gras celebration **on Friday, 2/21 in the Campus Center (Chalon) from 5:30 – 8:30.** Lots of LUCIOUS Creole food to indulge in and plenty of merriment to be had. Sign up in the ISAE Office today! $5 refundable deposit required.

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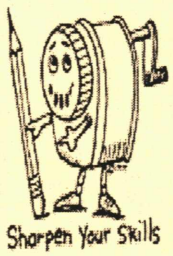
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Archives MSMC

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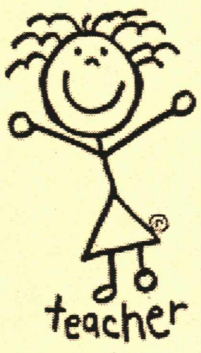
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H401, 954.4136

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The Center receives job announcement everyday, here are just a few that might be of interest to you:

- Trainee Program - America Honda Motor Co., Inc.
- Adolescent Family Life Educator - PHFE
- Research Associate - UCLA Child Psychiatry
- Jr. Copywriter - Ignited Minds
- Chemist - Interphase Environmental, Inc



Future Teachers!

Placentia-Yorba Linda Unified School District is holding a Teacher Job Fair on Saturday, April 26 from 9am to 3pm. Openings are available for credential teachers at the elementary and secondary level. Interviews by appointment only. Call 714-985-8412.

For additional career services don't hesitate to contact us **310.954.4136**

Campus Ministry

H120, 954.4125



Please join Campus Ministry for Mass. Sunday February 9, 2003 7:00 pm. @ Mary Chapel

Celebrate Valentine's Day with the Sisters of St. Joseph of Carondelet.
Tuesday Feb 11 at 6:15 p.m.
All interested should meet at the Circle.
Questions? Contact 954.4596

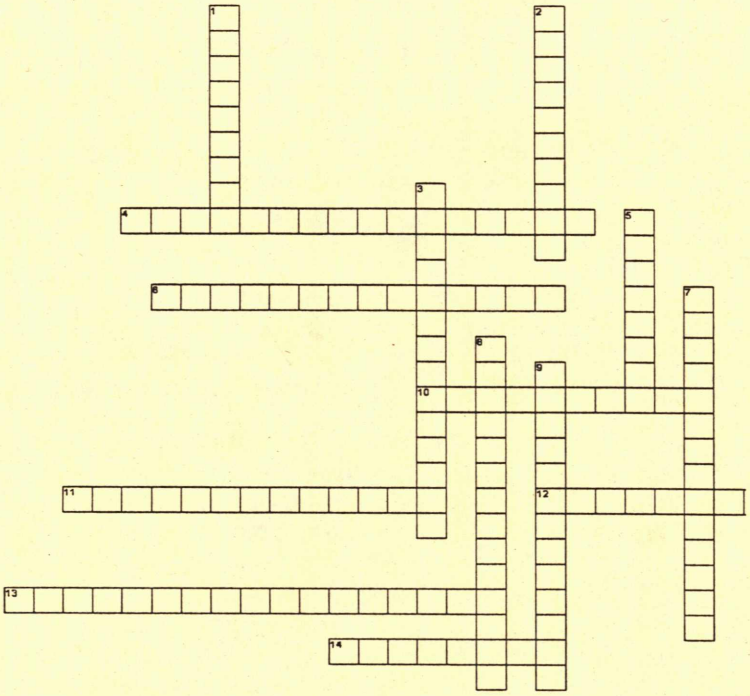


Get the campus informed!

Submit your activities and events to the Chalon Student News. All submissions for the Chalon Student News are due the Wednesday before the publication date.

Email all information to **cnews@msmc.la.edu**

Student Affairs n' Squares



Across

4. the best leaders are made here
10. needed to succeed
11. where *mi casa es su casa*
12. what you need in times of doubt/struggle
13. when you want something to do
14. knowledge is a valuable _____

Down

1. to inspire with confidence
2. _____ship
3. the "center" of focus
5. good attitude
6. it's never too early to start
7. cough your worries away
8. enlightenment at it's best
9. work up that sweat

answers will be available in the 2.14.03 issue of CSN

Congrats Grads!!!!!!

Attention all seniors!
Don't Miss Grad Fair 2003!
Get information on a variety of things including rings, announcements, the big day & more!



Mark Your Calendar!

Mon. February 24th, 10 am – 3pm.
Campus Center

Contact 954.4130 for information.

Healthy Corner

February is National Heart Month.

Heart disease is the No. 1 killer of American women. Sadly, even when women are educated on their risks, only 8% consider heart disease their greatest threat.

But the good news is that better lifestyle habits can help you reduce your risk for heart attack.

For more information visit the American Heart Association website:
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Latinas Unidas

Announces the following events:

Clothing Drive for Alexandria House
(a battered women's & children's shelter)
Mon. Feb 10th – Fri. Feb 28th
Drop off locations for clothing are available at two locations on the Chalon Campus:

- The Circle
- Campus Center



Latinas Unidas
Shakey's Fundraiser
Thu. Feb 13th 6 – 9 pm
3033 Santa Monica Blvd
Santa Monica, CA 90404

For more information on any of the upcoming events please contact 954.4570.

The Chalon Student News is a weekly publication of the Division of Student Affairs. Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

Chalon Student News

Volume 9, Number 18 February 14, 2003

Archives MSMC

Calendar of Events



Mass (Mary Chapel)
Sun. Feb 16 7 pm

President's Day (College Closed)
Mon. Feb 17

AACW Food Sale (Circle)
Tue. Feb 18

Grad Fair 2003 (Campus Center)
Mon. Feb 24 10 am – 3 pm

Latinas Unidas Clothing Drive (Circle/Campus Ctr)
Ends Feb 28

Student Activities and Commuter Services

Humanities 1st Floor, 954.4120

It's Cool to Carpool! Applications for the Carpool Program are available in the SACS office.

Commuter Café (formerly known as Coffee Bean): Freshly brewed coffee is available every Tuesday (in SACS office) and Wednesday (in Commuter Lounge) from 8:00 am to 10:00 am

Dollar Power! Discounted tickets to some of your favorite outings are now available in the SACS office! Movie tickets as low as $5! Amusement park tickets as low as $22! For more information and to purchase tickets visit the Student Activities and Commuter Services Office or call 954.4120

A Word From President Jacqueline Doud

I am joining 850 fellow college and university presidents whose institutions belong to CAMPUS COMPACT to invite you to join me in dedicating February 16-22 as a "Week of Action" at Mount St. Mary's College. CAMPUS COMPACT is a national coalition committed to the civic purposes of higher education. The Mount has been an active member of CAMPUS COMPACT for many years.

During our WEEK OF ACTION we will re-commit ourselves to our goal of celebrating and deepening our student civic engagement efforts with other students across the nation. I invite our entire Mount community to take time to reflect on the service we do, what this service teaches us about ourselves and others, and the contribution our service makes to the common good of all. The state of our nation and its role in the world, the complexities of our pluralistic citizenry, and our roots in the CSJ tradition of caring for the "dear neighbor," all compel us to pursue the good life in a just society.

Let us take this coming week to reflect and to communicate with one another about our work in service and in learning... through service-learning classes, volunteerism, civic engagement, study and preparation for work in the helping professions, scholarship on the roots of poverty and its systemic causes and alternative solutions for easing the sufferings of others. Let us dialog with one another and raise our voices creatively and respectfully from campus to campus about the good work that we do. Let us think about our learning and the responsive attitude it exacts from us. I encourage us to participate in the active engagement of listening and speaking with others whose beliefs and traditions are different from our own.

During the WEEK OF ACTION, listen to one another, do good work, and reflect on what you have learned as well as what you are called to do for the common good.

As Shirley Chisholm says, "*Service is the rent we pay for the privilege of living on this earth.*" I want to thank each and every one of you who have made service a part of your life here at Mount St. Mary's and beyond. You are truly what we are all about---"fostering a spirit to serve others..."

CONGRATULATIONS!

President Doud Honored as a Woman of the Year!

The Los Angeles County Commission for Women will recognize President Doud at its 18th Annual Women of the Year Luncheon.

Well Done President Doud!

Quote of the Week

I Scream You Scream,
We All Scream For Ice Cream!

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H101

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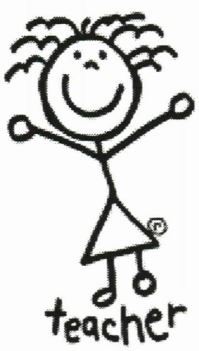
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Attend "Going for Greatness" a presentation designed to teach you how to get the most out of college, tap into your passion, and land a great job. Presented by Patrick Combs at the University of La Verne on Wed., Feb. 26 from 1:00pm-3:00pm in the La Fetra Auditorium.

Career Planning

presents...

Opportunities

for Employment

Need to make extra cash? Want to work only occasional weekends and evening?. Then consider babysitting for the Brentwood neighbors. The Career Center has listings from several families in the neighborhood who are looking for reliable, mature individuals to babysit.

for Internships

- Organization: Thomas Jefferson High School
  Internship Title: ELL Coordinator
  Location: Los Angeles

- Organization: The Latino Children's Fund
  Internship Title: Marketing Representative
  Location: Los Angeles

- Organization: Santa Barbara Zoological Gardens
  Internship Title: Zoo Camp Prgm Assistant
  Location: Santa Barbara

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H207, 954.4144

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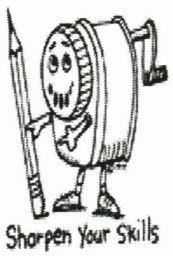
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Writing the GRE Essay This workshop will help prepare you for the new writing section of the GRE. Sample questions and essays will be provided. All are welcome. Please sign up at H-207. **Tuesday, February 18, 1:00 - 2:00 in H-205**

Raise Your Voice, A Week of Action

2.16.2003 –2.22.2003

DON'T JUST BE GOOD,
BE GOOD FOR SOMETHING

Campus Ministry

H120, 954.4125

Please Join Campus Ministry for Mass.
Sunday February 16, 2003
7:00 pm. @ Mary Chapel

GET THE CAMPUS INFORMED!

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cnews@msmc.la.edu

RESIDENCE LIFE

Brady 101A
954.4325

Applications for the RA positions are no longer available.
However, RA recommendations are still being accepted.
Recommendations are due no later than February 21, 2003 by 4:30 pm.
For more information: Chalon/ (310) 954-4325 or Doheny/ (213) 477-2661



Fitness Center

954.4315



LAST CHANCE!!

Sign up for our 4th Annual Mount Cup! We have 4 teams that will be competing at Doheny on Saturday, February 22nd. For more information contact the Chalon Fitness Center.

RIDDLES OF THE WEEK



When I am filled, I can point the way.
When I am empty, Nothing moves me.
What am I?

****

A woman has 7 children, half of them are boys.
How can this be possible?



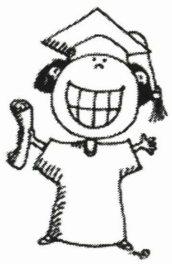
A Moment in Black History

Nikki Giovanni believes that change is necessary for growth. Her poetry is renowned for its call to such change. She has received many honors and has published several books and is featured in numerous magazines. She is currently a Professor of English and Professor of Black Studies at Virginia Tech.

We are not friends because of the laughs we spend but the tears we save- From A Poem of Friendship

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(a battered women's & children's shelter)
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Drop off locations for clothing are available at two locations on the Chalon Campus:

- The Circle
- Campus Center

AACW FOOD SALE

Tuesday, February 18th
1:00-2:00pm

Fitness Education and AACW will be having a food sale and a special guest, Abdul-Salaam Mohammed to do a drum and percussion circle.

PLEASE JOIN US FOR FOOD, CREATIVITY AND FUN!!

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RIDDLE ME THIS, RIDDLE ME THAT!

(Answer Key for 2.7.03 CSN Games)

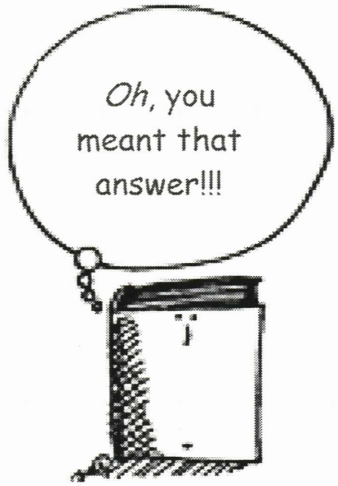
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4. the best leaders are made here---**Women's Leadership**
10. needed to succeed--- **Commitment**
11. where *mi casa es su casa*--- **Residence Life**
12. what you need in times of doubt/struggle--- **Support**
13. when you want something to do--- **Student Activities**
14. knowledge is a valuable __.--- **Resource**

Down

1. to inspire with confidence---**Encourage**
2. ___ship--- **Leader**
3. the "center" of focus---**Learning Center**
5. good attitude---**Positive**
6. it's never too early to start---**Career Planning**
7. cough your worries away---**Health Services**
8. enlightenment at it's best---**Campus Ministry**
9. work up that sweat---**Fitness Center**



Riddles of the Week

A sundial is said to be the timepiece with the fewest moving parts. What is the timepiece with the most moving parts? **A Hourglass**

There are only two T's in Timothy Tuttle. True or false? **True. There are two capital "T's."**

Chalon Student News

Volume 9, Number 18 February 21, 2003

Archives MSMC

calendar of events

Weekend College Grad Fair (WEC Patio)
Sat. Feb 22 11 am

Mass (Mary Chapel)
Sun. Feb 23 7 pm

Grad Fair 2003 (Campus Center)
Mon. Feb 24 10 am – 3 pm

Listen to Your Body Diet (Carousel Dining Room)
Tue. Feb 25 5 – 7 pm

Noon Prayer (Mary Chapel)
Wed. Feb 26 Noon

Latinas Unidas Clothing Drive (Circle/Campus Ctr)
Ends Feb 28



Attention Seniors!

Don't Miss Grad Fair 2003!
Mon. Feb. 24th, 10 am – 3pm. Campus Center

The List is Out!

Senior's Graduating With Honors,
The list is available on Page 4 of this week's CSN!



STUDENT ACTIVITIES and Commuter Services

Humanities 1st Floor, 954.4120

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RIDDLES OF THE WEEK

If you were running a race, and you passed the person in 2nd place, what place would you be in now?

He starts and ends 2 common English words. One painful in love, One painful in everyday matter. Do you know what 2 words I must be?

Got Events?

Search n' Circle

E Z E T M U X D O E N D E A Q
L N G C H I Y N G Y L E O M L
E B V P N N S D O A H T R S S
A P S I A E E S C I T A L B R
D I O M R L I T I J S C Z U L
E L I Y W O I R T O H I D Z K
R C K O E V N H E N N D V F G
S Q N B I F Y M T P R E S C W
H K K T H O W P E N X D T R G
I J I O S V U J R N F E U D Y
P E D I V E R S E F T Y D F B
S E C N A T S I S S A Z E P R
X E T R O P P U S F O E N B J
W T R A W C U J U N C V T N F
O P P O R T U N I T Y T F R B

MISSION
STUDENT
SUPPORT
VISION
ENVIRONMENT
LEADERSHIP
OPPORTUNITY
ACTIVITIES
ASSISTANCE
DEDICATED
DIVERSE

Don't miss out on your...

Opportunity

for Employment

- Jr. Copywriter - Ignited Minds
- Resource Writer - Info Line
- Chemist - Interphase Environmental, Inc.
- Research Technician - Llvare

for Internships

- Organization: DreamWorks
  Internship Title: Various internships
  Location: Glendale
- Organization: United Teachers of LA
  Internship Title: Public Relations Coord
  Location: Los Angeles

Listen to Your Body Diet Dinner & Discussion

Tuesday, February 25, 2003
5:00 pm - 7:00 pm
Chalon Carousel Dining Room

Nancy King is a Registered Dietitian who has been quoted in multiple magazines (*Muscle & Fitness, Shape, Glamour, etc.*) and has been on TV and radio. She is a co-author of "Moving Away from Diets: New Ways to Heal Eating Problems and Exercise Resistance."

Topics to be Addressed:
-- How to Eat a Well Balanced Meal as a Student
-- Natural Diversity of Body Types
-- Physiology of Hunger
-- Fad Diet Problems
-- Importance of Proteins/Carbohydrates/Fats

This presentation is also an opportunity to openly interact with Nancy by putting together a meal, doing hunger rating, and asking and answering questions. Plus, there will be a DOOR PRIZE RAFFLE for those who attend! All are welcome to attend!

Campus Ministry

954.4125

Everyone is welcome to celebrate Mass.
Sunday February 23, 2003
7:00 pm. @ Mary Chapel
God Bless!!

Noon prayer Wed, Feb. 26, 2003 in Mary Chapel.

Fat Tuesday

Tuesday, March 4th, 2003
The Day before Ash Wednesday!
Come celebrate Mardi Gras with us in the Catholic tradition and enjoy some high-calorie treats before the 40-Day Lenten fast begins!

Ash Wednesday is the beginning of Lent, the season for reflection, prayer and fasting in preparation for Easter.

Ash Wednesday 3.5.03 Services
7:30 am Prayer Service with Distribution of Ashes
12 Noon Mass with Distribution of Ashes
7:30 pm Prayer Services with Distribution of Ashes

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ISAE's Laptop Loan Program is now in full gear! ISAE students may check out a *Sony VAIO* Laptop for up to two nights and three days from the ISAE Office. Check out is based on availability and is first-come, first-served.

Learning Center

H207, 954.4144

We're Here For You! The Learning Center is a wonderful resource for tutoring, time management assistance, test taking strategies and more. For additional info call 954.4144.

You Don't Know Diddy! Reese That Is! *Diddy Reese cookies!* These delicious cookies will be on sale this Thursday, February 26th, on the Weekend College patio. Brought to you by the Scholar Mentor Club, the tutor pool for the Chalon campus.

Riddles of Last Week: Answers

When I am filled, I can point the way.
When I am empty, Nothing moves me.
What am I?
A glove.

****

A woman has 7 children, half of them are boys.
How can this be possible?
They are all boys.



You can join a massive march on Washington without leaving your residence hall, classroom, office or living room. Please help make the Virtual March a success.
To register to send a free fax and make phone calls to Senate offices and the White House, visit: www.moveon.org/winwithoutwar.

Join ASB for

Spring Formal 2003

Friday, February 28th
7pm
The Victorian
2640 Main Street
Santa Monica, California

FITNESS CENTER

954.4315



Athenian Day
Will be held on Saturday, March 1st. Check in time is at 8:45am. Everybody is welcome to come watch and support others. Lunch will be served at pool side.

Swimming Program
It's never to late to learn how to swim or get a new conditioning program. Open classes are held on Tues/Thurs from 5:00-6:00pm and one on one appointments can be made through Smartbodies. Any questions, please contact the Fitness Center.

Smartbodies
Many appointments are available throughout the week during the day and evenings. Have you ever wondered how to get your body fat measured? Or what your Body Mass Index is? Come on up to the Fitness Center to find out! IT IS NEVER TOO LATE TO START!

Association of Future Teachers presents....

Graduate School Workshop

Mon. Feb 24th 6:30 pm
Hannon Parlor

Thinking of becoming a teacher?
Come learn about various scholarship opportunities, fellowships, post baccalaureate programs, and much more! So mark your calendar! Hope to see you there!

The Health Corner

My tummy is not so yummy!

Everyone has occasional bouts with nausea and vomiting at one time or another. Most often the cause is either a viral infection or ingestion of contaminated food (food poisoning). How do you know which is making you feel so bad?

Viral gastroenteritis (or stomach flu) is the most common cause of nausea and vomiting. This is usually spread from person to person, and accompanied by fever, headache, and diarrhea. It generally is self-limiting with recovery to be expected in 24 to 48 hours. Abdominal cramping with diarrhea is common, but there is usually no constant severe abdominal pain.

Food poisoning symptoms most often occur within 1-8 hours after eating. Some forms, including food contaminated with the bacteria salmonella, can take longer to develop. Usually everyone who ate at the same meal and had the same dish will be ill. Find out how everyone else is feeling if you suspect food poisoning. The most common culprits are salads containing mayonnaise or eggs. Under cooked meats can also cause problems. You may have read or heard in the news of food poisoning cases caused by E.Coli in undercooked hamburger or by camplylobacter in undercooked chicken. Food poisoning typically causes diarrhea as well. Symptoms should resolve in 24 hours. Avoid over the counter drugs that slow down the intestinal tract. You want your body to empty out the contaminated food. Bloody diarrhea is a symptom of more serious types of food poisoning.

In all cases of nausea and vomiting the biggest danger is dehydration. Clear liquids are recommended for the first 12 hours or so. Non–citrus fruit juices, ginger ale, 7-Up, weak teas, dilute sports drinks and chicken broth are some to try. Small sips every 10 – 15 minutes will probably stay down better than trying to drink half a glass of fluid. As vomiting stops begin to return to normal. Begin then with the BRAT diet: Bananas, Rice, Applesauce and Toast. These foods are bland, and have a consistency that moves through the digestive tract that helps control the diarrhea.

When should you be medically evaluated?
Contact the Health Center or seek urgent care if there is:

- Vomiting lasting longer than 12 hours
- Diarrhea lasting for more than 24 hours
- Inability to keep any liquids down at all for 12 hours
- Bloody diarrhea
- Fever over 101degrees F.
- Vomiting and diarrhea so intense that severe muscle cramping occurs.

Well I'm Honored!

2003 Honors Graduating Class

Summa cum laude 3.85 (3.85 or higer)

Melanie Drummond
Kimberly Boyce
Lovelyn Marquez

Magna cum laude (3.7 or higher)

Alejandra Arce
Angelique Heilig
Olivia Banuelos
Maria Herrera
Lynne Johnson
Sharon Lagman
Rebecca Mendez
Anita Reno
Eunice Rivas
Mariliese Segismundo
Phuong To
Jazmin Vega

Cum laude (3.5 or higher)

Deana Aguilar
Mariana Anaya
Maria Avila
Nicole Cohen
Lanelle Cua
Hannah Cvammem
Telia DeBoyes
Janis De la Cruz
Araceli Garcia
Karla Gomez
Janet Gonzalez
Maria King
Ginamarie Lafkas
Nadia Lopez
Diana Ontiveras
Myra Perez
Jessica Pick
Jasmin Riehl
Elizabeth Robles
Vanessa Sevilla
Christine Tucker
Genevieve Vann
Patricia Vargas
Taryn Yepez
Candace Schweiger

The Chalon Student News is a weekly publication of the Division of Student Affairs.
Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

Chalon Student News

Volume 9, Number 18 **February 28, 2003**

calendar of events

Athenian Day (Chalon Campus)
Sat. Mar 1 9 AM

Mass (Mary Chapel)
Sun. Mar 2 7 PM

Wanda Coleman Reading (Drudis-Biada Art Gallery)
Mon. Mar 3 1 PM

Fat Tuesday-Mardi Gras (Campus Wide)
Tue. Mar 4 All Day

Lent Begins Wed. Mar 5

Ash Wednesday Mass (Mary Chapel)
Wed. Mar 5 12:00 PM

Hunger Banquet (Campus Center)
Wed. Mar 5 5:30 – 7:30 PM



Can you draw me?

Archives MSMC

If so we want you!
For the 1st Annual Student Handbook Cover Competition!

For the first time we are inviting students to design the student handbook cover which will be featured on over 1,500 covers.

The winning design will be featured on the 2003-2004 Chalon and Doheny Student Handbook and the student will win a $100 MSMC Bookstore Gift Certificate.

Guidelines and submission information is available in the Student Activities office (Doheny: Bldg. 7 or Chalon:H110)

Submissions are due by 4:00 PM
Friday, March 28th
in the Student Activities office.

March is Women's History Month

The month of March has been designated as National's Women's History Month by Presidential and Congressional Resolution. This historic celebration reminds us of the importance of continuing to fill the pages of our history that remained absent until the national effort to retell the stories of women.



This year's theme, " Women Pioneering the Future", celebrates pioneering women from U. S. history, who led and won campaigns for equality and civil rights; who created and advanced educational and professional opportunities; and who made great contributions to the arts, sciences, and humanitarian causes.



As we celebrate Women's History, let us also recognize the countless women who encourage, protect and guide us. Let us honor the women who help make the world better on a daily basis. Let us remember our students, faculty, and staff, the Sisters of St. Joseph, the volunteers in our communities, and the women in our families. Let us celebrate their accomplishments, kindness and purpose during this National Women's History Month and let us remember and celebrate their lives throughout the year.

Ete Martinez Anderson
Director, Women's Leadership Program
Mount St. Mary's College

RIDDLES OF THE WEEK

Many things can create one. It can be of any shape or size.
It is created for various reasons, and it can shrink or grow with time. What is it?

******

What falls but never breaks?
What breaks but never falls?

Word Search Answers Paste Here

Opportunities

Sponsored by Career Planning 954.4070

for Employment

- Morgan Stanley
  Computer Operator/Assistant to Broker
  Location: Beverly Hills

- La Cachette
  Host/Hostess
  Santa Monica, CA

for Internships

- DreamWorks, SKG
  Various Internships
  Location: Glendale

- Long Beach School-To-Career
  College Intern
  Location: Long Beach

Campus Ministry

310.954.4125, H120

Everyone is welcome to celebrate Mass.
Sunday , March 2nd, 2003
7:00 pm. @ Mary Chapel
God Bless!!

Fat Tuesday

Tuesday, March 4th, 2003
The Day before Ash Wednesday!
Come celebrate Mardi Gras with us in the Catholic tradition and enjoy some high-calorie treats before the 40-Day Lenten fast begins!

Ash Wednesday is the beginning of Lent, the season for reflection, prayer and fasting in preparation for Easter.

Ash Wednesday 3.5.03 Services
7:30 am Prayer Service with Distribution of Ashes
12 Noon Mass with Distribution of Ashes
7:30 pm Prayer Services with Distribution of Ashes

Hunger Banquet

If you are interested in learning more about hunger and poverty and what you can do to solve this problem. Please join us for the Hunger Banquet and get a greater understanding of those less fortunate than ourselves
Wednesday, March 5th, 2003
5:30-7:00 PM
Campus Center

Pray for Peace

The Community on Campus wishes to invite the Mount Community to pray for peace. Take 20 minutes from your day and join others in praying the Rosary. We continue to ask God to guide us towards peace. Meet in Mary Chapel the following dates:

March 2nd, 4th and 6th at 9:30 PM
Starting March 6th, we will pray every Thursday during Lent at 1:00 PM. Please bring a Rosary. Rosaries will also be provided.

GET THE CAMPUS INFORMED!

Submit Your Activities and Events to the Chalon Student News!
cnews@msmc.la.edu

ISAE

H207, 954.4144

What's New Pussycat? ISAE will be going to see the musical *CATS* in April. To make sure you're eligible, be sure you're up to date on your ISAE requirements! Remember, the ISAE Spring Fling counts as one activity – and you can still sign up!

ISAE's Laptop Loan Program is now in full gear! ISAE students may check out a *Sony VAIO* Laptop for up to two nights and three days from the ISAE Office. Check out is based on availability and is first-come, first-served.

Learning Center

H207, 954.4144

Research This! Learn step by step how to start and complete that research project in the workshop **'How to Write a Research Paper.'** Bring your assignments, questions, ideas and work thus far. Or just bring yourself. Tuesday, March 4, 1:00, H-205. Sign up at the Learning

You're Invited..

Wanda Coleman, award-winning poet, will read
Monday, March 3, from 1:00-2:00 p.m.
Drudis-Biada Art Gallery.

Raised in L.A.'s inner city, Ms. Coleman writes from the voices of marginalized, particularly African-American, women. Bring your questions for the Q & A segment in her reading. Let's come together to listen to her powerful poetry.

Co-sponsored by ISAE and the Women's Leadership Program.

Riddles of Last Week: Answers

If you were running a race, and you passed the person in 2nd place, what place would you be in now?
2nd Place

He starts and ends 2 common English words.
One painful in love, One painful in everyday matter.
Do you know what 2 words I must be?
Headache and Heartache

Moment In Black History...

Mary McLeoud Bethune

Founder of Bethune-Cookman College in Florida, advisor to President Roosevelt, and founder of the National Council of Negro Women, Mary McLeoud Bethune is known as a social reformer and educator.

YOU'VE GOT THE RIGHT STUFF ...

Do you enjoy working& meeting new people? Are you energetic? Are you interested in living at the Mount for a week in July? Then you've got the right stuff!!

Pick up an Orientation Leader application in the Student Activities and Commuter Services office ToDaY!!

Applications are due by 4:00 PM on Friday, March 21st.

FITNESS CENTER

954.4315



Whatcha Eating?
Follow up on your commitment on a new, healthier you. Meet one-on-one with a registered dietician. **Tue. March 4th 5-7 PM** in the **Visitors' Dining Room**.

Smartbodies
Do you have an exercise plan ready? Spring break is just a week a way. Make your appointment now. It is never to late to get started.

Mount Cup
On Sat, Feb 22nd the 4th Annual Mount Cup was held at Doheny. We had 2 teams from Chalon (Chalon Fitness Center and Latinas Unidas) and 2 teams from Doheny (The Soccer Class and Soccer Club). Everybody played well and it was a fun event!
Congratulations to all who participated!

Lenten Lifestyle of Fitness Incentive Program
Sponsored by Fitness Education and Campus Ministry.
This program may help you achieve what you would like to do during Lent. This program is a great way to connect your Body, Mind, and Spirit. Think about some positive changes you may want to make. Transform yourself, take the challenge to make a change. Sign ups begin:
Monday March 3rd-March 7th.
Program starts Monday March 17th!

CAREER PLANNING

H401, 954.4070

The Job Market Wants You!!! May 2003 graduates—Are you planning on working after graduation? Is your résumé up-to-date? Need help finding a job? Want to polish your interviewing skills? Then you need to visit the Career Center, H401.

Jobs Fairs, and Job Fairs, and Job Fairs Oh My!

General Job Fairs:

The Los Angeles Times will sponsor the
CareerBuilder Expo Job Fair
at the LA Convention Center, on March 4th.

The Times will also sponsor a second
Job Health Fair, April 8th at the Burbank Hilton.
For more information: visit www.latimes.com.

Education Job Fairs:

California Charter School Job Fair, March 28th
at the Anaheim Marriott
For more information: visit www.canec.org

Antelope Valley Union H.S. District –
Teacher Job Fair March 22nd.
Appointments required, call 661-948-7655.

On-campus:

All nursing students are invited to attend the
MSMC Nursing Career Fair, March 19th.
Campus Center from Noon to 2pm.
Watch the Chalon Student News for more details.

SENIORS!

Your Senior Senators Invite You

to the

Senior Spring Break Bash!
Thursday, March 6th
Fitness Center Pool
1:00 – 2:00 PM

Alpha Tau Delta presents...

Health Fair 2003
Thursday, March 6th
Chalon Circle

Come join Alpha Tau Delta, the Mount's nursing fraternity, during our Health Fair. There will be giveaways, health information and free screenings.

Hope to see you there!

If you care, Run!
Run for office!

Applications for the ASB Election are now available in the SACS office (1st floor, Humanities). The following is the timeline for this year's Election:

Applications for the ASB Election will be available in the SACS office
Monday, March 3, 2003

Applications for Executive Board and Senate due **Friday, March 21, 2003**

Election
Tuesday and Wednesday, April 9 and 10

Student Activities Council Applications due
Friday, April 11, 2003

Interviews for Student Activities Council
Tuesday and Wednesday, April 15 and 16

Candidate information will be available on the Student Activities web page.

QUOTE OF THE WEEK

Life is Just a Bowl of Cherries

The Chalon Student News is a weekly publication of the Division of Student Affairs.
Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

Chalon Student News

Volume 9, Number 18 — March 14, 2003

Archives MSMG

calendar of events

Scholar Mentor Club Pizza Sale (WEC Patio)

Tue.	Mar 18	11 AM to 2 PM
Sat.	Mar 22	11 AM to 2 PM

Prayer for Peace (Mary Chapel)

Wed.	Mar 19	Noon

Nursing Job Fair (Campus Center)

Wed.	Mar 19	Noon to 2 PM

Sunday Mass (Mary Chapel)

Sun.	Mar 23	7 PM



954.4315

Lenten Lifestyle of Fitness Incentive Program

Sponsored by Fitness Education and Campus Ministry.

It's not too late to sign up for the program at the Chalon Fitness Center. This program may help you achieve what you would like to do during Lent. This program is a great way to connect your Body, Mind, and Spirit. Think about some positive changes you may want to make. Transform yourself; take the challenge to make a change.

Program starts Monday March 17th!

Program ends on Thursday April 17th!

Smartbodies

Do you have an exercise plan ready? Summer is just around the corner. Make your appointment now. It is never to late to get started.

Please Note!

Students who have an outstanding balance of $3,500 or more for the Spring 03 semester will not be able to

- Register for the Fall 03 semester
- Receive their Spring 03 grade report
- Reserve a place in residence, if applicable
- Receive a diploma or official transcript



Can you draw me?

If so we want you!
For the 1st Annual Student Handbook Cover Competition!

Archives MSMG

For the first time we are inviting students to design the student handbook cover which will be featured on over 1,500 covers.

The winning design will be featured on the 2003-2004 Chalon and Doheny Student Handbook and the student will win a $100 MSMC Bookstore Gift Certificate.

Guidelines and submission information is available in the Student Activities office (Doheny: Bldg. 7 or Chalon: H110)

Submissions are due by 4:00 PM Friday, March 28th in the Student Activities.

Campus Ministry

954.4125

Pray for Peace

The Community on Campus wishes to invite the Mount Community to pray for peace. Take 20 minutes from your day and join others in praying the Rosary. We continue to ask God to guide us towards peace. **Join us in the Mary Chapel this Wednesday at Noon. Please bring a Rosary. Rosaries will also be provided**

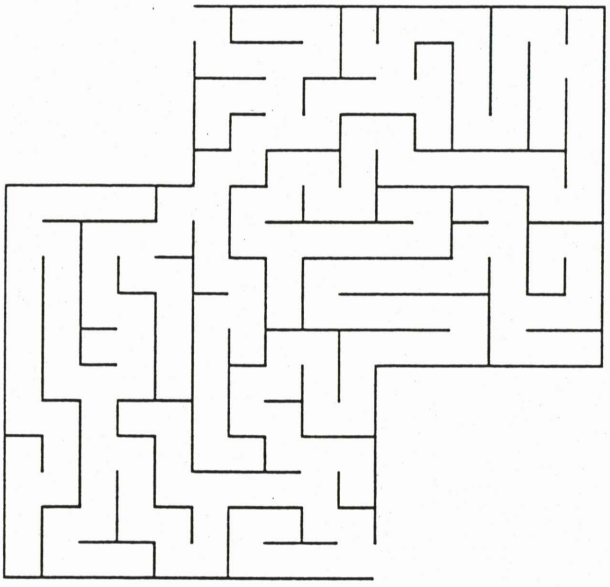
Sunday Mass

Everyone is welcome to celebrate Mass.
Sunday , March 23, 2003
7:00 pm. @ Mary Chapel

In this weeks CSN:

It's Amazing!.....Page 2
Take Back The Night.....Page 2
It's a Scholarship!.....Page 3
Job Fairs Galore!.....Page 4

IT'S AMAZING!



Opportunities

Sponsored by Career Planning 954.4070

for Employment

- Morgan Stanley
  Computer Operator/Assistant to Broker
  Location: Beverly Hills

- La Cachette
  Host/Hostess
  Santa Monica, CA

for Internships

- DreamWorks, SKG
  Various Internships
  Location: Glendale

- Long Beach School-To-Career
  College Intern
  Location: Long Beach

Counseling & Psychological Services

954-4114

Do you want to use Art Therapy techniques for self-exploration? Learn to be creative and increase self-awareness through the expression of artwork. Come to:

"Art as Therapy" Group

April 1st, 8th, & 15th, 2003
11:30a.m. - 12:30p.m. Tuesdays
All services are CONFIDENTIAL and FREE

** Treat yourself to a relaxing experience. **
All materials will be supplied for groups.
No artistic skills required to attend!

To SIGN-UP call: (310) 954-4114/4110

Riddles of Last Week: Answers

Many things can create one. It can be of any shape or size. It is created for various reasons, and it can shrink or grow with time. What is it?

A hole

What falls but never breaks?
What breaks but never falls?

Dusk & dawn

Take Back The Night

Sponsored by ASB ,
Counseling & Psychological Services
and the Violence Against Women Dept. of Justice Grant

Raise your awareness about violence against women and show your support of women's right to freedom and justice by participating in this empowering event. Light a candle and walk with your classmates to stations on the Doheny campus that tell about situations women face in this country and around the world. At the end of the walk, all will gather for a ***Speak Out!*** on issues that women currently face.

WED. MARCH 26

6:00pm-Welcome @ Steps of BLDG. 7, Doheny
6:30pm-Start Walk on campus and around perimeter, visit stations
8:00pm-Speak Out at Library Fountain

For more information, please contact
Student Activities 213.477.2660 or 310.954.4117
or Counseling & Psychological Services 213.477.2668 or 310.954.4114.

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cnews@msmc.la.edu

ISAE

H207, 954.4144

Aunt ISAE wants you!!

Join the 2003-2004 Peer Advisor (PA) Team!

☞ Do you like to take on leadership challenges, and inspire, support, and encourage others? ☞ Will you be a Sophomore at Doheny, or Junior/Senior at Chalon next year? ☞ Have you been an active member of ISAE for at least a year? ☞ Do you have a cumulative G.P.A of at least 2.5? ☞ *AND* Most importantly, do you have a strong desire to support and be a role-model to other ISAE students and be 100% committed to your PA Team goals and responsibilities?

If you answered YES to all the above, then you are PA material! So, why not apply for the ISAE PA Team?! Applications are available in the ISAE office, and are due March 31st. Don't miss out on a great experience!

Who has made a difference in *YOUR* life?

DON'T FORGET TO NOMINATE YOUR ISAE FACULTY OF THE YEAR! Nomination forms are available in the ISAE Office and are due by 3/31. Awards will be presented at the ISAE Bravo! Banquet on 4/22.

Learning Center

H207, 954.4144

To Make A Long Story...

Ever struggle with paraphrasing while writing your research papers? Then the workshop on Effective Summarizing and Paraphrasing is for you. This workshop will offer some helpful tips, and hands-on practice with putting those complex ideas into your own words. **Tuesday, March 18, 1:00.**
Please sign-up in advance in room H207.

That's A Fancy Pizza!

The Scholar Mentor Club, your tutors for the Chalon campus will be selling pizza this week! Sale dates are Tuesday, March 18, 2003, 11 AM – 2 PM and Saturday, March 22nd 11 AM – 2 PM on the WEC Patio. Come and show your support and take something delicious away as well.

Community Involvement Scholarship Opportunity

The Congressional Hispanic Caucus Institute are awarding $5,000 scholarships to Latino students who have a history of performing public service-oriented activities in their communities and who plan to continue contributing in the future.

For more information call 800-EXCELDC or
Applications and additional information are available online:
www.chci.org/chciyouth/scholarship/scholarshipawards.htm

You've Got The Right Stuff!

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Pick up an Orientation Leader application in the Student Activities and Commuter Services office TODAY!!

Applications are due by 4:00 PM on Friday, March 21st.

Seniors!

THE COUNTDOWN TO GRADUATION BEGINS!

Check out the Class of 2003 web page

www.msmc.la.edu/alumnae/2003

Get The Latest Info On:

The Senior Luau

The Sister Dolorosa Award

The Senior Gift

The New Grad Survey

Alumnae Relations has great things in store for you!

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H401, 954.4070

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All nursing students are invited to attend

MSMC Nursing Career Fair
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Campus Center from Noon to 2pm.

Business Attire Requested

A Moment in Women's Herstory

Tania Leon, award-winning composer and conductor, is an internationally acclaimed musician. According to the American Symphony Orchestra League, there are only 85 female conductors employed by its 900 member orchestras.

CSJ Appreciation Day

Tuesday, March 25, 2003
3:00 PM
Drudis-Biada Gallery
Chalon Campus

Please join us!!

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Quote of the Week

You must do the things you think you cannot do.

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Chalon Student News

Volume 9, Number 18 **March 28, 2003**

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Sun. Mar 23 7 PM

CSJ Day (Drudis-Biada Art Gallery)
Tue. Mar 25 3 PM

Prayer for Peace (Mary Chapel)
Wed. Mar 26 Noon



954.4315

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- **Receive their Spring 03 grade report**
- **Reserve a place in residence, if applicable**
- **Receive a diploma or official transcript**

Women of Courage Presentation

The Mount's Diversity Action Council invites you to an evening of learning and conversation on **Thursday, April 10**, at the Richard Riordan Central Library in downtown Los Angeles. **Join us in attending Women of Courage, a dramatic presentation directed by Rivka Fisher, president of Salma Hayek's film company Ventanarosa Productions.**

Historically playing to sold-out audiences, Women of Courage is a riveting blend of theater and reality.. As narrator of the piece, Katherine Martin takes us inside her journey as she wrote the book, Women of Courage, surprised by what she found and changed by the true nature of courage.

This dramatic presentation will tell the stories of these courageous local women: Juile Su, Michèle Ohayon, Kathy Buckley, Sabrina Ward Harrison, and Margaret Ensley.

A shuttle to the library will leave from Doheny at 4:30 p.m. and seating is limited, so call Bertha Rodriguez at ext. 2510 to reserve a spot. A shuttle from Doheny to Chalon will be available when we return. There is no cost to attend. We hope to see you there!

Counseling & Psychological Services

954-4114

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In this weeks CSN: A Moment in Herstory.....Page 4

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Tradition, Transition, and Transformation

Are you an ISAE student Graduating this May? IF you are...YOU GO! and please make sure to make an appointment with your ISAE counselor to do your Exit Interview, to talk about your future goals.

CAT$!!!

This pop-cultural phenomenon has been performed on stage for more than 50 million patrons in 26 countries for almost 18 years and now you can see it too! **ISAE students and staff will be attending CAT$ on Sunday, April 13th.** We will meet at the Shuttle Stop at 12:30 p.m. Limited space is still available, so bring your $10 deposit to the ISAE Office today and reserve your seat ASAP!

Learning Center

H207, 954.4144

Writing Your Personal Statement

This workshop is presented by Elline Ballo of Career Planning and Regina Meister of the Learning Center. Learn what admissions committees look for in a personal statement and how to tailor your own personal statement to highlight your unique background, talents and character. Thursday, April 3, 1:00-2:00, President's Conference Room, Library. Please sign-up in advance to ensure adequate handouts at H-207.

Supporting Our Troops & Their Families

All of us are aware of the war that is being fought overseas but many of us do not know the effect that this war is having on the families back home. The average monthly salary for a PFC to Corporal in the United States Marines before taxes is approximately $1,065. This does not include housing and food allowances. The wives of those serving over seas cannot afford the basic necessities to take care of themselves or their children.

The Associated Student Body, Doheny, is asking the Mount Community to help the families of the Soldiers that are fighting for our Freedom. These families need diapers and baby formula. Any monetary donations will be used towards the purchasing of the other items.

Please send all donations to Student Activities located in Building 7 - Doheny



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Opportunities

Sponsored by Career Planning 954.4070

for Internships

Mount St. Mary's College
Doheny Mansion Preservation Intern

Physicians for Social Responsibility
Communications Intern

Sobe Chocolate
Marketing Representative

Los Angeles Teaching Fellows
Communications Intern

For more information about any of these listings contact 310.954.4135

Campus Ministry

310.954.4125, H120

Everyone is welcome to celebrate Mass.
Sunday, March 23rd, 2003
7:00 pm. @ Mary Chapel
God Bless!!

Celebrate Noon prayer
Wednesday, March 26th 2003
in Mary Chapel.

Join our faith-sharing group
this Thursday, March 27th at 9:15pm – 10:15pm.
We meet in the Brady second floor lounge.
All are welcome!

Calling all Volunteers!!!

Would you like to be involved in community service? If so, Feeding the Homeless needs your help. Please join us on Sundays that the college is in session at 5:30 PM in the Campus Center for preparation of sacked lunches. After Mass, at 8:15 PM we will meet outside of Mary Chapel and leave for Santa Monica to distribute the food. For more information or to sign up, please call Nercy at ext. 4125. Thank you for your participation.

Pray for Peace

The Community on Campus wishes to invite the Mount Community to pray for peace. Take 20 minutes from your day and join others in praying the Rosary. We continue to ask God to guide us towards peace. Meet in Mary Chapel every Thursday during Lent at 1:00 PM.

Please bring a Rosary. Rosaries will also be provided.

CAREER PLANNING

H401, 954.4070

The Job Market Wants You!!! May 2003 graduates—Are you planning to work after graduation? Is your resumé up to date? Need help finding a job? Want to polish your interviewing skills? Then you need to visit the Career Center, H401.

Jobs Fairs, and Job Fairs, and Job Fairs Oh My!

General Job Fairs:.

The LA Times will sponsor a
Job Health Fair, April 8th at the Burbank Hilton.
For more information: visit www.latimes.com.

Education Job Fairs:

California Charter School Job Fair, March 28th
at the Anaheim Marriott
For more information: visit www.canec.org

Antelope Valley Union H.S. District –
Teacher Job Fair March 22nd.
Appointments required, call 661-948-7655.

A Moment in Women's Herstory

Jane Addams (1860–1935). One of the first generation of female college graduates at a time when the world was not yet ready to give educated women positions of responsibility, found her own way to lead a useful life. She won the 1931 Nobel Peace Prize for her lifetime dedication to the cause of international peace.

THINKING OF BECOMING A TEACHER?

Do you wonder how you'll pay off your student loans after graduation? Come learn about the Assumption Program Loans for Education (APLE) at the Association for Future Teacher's information session

APLE Loans and You
Wednesday, April 2nd
Hannon Parlor
5:30 – 6:30 PM

For more information contact 310.594.0899

Graduate School Information Forums

California Forum for Diversity
in Graduate Education
University of California, Los Angeles
April 5, 2003 8:00 – 4:30

Graduate School Information Forum
Hannon Parlor, MSMC
April 15, 2003 1:00 – 2:00

For more information, please contact Career Planning at 310-954-4070.

If you care, Run! Run for office!

Applications for the ASB Election are now available in the SACS office (1st floor, Humanities). The following is the timeline for this year's Election:

Applications for the ASB Election
are available in the SACS office.

Election
Tuesday and Wednesday, April 9 and 10

Student Activities Council Applications due
Friday, April 11, 2003

Interviews for Student Activities Council
Tuesday and Wednesday, April 15 and 16

Candidate information will be available on the Student Activities web page.

Quote of the Week

Never eat more than you can lift.

--Miss Piggy

The Chalon Student News is a weekly publication of the Division of Student Affairs.
Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

Chalon Student News

Volume 9, Number 18 April 4, 2003

calendar of events

National Student Employment Reception (Campus Ctr)
Mon. Apr 7 1 PM

Student Handbook Cover Voting
Wed. Apr 9 10 AM – 3 PM (Campus Center)
Thu. Apr 10 10 AM – 3 PM (Little Theater Foyer)

ASB Elections (Little Theater Foyer)
Wed. Apr 9 10 AM – 3PM (Little Theater Foyer)
Thu. Apr 10 10 AM – 3 PM (Little Theater Foyer)

Noon Prayer (Mary Chapel)
Wed. Apr 9 Noon

Prayer for Peace (Mary Chapel)
Thu. Apr 10 1 PM

Palm Sunday (Mary Chapel)
Sun. Apr 13 7 PM

Have A Wonderful Week!!!

National Student Employment Week

This week, April 7 – 11 is National Student Employment Week. Supervisors will show their appreciation toward their student employees in different ways. We will have Appreciation Receptions on both campuses.

Appreciation Reception for the Chalon Campus
Thursday, April 10, 2003
1:00 – 2:00 PM
Campus Center

The first half of the reception will include refreshments, games, and contests. Prizes will be given to winners. During the second half, certificates will be given to the departments and individuals who helped to make this week a success. We will also honor the students who were nominated for, and announce the *Student Employee of the Year*. Come and join the festivities Student Employment has prepared as we celebrate and say "Thank you" to our student employees.

Women of Courage Presentation

The Mount's Diversity Action Council invites you to an evening of learning and conversation on **Thursday, April 10**, at the Richard Riordan Central Library in downtown Los Angeles. **Attend Women of Courage, a dramatic presentation directed by Rivka Fisher, president of Salma Hayek's film company Ventanarosa Productions.**

Historically playing to sold-out audiences, Women of Courage is a riveting blend of theater and reality. As narrator of the piece, Katherine Martin takes us inside her journey as she wrote the book, Women of Courage, surprised by what she found and changed by the true nature of courage.

This dramatic presentation will tell the stories of these courageous local women: Juile Su, Michèle Ohayon, Kathy Buckley, Sabrina Ward Harrison, and Margaret Ensley.

A shuttle to the library will leave from Doheny at 4:30 p.m. and seating is limited, so call Bertha Rodriguez at ext. 2510 to reserve a spot. A shuttle from Doheny to Chalon will be available when we return. There is no cost to attend. We hope to see you there!

Counseling & Psychological Services

954-4114

Do you want to use Art Therapy techniques for self-exploration? Learn to be creative and increase self-awareness through the expression of artwork.
Come to:

"Art as Therapy" Group
April 1st, 8th, & 15th, 2003
11:30a.m. - 12:30p.m. Tuesdays
All services are CONFIDENTIAL and FREE

** Treat yourself to a relaxing experience. **
All materials will be supplied for groups.
No artistic skills required to attend!

To SIGN-UP call: (310) 954-4114/4110

In this weeks CSN:
A Moment in Herstory.....Page 4

ISAE

H207, 954.4144

Bravo! Bravo!

Mark your calendars for the **ISAE Bravo Banquet on Tuesday April 22nd, 5:30 PM, at the Doheny Mansion.**

Tradition, Transition, and Transformation

Are you an ISAE student graduating this May? If you are...YOU GO! and please make sure to make an appointment with your ISAE counselor for your Exit Interview to talk about your future goals.

CATS!!!

This pop cultural phenomenon has been performed on stage for more than 50 million patrons in 26 countries for almost 18 years, and now you can see it too! **ISAE students and staff will be attending CATS on Sunday, April 13th.** We will meet at the Shuttle Stop at 12:30 p.m. Limited space is still available, so bring your $10 deposit to the ISAE Office today and reserve your seat ASAP!

PA EVALUATIONS

YOU WILL BE RECEIVING YOUR PA EVALUATION IN THE MAIL. PLEASE COMPLETE AND RETURN IT TO THE ISAE OFFICE ASAP. YOUR FEEDBACK IS ESSENTIAL FOR PA PROGRAM FUTURE PLANNING. THANK YOU!

EARN UP TO $5000!

HISPANIC FUND SCHOLARSHIPS AVAILABLE! ISAE STUDENTS check your MSMC e-mails to find information on lucrative scholarships! Or stop by the ISAE Office for more info!

LAPTOP LOANS

The ISAE Laptop Loan Program will be temporarily suspended during the week of April 7-11, 2003. Laptop loans will resume on Monday, April 14, 2003. We apologize for any inconvenience this may cause. Thank you!

Learning Center

H207, 954.4144

APA Documentation/Electronic sources

As you work on final research papers, you'll most likely encounter questions about APA documentation. This workshop will focus on how to document various electronic sources, but all of your APA questions are welcome.

Tuesday, April 15th

1:00-2:00 pm

at The Learning Center.

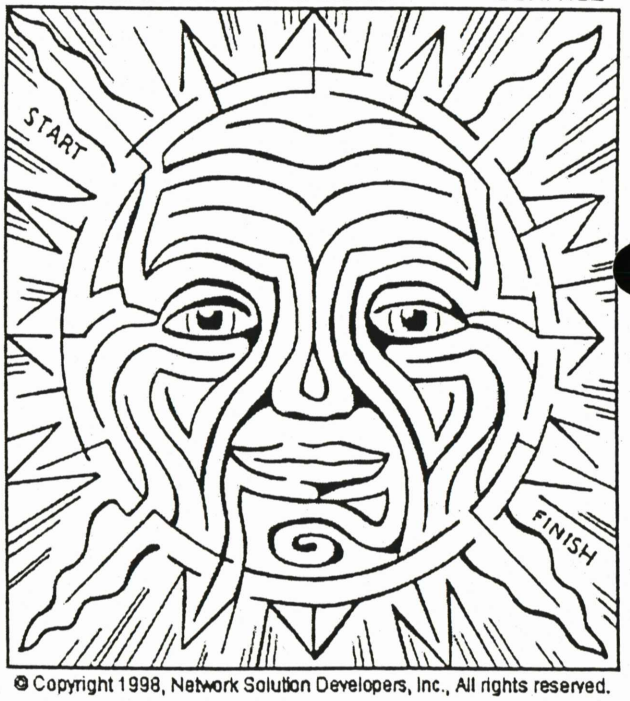
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The Associated Student Body, Doheny, is asking the Mount Community to help the families of the soldiers that are fighting for our freedom. These families need diapers and baby formula. Any monetary donations will be used towards the purchase of other items.

Please send all donations to Student Activities located in Building 7 - Doheny

TESSERACT'S MAZES "SUNFACE"



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A Moment in Women's Herstory

Clara Barton (1821–1912) She began her career as a teacher at the age of fifteen. During the Civil War, she gained the title "Angel in the Battlefield" because she was compelled to serve as a nurse for the injured on both sides of the conflict. In 1881, she established the American Red Cross and directed it for many years.

GET THE CAMPUS INFORMED!

Submit Your Activities and Events to the Chalon Student News!
cnews@msmc.la.edu

did YOU draw?

For the first time we invited students to design the student handbook cover where the winning design will be featured on the 2003-2004 Chalon and Doheny Student Handbook and the student will win a $100 MSMC Bookstore Gift Certificate. Thank you to all of the students who submitted entries. Please check the Chalon Student News for the winner of this year's student handbook cover contest.

It is now time to vote on your favorite student-designed handbook cover!

Stop by and vote on the artwork designed by fellow students. A table will be set-up with a display of all the artwork at the following time for you to vote:

Wed., 4/9 - Campus Center (10 AM - 3 PM)

Thurs., 4/10 - Little Theater Foyer (10 AM - 3PM)



954.4315

Smartbodies

Smartbodies. The month of April-just 4 weeks left to make an appointment with Smartbodies. It's getting hot, do you need to sharpen up with your swimming skills? Do you have a fitness plan for the summer months? Sign up at the Chalon Fitness Center now.

CORNEY JOKE OF THE WEEK!!!

When do you strike a match?

Campus Ministry

310.954.4125, H120

Everyone is welcome to celebrate Mass
Sunday, April 5th, 2003
7:00 PM @ Mary Chapel
God Bless!!

Celebrate Noon prayer
Wednesday, April 9th 2003
in Mary Chapel

This coming week is our final week of Lent. Our celebration of Holy Week begins with mass on *Palm Sunday* (April 13th). We will process from the circle to the chapel in remembrance of the day when Jesus entered into Jerusalem for the final time. Please join us!

Sunday, April 13, 2001
7:00 PM
Chalon Campus Circle

Calling all Volunteers!!!

Would you like to be involved in community service? If so, the Feeding the Homeless project needs your help. Please join every Sunday the college is in session at 5:30 PM in the Campus Center for preparation of sacked lunches. After Mass, at 8:15 PM we will meet outside of Mary Chapel and leave for Santa Monica to distribute the food. For more information, or to sign up, please call Nercy at ext. 4125. Thank you for your participation.

Pray for Peace

Join the Mount Community in Praying for Peace

Take 20 minutes from your day and join others in praying the Rosary. We continue to ask God to guide us towards peace. Meet in Mary Chapel every Thursday during Lent at 1:00 PM.

Please bring a Rosary. Rosaries will also be provided.

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H401, 954.4070

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For more information: visit www.latimes.com

Graduate School Information Forums

California Forum for Diversity
in Graduate Education
University of California, Los Angeles
Saturday, April 5, 2003 8:00 – 4:30

Graduate School Information Forum
Hannon Parlor, MSMC
Tuesday, April 15, 2003 1:00 – 2:00

For more information, please contact Career Planning at 310-954-4070.

Don't forget to vote!

Your ASB election
Wednesday and Thursday April 9th and 10th
10am to 3pm in the Little Theater Foyer.

Did you know that 20% of all students must vote for the election to be valid? Your vote really counts!

Don't know who to vote for? Come to the Candidate forum!
Tuesday, April 8th
1-2pm
Carousel Room (in the Student Dining room)
All in attendance will receive a piece of pie!

If you care, Run! Run for office!

Applications for the ASB Election are now available in the SACS office (1st floor, Humanities). The following is the timeline for this year's Election:

Election
Tuesday and Wednesday, April 9 and 10

Student Activities Council Applications due
Friday, April 11, 2003

Interviews for Student Activities Council
Tuesday and Wednesday, April 15 and 16

Candidate information will be available on the Student Activities web page.

ON CAMPUS WORK OPPORTUNITY*

*work study award is NOT required

$150 Semester Stipend – Fall 20
Undergraduate Teaching Assistant . .
SPR 85-Introdution to College Studies

For Additional Information
Visit Student Affairs (H200)
310. 954. 4130

Applications are due Friday, April 11th

Quote of the Week

Nobody can make you feel inferior without your consent.
- Eleanor Roosevelt

Join The Oracle Team!!!

The Oracle is your opportunity to find out why things happen the way they do, to inform others about important news and events on and off campus, and to have your voice heard at Mount St. Mary's College!
For more information contact: Geovanna Henao at 954.4083 or Elena Barnes at 954.4131

The Chalon Student News is a weekly publication of the Division of Student Affairs.
This paper was printed on 100% recycled paper.

Archives
MSMC

Chalon Student News

Volume 10, Number 19 April 11, 2003

Calendar of Events

Palm Sunday (Mary Chapel)
Sun. Apr 13 7 PM

APA Documentation/Electronic Sources Workshop
Tues. Apr 15 1 PM

Graduate School Information Forum (Hannon Parlor)
Tues. Apr 15 1 PM

Student Diversity Survey & Discussion (Campus Center)
Tues. Apr 15 1 PM

Platelet Drive (Lecture Hall)
Tues. Apr 15 10 AM

Noon Prayer (Mary Chapel)
Wed. Apr 16 Noon

Reconciliation Service (Mary Chapel)
Wed. Apr. 16 7 PM

National Stress Awareness Day (Circle)
Wed. Apr.16 11:00 AM

Have a Wonderful Easter!

Fitness Center

954.4315

Lenten Lifestyle of Fitness Incentive Program

Sponsored by Fitness Education and Campus Ministry.

It's not too late to sign up for the program at the Chalon Fitness Center. This program may help you achieve what you would like to do during Lent. This program is a great way to connect your body, mind, and spirit. Think about some positive changes you may want to make. Transform yourself; take the challenge to make a change.

Please Note!

Students who have an outstanding balance of $3,500 or more for the Spring 03 semester will not be able to

- Register for the Fall 03 semester
- Receive their Spring 03 grade report
- Reserve a place in residence, if applicable
- Receive a diploma or official transcript

Share the Moments...Get Free Stuff!

For **Freshmen** and **Seniors**,
Take this opportunity to **share your experiences at the Mount** and get your name put in for a drawing of a **gift certificate or fun Disney DVDs**.
Someone will be coming to one of your classes to deliver the YFCY survey to freshmen and the CSS survey to seniors.
If we miss you, call Arianne Walker at 310-954-4226 or send her an email at awalker@msmc.la.edu so we can mail a survey or send a log-in ID to fill it out on-line.

Campus Ministry

954.4125

Pray for Peace

The Community on Campus wishes to invite the Mount Community to pray for peace. Take 20 minutes from your day and join others in praying the rosary. We continue to ask God to guide us towards peace. **Join us in the Mary Chapel this Wednesday, April 16 at Noon. Please bring a rosary. Rosaries will also be provided**

Sunday Mass

Everyone is welcome to celebrate Palm Sunday Mass April 13, 2003, 7:00 pm. @ Mary Chapel

Calling All Volunteers!

Would you like to be involved in community service? If so, **Feeding the Homeless** needs your help. Please join us every Sunday at 5:30 PM in the Campus Center for preparation of sacked lunches. After mass, at 8:15 PM we will meet outside of Mary Chapel and leave for Santa Monica to distribute the food. For more information or to sign up, please call Nercy at ext. 4125. Thank you for your participation.

There will be a **reconciliation service**@ 7:00 p.m. Wednesday, April 16, 2003 in Mary Chapel. This service includes time for individual confession.

Reminder: There will be no mass on campus Easter Sunday, April 20.

Mary's Day 2003

Mary's Day has been a yearly tradition at Mount St. Mary's College for over 50 years. We celebrate Mary as a courageous woman who brought new life to the world by her openness to the Spirit and her willingness to walk a new and risky path. On this day, we honor the students who have developed their gifts so as to share them in service with the world in which we live.

Students, Family, Staff, and Faculty are cordially invited to attend this celebration

Saturday, April 26, 2003
2:00-4:00 PM
Little Theater
Chalon Campus
Reception to follow

Student Activities & Commuter Services

H110, 310 954-4120

Listen up! Come hear the results of the Student Diversity Survey. Find out what students had to say about diversity. A presentation will be given about the results with an open discussion following it.

All students are welcome. Tuesday, April 15th, 1-2 PM, Campus Center. Light refreshments will be provided.

If You're Alive...Do the Platelet Drive

Sign up to participate in the Platelet Drive sponsored by ASB. By donating platelets, you can help cancer patients who are receiving treatment! Call the ASB Hotline at X4117 if you are interested. The procedure takes 90 minutes, and the drive will take place on Tuesday, April 15th in the Chalon Lecture Hall.

Stressed?

Come and learn how to relax at the ASB sponsored
National Stress Awareness Day
Wednesday, April 16th
@ the Circle
from 11:00 AM to 2:00 PM

Career Planning

H401, 954.4070

Opportunities

Internships:

- United Way of Greater Los Angeles
  Major Gifts Intern, Los Angeles
- The Latino Children's Fund
  Spanish Translator, Los Angeles
- Cimarron Group
  Marketing/Advertising Intern
  Hollywood
- The Richstone Family Center
  After-School Worker
  Harbor City

Graduate School Information Forum

Join Us: **April 15, 2003** from 1:00-2:00 PM
in Hannon Parlor, MSMC

The Job Market Wants You!!!

May 2003 graduates—Are you planning to work after graduation? Is your résumé up to date? Need help finding a job? Want to polish your interviewing skills?
Then you need to visit the Career Center, H401.

For more information, please contact Career Planning at 310-954-4070.

A Moment in Herstory

Ellen Henrietta Swallow Richards (1842-1911) She was the first woman admitted into Massachusetts Institute of Technology (MIT) as a special student in chemistry. She graduated in 1873 with her second B.S. degree, and although she continued, completing all required coursework, MIT denied her a PhD because she was a woman. However, her passion for the sciences was not destroyed. In 1876, she successfully petitioned the Woman's Education Association of Boston to contribute funds to open the Woman's Laboratory at MIT. In 1879, she became the first woman member of the American Institute of Mining and Metallurgical Engineers. She encouraged other women to enter the scientific field and provided opportunities for their training.

Get the campus informed!
Submit Your Activities and Events to the Chalon Student News!
cnews@msmc.la.edu

ISAE

H207, 954.4144

ISAE BRAVO! BANQUET

ISAE Seniors be sure to RSVP for the BRAVO! Banquet ASAP. The Banquet will be at 5:30 PM on **Tuesday, 4/22.** If you are graduating in May, you should have received an invitation in the mail with the details. If you didn't, please check with the ISAE Office.

PA EVALUATIONS

You will be receiving your PA evaluation via the mail. Please complete it and return it to the ISAE Office asap. Your feedback is essential for PA Program Future Planning. Thank You!

ISAE SENIORS TAKE NOTE!!

Are you a graduating ISAE student? If so take note of the following: 1) Be sure to make an appointment with your ISAE Counselor to do a short Exit Interview filling us in on your short term and long term career plans. 2) Be sure to mark your calendar for the ISAE BRAVO! Banquet, which will be held on Tuesday, April 22nd at 5:30 PM in the Doheny Mansion – invitation to follow!

Reminder for ISAE Students and CATS!!!

This pop cultural phenomenon has been performed on stage for more than 50 million patrons in 26 countries for almost 18 years, and now you can see it too! ISAE students and staff will be attending CATS on Sunday, April 13th. We will meet at the Shuttle Stop at 11:30 AM behind Mary's Chapel.

Scholarship Opportunity

Hispanic Fund Scholarships Available! Isae students check your MSMC e-mails to find information on scholarships. Or stop by the Isae Office for more info!

Learning Center

H207, 954.4144

APA Documentation/Electronic sources

As you work on final research papers, you'll most likely encounter questions about APA documentation. This workshop will focus on how to document various electronic sources, but all of your APA questions are welcome. Tuesday, April 15th from 1:00-2:00 PM in H205. Sign-up at The Learning Center in advance.

Riddle of the Week

A farmer and his hired help were carrying grain to the barn. The farmer carried one sack of grain and the hired help carried two sacks. Who carried the heavier load and why?

Denim Day

Sponsored by Women's Leadership & Theta Alpha Sigma

There's No Excuse and Never an Invitation to Rape

April is Sexual Awareness Month. Wearing jeans during April became a symbol of international protest of harmful attitudes about rape in 1999 in response to an Italian Supreme Court decision to overrun a rape conviction because the victim wore jeans. **To register your participation, to request materials, or for more information, and/or to order Your Rape Prevention Action Kit Call: 800-NO-RAPE-8 or if outside Los Angeles County (213) 955-9090**

The Office of Experiential Learning is currently recruiting for the Student Ambassador Program...

- **What is a Student Ambassador?**

Student Ambassadors work with high school students, answering questions about preparation for college, college life, financial aid, and provide assistance to high school counselors. Each Ambassador is assigned to a site and works an average of 6 to 8 hours per week.

- **Who Should Apply?**

*Traditional (full-time) undergraduate students who are at least second semester freshmen and have at least a 2.5 cumulative GPA.
*Individuals who have a desire to work with and motivate high school students as they prepare for college.
*You should have good organizational and communication skills and enjoy working with people!
*Also, be available to work a consistent 6-8 hours per week schedule and be able to provide your own transportation.

- **How To Apply:**

*Stop by the Ambassador Office located in Building #7 on the Doheny Campus or the Ambassador Office located on the Brady Patio (Basement) at Chalon and pick up an application packet.
* Review the Ambassador Guidelines Information to make sure the program is right for you and that you qualify for the program (minimum 2.5 cumulative GPA required).
* Complete the application forms and return them, along with your recommendation form, to one of the Ambassador Offices mentioned above.

If you have any questions, please contact **Melissa Romero,** Program Coordinator for Experiential Learning at (310) 954-4080 or (213) 477-2572.

Applications are available TODAY!

Application DEADLINE: April 22, 2003

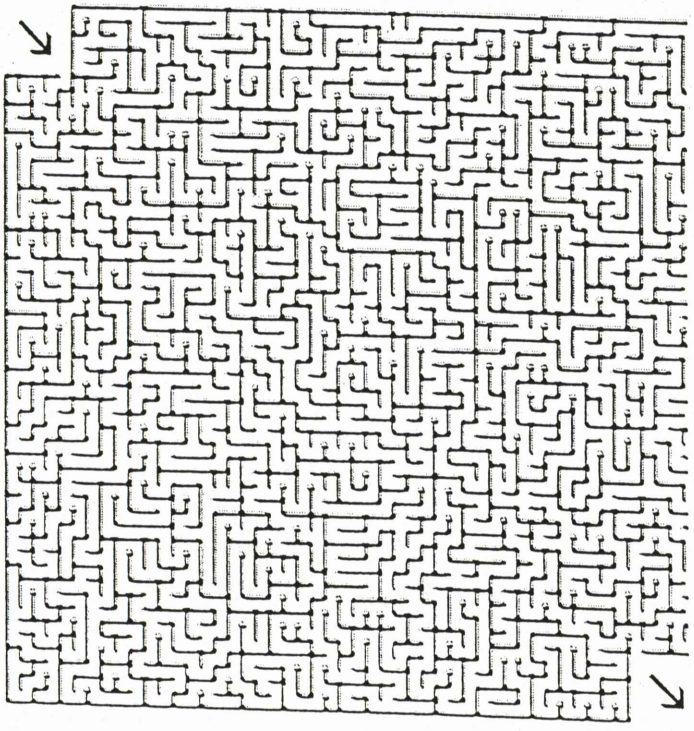
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The Associated Student Body, Doheny, is asking the Mount Community to help the families of the soldiers that are fighting for our freedom. These families need diapers and baby formula. Any monetary donations will be used towards the purchase of other items. All donations will be given to the families based at Camp Pendleton and surrounding military bases.

Please send all donations to Student Activities located in Building 7- Doheny

Maze Craze



Quote of the Week

"Peace cannot be achieved through violence, it can only be attained through understanding." --Albert Einstein

Na Pua O Ka 'Aina presents:

LUAU 2003

Saturday, April 12, 2003
5:30 Circle
7:00 Little Theater

Purchase your tickets by **Friday, April 11** for $10 and $15 at the door. Your ticket purchase includes authentic home cooked style Hawaiian food, a hula performance, a live performance by one of Hawaii's famous and favorite singer - **Justin Kawika Young** - and a dance in the Campus Center to follow as our way of saying thank you for coming.

To purchase a ticket, please contact any Na Pua O Ka 'Aina executive board member or email Michelle at michmele@msmc.la.edu

Seniors...It's Time!
Graduation Tickets

Tickets will be distributed
Monday, April 14th – Friday, April 18th
In the Chalon Campus Center
8:30 AM-10:00 AM
&
Noon – 3:30 PM

- in addition to your 6 complimentary tickets, you may purchase up to 5 additional tickets at $2.00 each

For More Information contact the Office of Student Affairs at **(310) 954-4130**

Check out the Class of 2003 web page

www.msmc.la.edu/alumnae/2003

Get The Latest Info On:

The Senior Luau

The Sister Dolorosa Award

The Senior Gift

The New Grad Survey

Alumnae Relations has great things in store for you!

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Archives
MSMC

Chalon Student News

Volume 10, Number 19 April 17, 2003

Calendar of Events

Noon Prayer (Mary Chapel)

Wed. Apr. 23 Noon

Easter Mass

Sun . Apr.27 7 PM

Student Activities & Commuter Services

H110, 310 954-4120

CONGRATULATIONS MELANIE!!!

Please join us in congratulating...Melanie Arquero in being selected as the Senior Commencement Speaker.
Thank you to all those to participated in the process!

All seniors are invited to...

Senior Friendship Dinner

Saturday, May 3rd 2003

Remember to RSVP to Student Activities by Friday, April 25, 2003 by 4:30 PM

Students who have an outstanding balance of $3,500 or more for the Spring 03 semester will not be able to

- Register for the Fall 03 semester
- Receive their Spring 03 grade report
- Reserve a place in residence, if applicable
- Receive a diploma or official transcript

Share the Moments...Get Free Stuff!

For **Freshmen** and **Seniors**,
Take this opportunity to **share your experiences at the Mount** and get your name put in for a drawing of a **gift certificate of fun Disney DVDs**.
Please remember the deadline to turn-in the YFCY survey is **May 9th**.
If we missed you, call Arianne Walker at 310-954-4226 or send her an email at awalker@msmc.la.edu so we can mail a survey or send a login ID to fill it out online.

Campus Ministry

Congratulations to...

Aelyn Chimal, Cindy Chimal, and Andrea Gonzales.These students will be baptized, confirmed, and will receive First Communion. Already baptized, but receiving Eucharist for the first time are Evelyn Palacios, Liseth Amaya, and Wendy Pocasangre.These students will renew their baptismal vows and be confirmed. Join us on Sunday, April 27, at our 7 pm Mass of Easter to celebrate these new members.

This joyous Easter celebration is a central part of the Catholic tradition but open to people of every faith. It is for everyone who wants to gather around these members of the Mount family to welcome them into the Christian community and to celebrate this life-transforming moment.

Confirmation of 25 Mount students who are already baptized and have shared in the eucharist will take place on Sunday, June 1 at 4:30 PM in Mary Chapel.

CALLING ALL VOLUNTEERS!!! Would you like to be involved in community service? If so, **Feeding the Homeless** needs your help. Please join us every Sunday at 5:30 PM in the Campus Center for preparation of sacked lunches. After mass, at 8:15 PM we will meet outside of Mary Chapel and leave for Santa Monica to distribute the food. For more information or to sign up, please call Nercy at ext. 4125. Thank you for your participation.

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Sponsored by Women's Leadership & Theta Alpha Sigma

There's No Excuse and Never an Invitation to Rape

April is Sexual Awareness Month. Wearing jeans during April became a symbol of international protest of harmful attitudes about rape in 1999 in response to an Italian Supreme Court decision to overturn a rape conviction because the victim wore jeans. **To register your participation, to request materials, or for more information, and/or to order your Rape Prevention Action Kit, Call: 800-NO-RAPE-8 or if outside Los Angeles County (213) 955-9090**

Career Planning

H401, 954.4070

Opportunities

Internships:

- United Way of Greater Los Angeles
  Major Gifts Intern, Los Angeles
- The Latino Children's Fund
  Spanish Translator, Los Angeles
- Cimarron Group
  Marketing/Advertising Intern
  Hollywood
- The Richstone Family Center
  After-School Worker
  Harbor City

The Job Market Wants You!!!

May 2003 graduates—Are you planning to work after graduation? Is your résumé up to date? Need help finding a job? Want to polish your interviewing skills? Then you need to visit the Career Center, H401.
For more information, please contact Career Planning at 310-954-4070.

A Moment in Herstory

Nancy Reagan (b.1923) She began her career as a professional actress known as Nancy Davis. She started in the hit Broadway musical, Lute Song. She eventually met and married former president Ronald Reagan. During their presidency, She spent many hours visiting veterans, the elderly, and the emotionally and physically handicapped.
She concentrated on the fight against drug and alcohol abuse among young people. She visited prevention and rehabilitation centers, and in 1985 she held a conference at the White House for First Ladies of 17 countries to focus international attention on this problem. Now living in retirement with her husband in California, she continues to work on her campaign to teach children to **"just say no"** to drugs.

Get the campus informed!
Submit Your Activities and Events to the Chalon Student News!
cnews@msmc.la.edu

ISAE

H207, 954.4144

ISAE BRAVO! BANQUET

ISAE Seniors be sure to RSVP for the BRAVO! Banquet ASAP. The Banquet will be at 5:30 PM on **Tuesday, 4/22**. If you are graduating in May, you should have received an invitation in the mail with the details. If you didn't, please check with the ISAE Office.

EVALUATE YOUR PA AND WIN COOL PRIZES!

Did your PA help you out this year? Tell us about your PA experience & ***BE ENTERED IN A RAFFLE to win prizes like dinner and a movie!***

You will be receiving your 2002-2003 PA Evaluation Form via e-mail. Please print it out and either drop it in the inter-campus mail (Box 88), or drop by the office. Copies of the evaluations will also be available in the ISAE office.

WHO HAS MADE A DIFFERENCE IN YOUR LIFE?

Thank you for nominating YOUR ISAE FACULTY OF THE YEAR! Awards will be presented at the ISAE Bravo! Banquet on 4/22.

YOU GO GRADUATES!!! GOT 30 minutes?

We know how incredibly busy you are right now, but please remember to make an appointment with your ISAE Counselor (if you have not done so), for your Exit Interview as soon as possible. Thanks!

Riddle of the Week

George, Helen, and Steve are drinking coffee. Bert, Karen, and Dave are drinking soda. Using logic, is Elizabeth drinking coffee or soda?

Answer to last week's riddle:

The farmer's load was heavier. His hired help only carried two sacks, while the farmer carries one sack, but his sack is a sack of grain. The hired help only carried 2 sacks - both empty.

The Office of Experiential Learning is currently recruiting for the Student Ambassador Program...

- **What is a Student Ambassador?**

Student Ambassadors work with high school students, answering questions about preparation for college, college life, financial aid, and providing assistance to high school counselors. Each Ambassador is assigned to a site and works an average of 6 to 8 hours per week.

- **Who Should Apply?**

*Traditional (full-time) undergraduate students who are at least second semester freshmen and have at least a 2.5 cumulative GPA.

*Individuals who have a desire to work with and motivate high school students as they prepare for college.

*You should have good organizational and communication skills and enjoy working with people!

*Also, be available to work 6-8 hours per week consistently and be able to provide your own transportation.

- **How To Apply?**

*Stop by the Ambassador Office located in Building #7 on the Doheny Campus or the Ambassador Office located on the Brady Patio (Basement) at Chalon and pick up an application packet.

* Review the Ambassador Guidelines Information to make sure the program is right for you and that you qualify for the program (minimum 2.5 cumulative GPA required).

* Complete the application forms and return them, along with your recommendation form, to one of the Ambassador Offices mentioned above.

If you have any questions, please contact **Melissa Romero**, Program Coordinator for Experiential Learning at (310) 954-4080 or (213) 477-2572.

Applications are available TODAY!

Application DEADLINE: April 22, 2003

Archives
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Supporting Our Troops & Their Families

All of us are aware of the war that is being fought overseas, but many of us do not know the effect that it is having on the families at home. The average monthly salary for a PFC (Private First Class) to Corporal in the United States Marines, before taxes, is approximately $1,065. This does not include housing and food allowances. The wives of those serving overseas cannot afford the basic necessities to take care of themselves and their family.

The Associated Student Body, Doheny, is asking the Mount Community to help the families of the soldiers that are fighting for our freedom. These families need diapers and baby formula. Any monetary donations will be used towards the purchase of other items. All donations will be given to the families based at Camp Pendleton and surrounding military bases.

Please send all donations to Student Activities located in Building 7- Doheny

Check out the Class of 2003 web page

www.msmc.la.edu/alumnae/2003

Get The Latest Info On:

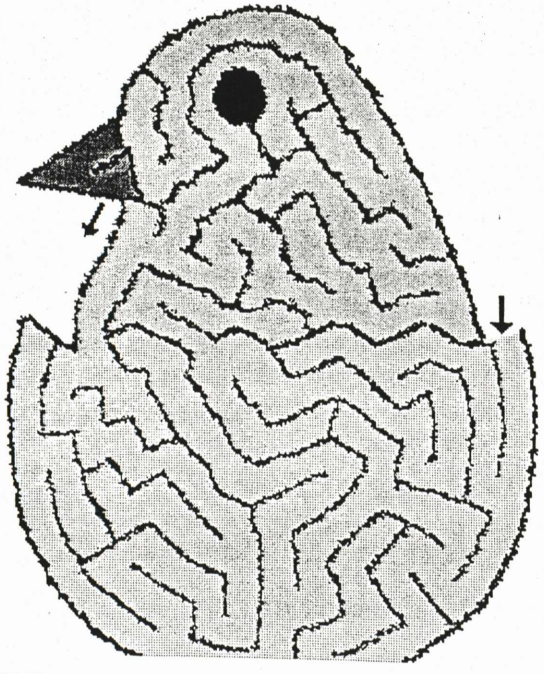
The Senior Luau

The Sister Dolorosa Award

The Senior Gift

The New Grad Survey

Maze Craze



Alumnae Relations has great things in store for you!

Quote of the Week

I studied the lives of great men and famous women, and I found that the men and women who got to the top were those who did the jobs they had in hand, with everything they had of energy and enthusiasm.

--Henry Truman

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Comments / submissions should be sent to Box 52 or cnews@msmc.la.edu

Archives
MSMC

Chalon Student News

Volume 11, Number 20 **April 25, 2003**

Calendar of Events

Mary's Day	Little Theater
Sat. Apr. 26	2 PM
De-stress Day	Campus Circle
Mon. Apr. 28	11:30 AM
Senior Luau	Campus Center
Fri. May 9	12 Pm

The 2003 Graduation Speakers

Mount St. Mary's is pleased to announce this year's graduation class speakers: **The Congressional Sánchez Sisters.** These well-respected sisters made history when they became the first related women to serve together in Congress.

Linda Sánchez was sworn in as a representative of the 39th Congressional District this January. She received her bachelor's degree from UC Berkeley and her law degree from UCLA and spent years in grassroots activism as an employment lawyer upholding workers' rights.

Loretta Sánchez represents the 47th Congressional District.. She received her bachelor's degree from Chapman University and then entered American University in Washington, D.C., to obtain her master's in business administration with an emphasis on finance, which she received in 1984. Sánchez has focused on issues such as education, crime reduction, economic development, and protections for senior citizens. Sánchez is the highest ranking woman on the House Armed Services Committee, and this year was selected to serve as the third-ranking Democrat of the Select Committee for Homeland Security.

The sisters' commitment to public service embodies the Catholic college's mission to instill in students a sense of responsibility for others. As daughters of Mexican immigrants, the Sánchez sisters understand the Latina heritage claimed by 46 percent of the college's baccalaureate students.

Share the Moments...Get Free Stuff!

For **Freshmen** and **Seniors**,
Take this opportunity to **share your experiences at the Mount** and get your name put in for a drawing of a **gift certificate of fun Disney DVDs**.
Please remember the deadline to turn-in the YFCY survey is **May 9th**.
If we missed you, call Arianne Walker at 310-954-4226 or send her an email at awalker@msmc.la.edu so we can mail a survey or send a login ID to fill it out online.

Fitness Center & Campus Ministry

Congratulations,

Lindsay Connors
Meagan Berkerle
Michelle Woody

For completing the Lenten Lifestyle of Fitness Incentive Program.

Great Job!

Mary's Day 2003

Mary's Day has been a yearly tradition at Mount St. Mary's College for over 50 years. We celebrate Mary as a courageous woman who brought new life to the world by her openness to the Spirit and her willingness to walk a new and risky path. On this day, we honor the students who have developed their gifts so as to share them in service with the world in which we live.

Students, Family, Staff, and Faculty are cordially invited to attend this celebration

Saturday, April 26, 2003
2:00-4:00 PM
Little Theater
Chalon Campus
Reception to follow

WCM

Women for Community Medicine

is inviting its members to its

First Annual End of the Year Banquet

Wednesday, April 30, 2003
6:00-9:00 PM
Campus Center

Please RSVP by **April 27th** via email to claupine@msmc.la.edu

*Some of our previous speakers will be attending the banquet as well as other medical students. So, if you missed the chance to speak with them last time, join us for a Thai dinner and reacquaint yourself with them!

Career Planning

H401, 954.4070

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A Moment in Herstory...

Jane Austen (1775-1817) She was born in Steventon, England. During her early years, many political, social, and economic changes were occurring in England. Even though her family's social standing did not allow her to do many things, she was able to surround herself with elite people and places, which later influenced her writing career. Her first novel was *The History of England.* Later in her career, she wrote *Northanger Abbey, Persuasion, Pride and Prejudice, Sense and Sensibility, Mansfield Park,* and *Emma.* Like many other authors, Jane Austen's writings still play an important role in our society today. They continue to entertain us even after 200 years.

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cnews@msmc.la.edu

Need Some Time Off? Then Come to De-stress Day

Sponsored by Health Services, Counseling and Psychological Services (CPS), SACS and Fitness

Take a break and get de-stressed. Come to De-Stress Day for fun and relaxation on Monday April 28, 11:30 AM - 2 PM in the Chalon Campus Circle and Lecture Hall.
Activities will include cuddly visitors from a local animal shelter, arts and crafts, games, a pamper table, and massage. Sign-up early for massage time slots in Health Services starting at 8:30 AM the day of the event.

ISAE

Important Information for ISAE Graduates
INTERVIEW!!! Make an appointment with your ISAE Counselor today.

The Learning Center

You have the Opportunity to WIN COOL PRIZES!
1st Prize:
Universal Studios City Walk fun package
(including 2 Cineplex Movie Tickets & a $25 Gift Certificate to Hard Rock Cafe!)
2nd Prize:
$20 Gift Certificate to Bath & Body Works
3rd Prize:
$10 Gift Certificate to Blockbuster

Here's HowTo Enter the Raffle...

All you have to do is print out the attachment and evaluate your 2002-2003 PA(s). You may return the evaluation in campus mail (addressed to ISAE Office/Box 88/Chalon) or turn in the form to the ISAE office at Chalon or Doheny.

You may also pick up an evaluation form to complete in the ISAE Office at either Chalon or Doheny.

Let us know how your PA helped you this year and help us to make a better program for future years!

PLEASE SUBMIT YOUR COMPLETED EVALUATION TO BY WED. **MAY 7th**!

Riddle of the Week

I soar without wings, I see without eyes.
I've traveled the universe to and fro.
I've conquered the world, yet I've never
been a anywhere but home.
Who am I?

Answer to last week's riddle:
Elizabeth is drinking coffee. The letter E appears twice in her name as it does in the names of the others that are drinking coffee.

Congratulations, 2003- 2004 Resident Assistants

Brady 1st - Megan Beckerle

Brady 1st - Maria Sharine Batangan

Brady 2nd - Cassandra Rehak

Brady 2nd - Yesenia Soto

Brady 3rd - Jenny Kane

Carondelet 1st and Casa - Erica Thomas

Carondelet 2nd - Eleanor Rowe

Carondelet 3rd - Kaia Gillins-Green

Carondelet 4th - May Shafik

Carondelet 5th - Joan Kang

Rossiter 2nd & Mag.House - Cheryl Porter

Rossiter 3rd & Apartments – Edith Garcia

Head RA - Celeste Hurd

Head RA - Sofia Juarez

Attention Seniors!!

Alumnae Relations has great things in store for you!

Join us on Friday, May 9 at 12 PM For the Anticipated

Senior Luau

Chalon Campus Center
(please note change of location)

To RSVP call (213) 477-2767 or check out the Class of 2003 web page @ www.msmc.la.edu/alumnae.htm

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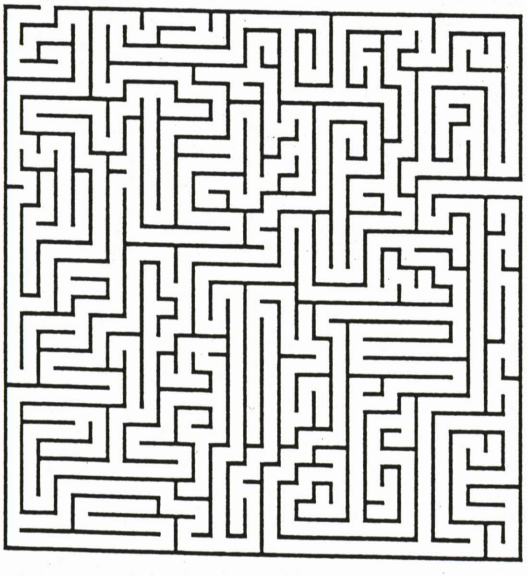
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Quote of the Week

Every man who knows how to read has it in his power to magnify himself, to multiply the ways in which he exists, to make his life full, significant and interesting.

- Aldous Huxley

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